

# Boys Lacrosse Rules Changes - 2025

By NFHS on November 07, 2024

[\*\*lacrosse-boys\*\*](#)

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**1-9-1a** — Clarified chin strap is to be worn on the chin, not under.

**4-3-1** — Returned to previous language to ensure clarity.

**4-16** — Rewritten for clarity.

**4-22-4** — Clarified that on every restart near the substitution area, the ball must be moved into the field of play 5 yards.

**4-24-7** — Clarifies that a whistle shall be blown on the loss of any mandatory equipment in the scrimmage area.

**5-4-5** — Distinguishes intentional versus unintentional checks involving the head or neck.

**5-4-7** — Provided an editorial change to the situation changing fight to flight.

**5-5-h** — Rewritten for clarity and understanding.

**7-8-3** — A slow whistle will be implemented on a personal foul during a pass or shot.

**7-13-3** — Clarifies how a restart will take place in the event of an inadvertent whistle before a faceoff has ended. Conforms to other situations as to why a reface will take place.

## 2025 Boys Lacrosse Points of Emphasis

1. Eyeshade
2. Properly Worn Mandatory Equipment
3. Scrimmage Area
4. New Field Diagram
5. Unintentional vs. Intentional Checks Involving the Head/Neck