

NFHS SOCCER UNIFORM REQUIREMENTS

Front View



A GAME JERSEY

1. Home Team:
 - Dark color contrasting white
 - If gray is used, view the gray-color scale for specific information
2. Visiting Team:
 - Solid white
 - No colored trims
3. Jerseys do not need to be tucked into the pants.
4. All team members shall wear the same color and style of uniform.
5. Appropriate-sized manufacturer's logo allowed.
6. Only names, patches, emblems, logos or insignias referencing the school are allowed on the jersey.
7. GOALKEEPER'S jersey must be distinctly different in color from that of team members and the opposing team.

B FRONT GAME JERSEY NUMBER

1. All jerseys, including the goalkeeper, shall be numbered. Numbers shall not be duplicated.
2. There shall be a 4-inch number on the front (jersey or shorts).
3. The color of the number shall contrast with the color of the jersey or pants and be clearly visible.

Back View



C BACK GAME JERSEY NUMBER

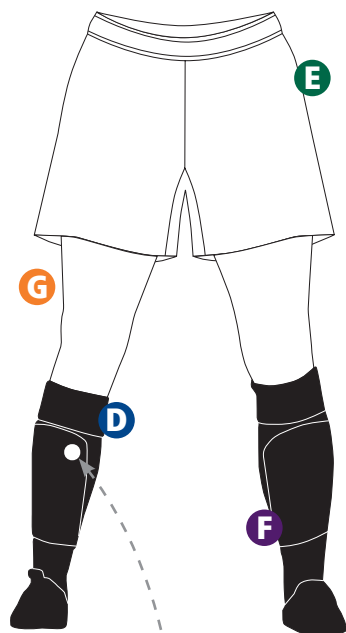
1. All jerseys, including the goalkeeper, shall be numbered. Numbers shall not be duplicated.
2. There shall be a 6-inch number on the back.
3. The color of the number shall contrast with the color of the jersey or pants and be clearly visible.

National Federation of State
High School Associations



NFHS SOCCER UNIFORM REQUIREMENTS

OTHER ITEMS



Manufacturer Certifies

**MEETS
NOCSAE**



STANDARD®

National Federation of State
High School Associations



D SOCKS

1. Home Team:
 - Dark color contrasting white
 - Single dominant color
 - Does not need to match the jersey color
 - Both socks shall be the same color
2. Visiting Team:
 - Solid white
3. If tape or stays are used externally, it should be the same color as the socks.
4. Manufacturer's logo on both sides of the socks is legal.

E SHORTS

1. May be of a color unlike that of the jersey.
2. May have an appropriately sized manufacturer's logo applied.
3. Only names, patches, emblems, logos or insignias referencing the school are allowed on the shorts.

F SHINGUARDS

1. Professionally manufactured.
2. Age- and size-appropriate.
3. Worn under socks.
4. Worn with bottom edge no higher than 2 inches above the ankle.
5. Must meet NOCSAE Standards at time of manufacture.
6. NOCSAE seal and height range permanently marked on front of shinguard.
7. May not be altered.

G UNDERGARMENTS: TIGHTS/LEG/KNEE & ARM SLEEVES

1. If worn, similar length for an individual.
2. Solid color, all alike for the team, if worn.

H HEAD COVERINGS

1. Goalkeeper may wear soft-billed baseball-type hat or soft-billed visor.
2. Soft-padded headgear is permitted.
3. Medical or cosmetic required head coverings must be approved by state association.
4. Religious required head coverings must be approved by the state association.

I MISCELLANEOUS

1. Manufacturer's logo may not exceed 2¼ square inches or exceed 2¼ inches in any dimension.
2. American flag may not exceed 2 inches by 3 inches.
3. By state association adoption, commemorative or memorial patches placed on the jersey may not exceed 4 square inches.
4. Armbands shall be worn on the upper arm by the team captain.
5. Substitutes should wear distinguishing pinnies when warming up outside the team area.