

**MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS**Falcon Heights, MN  
Les Bolstad Golf Course

Saturday, November 4, 2023

**MEET OFFICIALS**Timing:  
Wayzata Results, LLC**OFFICIAL MEET REPORT**  
printed: 11/4/2023 12:23 PM**Race #3**  
**Boys Class A 5000M****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Avg.
1 Heritage Christian	106	3-9-14-20-60(80)(83)	16:53
2 Cotter	114	4-10-28-31-41(93)(112)	16:57
3 Bertha-Hewitt	121	6-15-30-33-37(38)(77)	17:04
4 Greenway/Nashwauk	146	18-21-22-42-43(61)(95)	17:17
5 Redwood Valley	168	1-5-35-55-72(75)(91)	17:04
6 Windom Area	175	16-17-36-44-62(108)(109)	17:24
7 St. John's Prep	197	2-13-29-65-88(89)(102)	17:21
8 LA/RP/H	215	23-27-45-53-67(68)(71)	17:36
9 Mt. Lake Area - Comf	235	8-25-54-69-79(86)(104)	17:38
10 Park Rapids Area	237	34-40-49-50-64(78)(96)	17:44
11 Hawley XC	251	26-32-47-70-76(90)(100)	17:45
12 South Ridge	262	12-48-56-59-87(105)(106)	17:50
13 St. James Area	266	7-46-51-63-99(110)(111)	17:47
14 St. Cloud Cathedral	295	19-52-58-82-84(85)(97)	17:59
15 Staples-Motley	302	11-24-81-92-94(98)(107)	17:58
16 Nova Classical Acade	309	39-57-66-73-74(101)(103)	18:03

**TEAM SCORING SUMMARY (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap
29 Ryan Fick	SR	395	Luverne	-	16:52.4	1:12.4
30 Brady Rach	SO	528	Bertha-Hewitt	15	16:54.6	1:14.6
31 Aaden Nauman	SR	473	Windom Area	16	16:55.1	1:15.1
32 Thomas Green	SR	470	Windom Area	17	16:55.2	1:15.2
33 Nathan Tax	SO	412	Pierz	-	16:56.0	1:16.0
34 Brayden Nielsen	SO	545	Greenway/Nas	18	16:57.2	1:17.2
35 Maeson Tank	SR	413	Minnewaska Ar	-	16:57.8	1:17.8
36 Evan Baumgardner	JR	396	Murray County	-	16:58.2	1:18.2
37 Griffen Ward	SR	520	St. Cloud Cathe	19	16:58.5	1:18.5
38 Cadyn Vanderwal	SO	416	Ortonville	-	16:59.2	1:19.2
39 Tim Cooper	SR	387	Lake City	-	16:59.7	1:19.7
40 Carter Kjesbo	SO	414	West Central Ar	-	17:00.9	1:20.9
41 Thomas Avra	SR	485	Heritage Christi	20	17:01.6	1:21.6
42 Josiah DeMaris	JR	390	M/T/GHEC/ML	-	17:01.8	1:21.8
43 Sam Vetter	JR	392	Loyola-Clevela	-	17:03.2	1:23.2
44 Levi Danielson	SR	540	Greenway/Nas	21	17:04.1	1:24.1
45 Bryce Nielsen	SO	546	Greenway/Nas	22	17:04.2	1:24.2
46 Ryan Prinsen	SR	435	LA/RP/H	23	17:04.5	1:24.5
47 Van Munstenteiger	SO	428	Roseau	-	17:05.1	1:25.1
48 Logan Robben	JR	536	Staples-Motley	24	17:05.8	1:25.8
49 Zach Klassen	JR	450	Mt. Lake Area -	25	17:06.1	1:26.1
50 Peter Newark	SO	417	Ottertail Central	-	17:06.1	1:26.1
51 Bridger Larson	JR	562	Hawley XC	26	17:09.5	1:29.5
52 Brennan Kunst	FR	433	LA/RP/H	27	17:10.8	1:30.8
53 Charlie Larson	JR	425	Pelican Rapids	-	17:11.1	1:31.1
54 Gavin Carl	JR	398	Lac qui Parle V	-	17:12.0	1:32.0
55 Ryan Littlefield	FR	446	Cotter	28	17:12.4	1:32.4
56 Benjamin Suo	JR	510	St. John's Prep	29	17:12.8	1:32.8
57 Joseph Guthrie	SR	410	Holdingsford	-	17:14.7	1:34.7
58 Preston Miller	SR	527	Bertha-Hewitt	30	17:15.9	1:35.9
59 Spencer Hipp	SR	422	Esko	-	17:16.3	1:36.3
60 Caid Chittum	JR	421	Ely	-	17:16.5	1:36.5
61 Kellen Groth	SO	444	Cotter	31	17:17.1	1:37.1
62 Landon Bakke	SR	558	Hawley XC	32	17:17.2	1:37.2
63 Rylen Niska	SR	423	Mountain Iron-B	-	17:17.3	1:37.3
64 Zach Baumgartner	SR	522	Bertha-Hewitt	33	17:17.5	1:37.5
65 Charlie Deick	FR	386	Rochester Lour	-	17:17.6	1:37.6
66 Ben Murr	SR	406	Mounds Park A	-	17:20.1	1:40.1
67 Thomas Lopez	JR	573	Park Rapids Ar	34	17:20.7	1:40.7
68 Ivan Daood	FR	385	St. Charles	-	17:20.7	1:40.7
69 Landyn Nordby	JR	481	Redwood Valle	35	17:22.7	1:42.7
70 Charlie Smith	SR	475	Windom Area	36	17:27.1	1:47.1
71 Kobe Hinzmann	SR	525	Bertha-Hewitt	37	17:27.2	1:47.2
72 Henry Lockwood	SO	526	Bertha-Hewitt	(38)	17:27.3	1:47.3
73 Thomas O'Keefe	JR	500	Nova Classical	39	17:28.0	1:48.0
74 Wyatt Betsinger	FR	411	Pierz	-	17:28.4	1:48.4

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap
1 Eddie Snider	JR	401	Mounds Park A	-	15:40.0	---
2 William Ahrens	JR	476	Redwood Valle	1	15:41.0	1.0
3 Nick Hansen	SR	503	St. John's Prep	2	15:56.6	16.6
4 Mark Swanson	JR	407	Northwest Night	-	15:57.3	17.3
5 Lev Dougherty	SO	487	Heritage Christi	3	15:57.9	17.9
6 Erik Semling	8	448	Cotter	4	15:59.1	19.1
7 Cole Arens	SR	383	Wabasha-Kello	-	15:59.6	19.6
8 Kilen Cilek	JR	479	Redwood Valle	5	16:05.5	25.5
9 Owen Winter	SO	427	Dilworth-Glyndo	-	16:19.2	39.2
10 Zane Guderjahn	SR	524	Bertha-Hewitt	6	16:20.2	40.2
11 Levi Miest	SR	463	St. James Area	7	16:21.2	41.2
12 Jack Riley	SR	419	Carlton-Wrensh	-	16:30.1	50.1
13 Justin Kroeze	SR	402	Avail Academy	-	16:31.3	51.3
14 Kody Wassman	SR	456	Mt. Lake Area -	8	16:31.7	51.7
15 Jacob Pfothenauer	JR	493	Heritage Christi	9	16:34.1	54.1
16 John Fritts	SR	442	Cotter	10	16:39.0	59.0
17 Issiah Tabatt	SR	537	Staples-Motley	11	16:39.5	59.5
18 Liam Caldwell	SO	403	Math & Science	-	16:39.9	59.9
19 Ryan Pierson	SR	389	MCW/B-O*	-	16:41.4	1:01.4
20 Alex Burckhardt	JR	549	South Ridge	12	16:47.3	1:07.3
21 Zach Meyer	SR	508	St. John's Prep	13	16:47.6	1:07.6
22 Aidan Welsh	SR	404	St. Croix Prepar	-	16:48.4	1:08.4
23 Owen Janiszkeski	JR	399	Luverne	-	16:49.2	1:09.2
24 Jack Nelson	SR	491	Heritage Christi	14	16:50.4	1:10.4
25 Soren Kelly	SO	391	Loyola-Clevela	-	16:50.6	1:10.6
26 Tim Salentiny	SR	400	Heron Lake-Ok	-	16:50.7	1:10.7
27 Logan Roelofs	SR	397	Russell-Tyler-R	-	16:51.7	1:11.7
28 Jacob Drevlow	SO	415	Sauk Centre	-	16:51.8	1:11.8

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Athlete	YR	#	Team	Score	Time	Gap	Athlete	YR	#	Team	Score	Time	Gap
75 Noah Larson	SR	570	Park Rapids Ar	40	17:31.1	1:51.1	121 Patrick O'Keefe	FR	499	Nova Classical	74	18:21.3	2:41.3
76 Nick Lind	SR	408	Maple Lake	-	17:32.2	1:52.2	122 Tyler Robinson	FR	482	Redwood Valle	(75)	18:21.7	2:41.7
77 Logan Granseth	SO	443	Cotter	41	17:36.4	1:56.4	123 Brayden Aldinger	JR	557	Hawley XC	76	18:21.9	2:41.9
78 Riley Koran	SO	543	Greenway/Nas	42	17:37.2	1:57.2	124 Gunnar Barthel	SO	521	Bertha-Hewitt	(77)	18:22.9	2:42.9
79 Hunter Milstead	JR	544	Greenway/Nas	43	17:39.0	1:59.0	125 Parker Larson	FR	571	Park Rapids Ar	(78)	18:23.0	2:43.0
80 Bryce Green	FR	469	Windom Area	44	17:39.1	1:59.1	126 Joseph Torres	FR	455	Mt. Lake Area -	79	18:25.7	2:45.7
81 Carter Julin	SR	429	Dilworth-Glyndo	-	17:39.4	1:59.4	127 Gavin Hansen	SR	489	Heritage Christi	(80)	18:26.1	2:46.1
82 Wyatt Kreidmacher	JR	432	LA/RP/H	45	17:39.7	1:59.7	128 Gage Bjerga	8	530	Staples-Motley	81	18:30.2	2:50.2
83 Jacob Friesen	SR	460	St. James Area	46	17:40.0	2:00.0	129 Carson Rolph	FR	517	St. Cloud Cathe	82	18:32.7	2:52.7
84 Thor Erickson	JR	426	Lake Park-Aud	-	17:41.2	2:01.2	130 Isaiah Boerner	JR	486	Heritage Christi	(83)	18:33.2	2:53.2
85 Coleman Hoff	SO	561	Hawley XC	47	17:41.9	2:01.9	131 Owen Anderson	SR	512	St. Cloud Cathe	84	18:33.4	2:53.4
86 Elliott Wasche	JR	424	Moose Lake/Wil	-	17:42.1	2:02.1	132 Ryan Liebrez	FR	516	St. Cloud Cathe	(85)	18:36.0	2:56.0
87 Dawson Hofer	FR	409	Holdingsford	-	17:42.6	2:02.6	133 Cooper Evers	8	449	Mt. Lake Area -	(86)	18:36.1	2:56.1
88 Conrad Seydel	SO	388	Lake City	-	17:42.8	2:02.8	134 Lincoln Antikainen	SO	548	South Ridge	87	18:38.9	2:58.9
89 Sawyer FierkeLepp	JR	552	South Ridge	48	17:47.3	2:07.3	135 Po-Huan Lu	SR	505	St. John's Prep	88	18:39.4	2:59.4
90 Noah Huot	SR	568	Park Rapids Ar	49	17:47.3	2:07.3	136 Laurenz Haselbock	SO	504	St. John's Prep	(89)	18:40.7	3:00.7
91 Rylan Hanson	SO	430	Riverside Christ	-	17:47.4	2:07.4	137 Aiden Eilertson	SR	560	Hawley XC	(90)	18:42.3	3:02.3
92 Tyler Huot	FR	569	Park Rapids Ar	50	17:48.5	2:08.5	138 Elway Berg	JR	478	Redwood Valle	(91)	18:44.7	3:04.7
93 Andrei Rivera	SO	465	St. James Area	51	17:49.2	2:09.2	139 Elijah Greenwaldt	SO	532	Staples-Motley	92	18:45.2	3:05.2
94 Andrew Uy	SR	519	St. Cloud Cathe	52	17:49.7	2:09.7	140 Jackson Cada	SR	441	Cotter	(93)	18:47.7	3:07.7
95 Grant Nelson	SO	418	Wadena-Deer	-	17:50.4	2:10.4	141 Dillan Robben	JR	535	Staples-Motley	94	18:48.6	3:08.6
96 Matthew Johnson	JR	405	Concordia Acad	-	17:52.4	2:12.4	142 Maxwell Gangl	JR	541	Greenway/Nas	(95)	18:49.7	3:09.7
97 Treyton Heyland	SO	431	LA/RP/H	53	17:52.7	2:12.7	143 Noah Johnson	SO	384	Rochester Lour	-	18:50.0	3:10.0
98 Tyrone Stout	SO	452	Mt. Lake Area -	54	17:53.2	2:13.2	144 Kaden Gartner	SO	567	Park Rapids Ar	(96)	18:52.0	3:12.0
99 Mason Anderson	JR	477	Redwood Valle	55	17:53.4	2:13.4	145 Leo Kramer	SR	515	St. Cloud Cathe	(97)	18:55.2	3:15.2
100 Tyler Morse	JR	554	South Ridge	56	17:54.5	2:14.5	146 Blaine Plattner	JR	534	Staples-Motley	(98)	18:58.4	3:18.4
101 Eli Andre	SO	494	Nova Classical	57	17:56.5	2:16.5	147 Ryan Gonzalez	FR	461	St. James Area	99	18:59.6	3:19.6
102 Connor Hanson	SR	514	St. Cloud Cathe	58	17:57.3	2:17.3	148 Braeden Lessard	SO	563	Hawley XC	(100)	19:06.7	3:26.7
103 Khalil Spears	7	556	South Ridge	59	17:57.8	2:17.8	149 Finley Kimbrell	SR	497	Nova Classical	(101)	19:09.9	3:29.9
104 Blake Ingelin	FR	490	Heritage Christi	60	17:57.9	2:17.9	150 Ryan Mahowald	FR	506	St. John's Prep	(102)	19:22.8	3:42.8
105 Connor Feldt	JR	420	Mesabi East	-	17:59.0	2:19.0	151 Soren Wanless	8	502	Nova Classical	(103)	19:30.5	3:50.5
106 Preston Troumbly	SO	547	Greenway/Nas	(61)	17:59.5	2:19.5	152 Rolando Tema Tema	FR	454	Mt. Lake Area -	(104)	19:37.6	3:57.6
107 Braylen Lyons	FR	472	Windom Area	62	17:59.6	2:19.6	153 Quinn FierkeLepp	SR	551	South Ridge	(105)	19:39.0	3:59.0
108 Kieran Allison	SR	394	Norwood-Youn	-	18:00.3	2:20.3	154 Luke Price	FR	555	South Ridge	(106)	19:48.7	4:08.7
109 Owen Kuehl	JR	462	St. James Area	63	18:01.1	2:21.1	155 Odin Trif	SR	538	Staples-Motley	(107)	19:58.0	4:18.0
110 Jack Mitteness	8	574	Park Rapids Ar	64	18:08.1	2:28.1	156 Hayden Lensing	SR	471	Windom Area	(108)	20:16.4	4:36.4
111 Aaron Ruesink	SR	509	St. John's Prep	65	18:08.6	2:28.6	157 Caelen Ralston	FR	474	Windom Area	(109)	20:17.9	4:37.9
112 Silas Cole	JR	495	Nova Classical	66	18:08.7	2:28.7	158 Austin Spitzner	SR	466	St. James Area	(110)	20:49.1	5:09.1
113 Isaac Rasmussen	SO	436	LA/RP/H	67	18:09.3	2:29.3	159 Alex Aden	FR	458	St. James Area	(111)	21:18.5	5:38.5
114 Tyler Betthausen	SR	439	LA/RP/H	(68)	18:12.0	2:32.0	160 Jonah Hatanpa	8	445	Cotter	(112)	22:45.6	7:05.6
115 Ethan Schroeder	JR	451	Mt. Lake Area -	69	18:12.1	2:32.1							
116 Drake Dagenais	JR	559	Hawley XC	70	18:14.3	2:34.3							
117 Aaron Ploetz	SO	434	LA/RP/H	(71)	18:16.6	2:36.6							
118 Clayton Salmon	FR	484	Redwood Valle	72	18:17.1	2:37.1							
119 Benaiah Mathews	8	498	Nova Classical	73	18:18.2	2:38.2							
120 Mason Anderson	SR	393	LCWM-Nicollet	-	18:21.2	2:41.2							