

Girls
SWIMMING
and **DIVING**
STATE MEET



November 16-18, 2023

Jean K. Freeman Aquatic Center
University of Minnesota



WELCOME

to the **CELEBRATION** of **CHAMPIONS**



Welcome to the 2023-2024 Minnesota State High School League State Tournament!

It is an honor to extend my warmest greetings to all participants and attendees. This tournament is a celebration of remarkable talent, dedication, and sportsmanship. As our students step into competition, remember that all of us represent our schools and embody the spirit of unity and friendly competition that makes this event so special.

Throughout the tournament, let the values of respect, perseverance, and fair play guide your actions. Cherish the friendships formed as participant or spectator, learn from the challenges faced, and relish every moment of this exhilarating experience.

On behalf of the Minnesota State High School League and our entire community, I wish you the best of luck. May this tournament be filled with unforgettable memories and exceptional achievements. Compete with passion, compete with integrity, and make us all proud.

Once again, welcome to the Minnesota State High School League State Tournament. Let the contests begin and may the spirit of sportsmanship and camaraderie shine brightly throughout this event. I wish all participants the very best, and may your journey be marked with determination, resilience, and the joy of competition.

James A. Smokrovich

Jim Smokrovich, President
MSHSL Board of Directors

MISSION STATEMENT

The Minnesota State High School League is a non-profit, voluntary association of public and private schools with a history of service to Minnesota youth since 1916. Its mission is to provide educational opportunities through interscholastic athletic and fine arts programs for students and leadership and support for member schools.

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50 STATE TOURNAMENTS



Girls Swimming and Diving

State Meet Schedule

Thursday, November 16

Class A

9:30-11:50 a.m.Swimming and Diving Warm-ups
NoonDiving Preliminaries

Class AA

3:30-5:50 p.m.Swimming and Diving Warm-ups
6:00 p.m.Diving Preliminaries

Friday, November 17

Class A

10:30-11:50 a.m.Swimming and Diving Warm-ups
NoonSwimming Preliminaries

Class AA

4:30-5:50 p.m.Swimming and Diving Warm-ups
6:00 p.m.Swimming Preliminaries

Saturday, November 18

Class A

10:30-11:50 a.m.Swimming and Diving Warm-ups
NoonSwimming Finals

Class AA

4:30-5:50 p.m.Swimming and Diving Warm-ups
6:00 p.m.Swimming Finals



The Minnesota State High School League
and its 500+ member schools

THANK YOU

for making this tournament a
POSITIVE and **SAFE** environment.

Link to the State Girls Swimming and Diving Archives: mshsl.org/archives

Program Design: David Swanson / Carlson Print Group.



Celebrate
STATE

MINNESOTA STATE HIGH SCHOOL LEAGUE

CHAMPIONSHIPS



To view and purchase photos from this meet,
go to <https://mshsl.smugmug.com/>

Girls Swimming and Diving

SWIM MEET OFFICIALS

Gary Albrecht, *Woodbury*
Mike Amidon, *Hudson, WI*
Brenda Bebeau, *Blaine*
Pat Blazick-Peterson, *Remer*
Terry Bumgarner, *Richfield*
Elisabet Casserberg, *Duluth*
Annette Crews, *White Bear Lake*
Robert Crunstedt, *Savage*
John Dailey, *Champlin*
Mary Dillard, *Dalton*
Jeff Ellerd, *St. Paul*
Craig Feil, *Brooklyn Park*
Frank Gaertner, *Mendota Heights*
Michael Hilber, *Lindstrom*
Linda Hoffmann, *Starbuck*
Jason Jech, *Red Wing*
Jeffrey Jezorski, *Stillwater*

Theresa Jurisch, *Dennison*
Bonnie Kee-Bowling, *Minneapolis*
Martin Knight, *Stillwater*
Kelly Lenz, *Maplewood*
Kimberly Lichtenwalter, *Chaska*
Kelly Lindquist, *Eden Prairie*
Kerra Mayor, *Champlin*
William McCann, *Lakeville*
Tracy Meece, *Alexandria*
Jerold B. Meininger, *Grand Rapids*
Charles Nelson, *Lake Elmo*
David (Rusty) Nelson, *Minneapolis*
Laura Nelson, *St. Peter*
Kelly Punyko, *St. Paul*
Chuck Quistad, *Chisago City*
Lee Raihle, *Spring Lake Park*
Aaron Rooney, *Alexandria*

Darcy Samson, *Lake Elmo*
Kevin Schuerman, *Brooklyn Park*
Judy Seliga-Punyko, *Duluth*
Ann Simms, *Inver Grove Heights*
Melany Souther, *Willmar*
James Splinter, *Superior, WI*
Charles Stewart, *Eden Prairie*
Marcus Stromberg, *Buffalo*
John Tegg, *Burnsville*
Tracy Torgerson, *New Prague*
Rachel Treadway, *Cottage Grove*
Deborah Welch, *Forest Lake*
Kellie Welch, *Shafer*
Dirk Westveer, *Monticello*
Maria Zarambo, *White Bear Township*



Class A Events

Event 1 200 YARD MEDLEY RELAY

LANE	TEAM / SCHOOL	SEED TIME
Heat 1		
1	Milaca	1:55.01
2	Cretin-Derham Hall	1:52.13
3	*Mound Westonka/ Holy Family Catholic	1:50.89
4	Visitation	1:49.28
5	Delano	1:50.14
6	Melrose Area	1:51.54
7	*St. Cloud Cathedral/St. John's Prep	1:52.83
Heat 2		
1	Grand Rapids	1:54.58
2	Hutchinson	1:52.03
3	*Mounds Park Academy	1:50.70
4	*Blake	1:49.16
5	Breck School	1:49.52
6	Orono	1:51.45
7	*Winona	1:52.70
8	Park Rapids Area	1:56.32
Heat 3		
1	Alexandria Area	1:53.13
2	Mahtomedi	1:51.99
3	St. Cloud Tech	1:50.38
4	Monticello	1:47.99
5	Mankato West	1:49.49
6	Sauk Centre	1:51.20
7	Northfield	1:52.20
8	Mesabi East	1:56.15

Event 2 200 YARD FREESTYLE

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
1	Alivia Kortuem, 12 Northfield	2:02.46
2	Maggie Cole, 10 St. Cloud Tech	1:59.26
3	Ellie Kilgard, 12 Foley	1:57.72
4	Abigail Wright, 9 Mahtomedi	1:53.16
5	Isabel Espinosa, 12 *Mounds Park Academy	1:56.17
6	McKenna Biegler, 11 Monticello	1:58.97
7	Lola Schottler, 10 Orono	1:59.84
8	Samantha Bartovich, 10 *Rock Ridge	2:03.26
Heat 2		
1	Rayna Holm, 11 Alexandria Area	2:02.17
2	Grace Mork, 8 Becker	1:59.10
3	Emma Rudowsky, 10 Benilde-St. Margaret's	1:57.30
4	Graycin Andreen, 10 Orono	1:52.93
5	Tessa Lindstrom, 12 Visitation	1:56.13
6	Abby Gierke, 11 Delano	1:58.84
7	Amelia Wachs, 9 Breck School	1:59.44
8	Ava Niksich, 12 *Proctor/Hermantown	2:02.97
Heat 3		
1	Claire Westling, 12 *St. Cloud Cathedral/St. John's Prep	1:59.88
2	Madeline Byrne, 11 Visitation	1:59.08
3	Josie Strobl, 11 Delano	1:57.14
4	Katie Miller, 11 Visitation	1:51.78
5	Hannah Denzer, 12 *St. Peter	1:53.37
6	Annemarie Johnson, 11 *Mound Westonka/ Holy Family Catholic	1:58.61
7	Karin Lund, 11 *Blake	1:59.40
8	Estee VerSteeg, 10 Fergus Falls	2:02.86

Event 3 200 YARD INDIVIDUAL MEDLEY

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
1	Eleanor Enslin, 8 Stella Maris Academy	2:17.97
2	Grace Nilsson, 12 Visitation	2:15.20
3	Jisella Haskamp, 12 Alexandria Area	2:13.02
4	Merry Miller, 9 Visitation	2:09.97
5	Hallie Drossel, 12 Melrose Area	2:11.48
6	Mallory Knutson, 11 Orono	2:13.86
7	Reilly Anderson, 11 Orono	2:15.46
Heat 2		
1	Norah Gunderson, 11 *Proctor/Hermantown	2:17.80
2	Mercy March, 10 *Blake	2:15.10
3	Aliina Gustin, 9 St. Cloud Tech	2:12.85
4	Catherine Dueck, 12 *Mound Westonka/ Holy Family Catholic	2:08.17
5	Olivia Leonard, 12 Mankato West	2:10.40
6	Grace Urke, 11 Alexandria Area	2:13.69
7	Izabelle Schwartz, 11 Hutchinson	2:15.35
Heat 3		
1	Scarlet Urick, 9 Monticello	2:16.09
2	Camdyn Branson, 10 Monticello	2:14.93
3	Kathryn Bonneville, 12 Visitation	2:12.47
4	Ava Allingham, 11 Breck School	2:07.75
5	Abby Williams, 10 *Winona	2:10.11
6	Ariana Outhwaite, 9 Rocori	2:13.07
7	Emmerson Buckley, 12 Mahtomedi	2:15.28

*Denotes cooperatively sponsored program.

CLASS A
GIRLS
SWIMMING
AND
DIVING

Class A Events

Event 4 50 YARD FREESTYLE

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
2	Emily Ericson, 11 Grand Rapids	25.16
3	Kyrrah Mullaney, 12 Red Wing	25.03
4	Isabel Macheel, 12 Cretin-Derham Hall	24.97
5	Chloe Boll, 10 *Fosston/Bagley/Crookston	25.01
6	Chelsea Willenbring, 8 Rocori	25.04
7	Jillian Bilben, 12 International Falls	25.45
Heat 2		
1	Kennedy Menz, 9 Delano	24.93
2	Katelyn Siers, 12 St. Cloud Tech	24.79
3	Ella Vagle, 10 Monticello	24.53
4	Piper Crosby, 12 Breck School	23.96
5	Maggie Farley, 11 Visitation	24.28
6	Maiya Garcia, 11 *St. Anthony	24.65
7	Hannah Wadholm, 12 Delano	24.87
8	Elle Davis, 11 Orono	24.97
Heat 3		
1	Delaney Dumermuth, 9 Mahtomedi	24.88
2	Kaia Georges, 10 Delano	24.78
3	Avery Schuh, 12 *Mankato East	24.49
4	Ellie Undem, 12 Chisago Lakes	23.92
5	Izzy Westling, 10 *St. Cloud Cathedral/St. John's Prep	24.22
6	Ella Schmiesing, 10 *Tri-City United/LeSueur-Henderson	24.58
7	Avery Schueller, 9 Park Rapids Area	24.84
8	Tessa Lentsch, 12 Cretin-Derham Hall	24.96
Heat 4		
1	Taylor Ziemke, 10 *Perham/New York Mills/Henning	24.88
2	Sara Lindner, 11 Cretin-Derham Hall	24.67
3	Megan Willenbring, 11 Rocori	24.43
4	Adalynn Biegler, 9 Monticello	23.04
5	Aleia Lueck, 10 St. Paul Como Park	24.16
6	Aubrey Schueller, 12 Willmar	24.55
7	Lucy Vogt, 12 Mankato West	24.81
8	Pyper Vogt, 11 Sauk Centre	24.95

Event 5 1 METER DIVING

ORDER	NAME / GRADE / SCHOOL
1	Theresia Nathe, 12 Melrose Area
2	Rilee Durovec, 11 *Cloquet/Esko/Carlton
3	Liv Christner, 12 Duluth Denfeld
4	Josie Eveslage, 9 Melrose Area
5	Emma Donnelly, 11 Cretin-Derham Hall
6	Alixandra Fox, 12 Mahtomedi
7	Hope Hamm, 11 *Detroit Lakes
8	Torri Ramert, 11 Big Lake
9	Chloe Schwietering, 9 Monticello
10	Laura Klatt, 12 *St. Peter
11	Elizabeth O'Malley, 10 Montevideo
12	Kiera Florek, 10 St. Cloud Tech
13	Alayna Kennedy, 11 *Austin
14	Claire Roufs, 10 Duluth Denfeld
15	Lindsey Phelan, 12 Hill-Murray
16	Reese Norton, 11 *Austin
17	Karli Kirk, 10 Becker
18	Lucy Thomson, 12 Breck School
19	Mylie Pinoniemi, 10 Delano
20	Josie Bossen, 11 *St. Anthony
21	Amelia Nelson, 11 Delano
22	Erica Johnson, 10 *Mound Westonka/Holy Family Catholic
23	Anna Kapsner, 10 Mankato West
24	Evie Renskers, 9 *Hibbing
25	Brittney Lorentz, 12 *Perham/New York Mills/Henning
26	Lucy Kindler, 12 Hill-Murray
27	Meghan Moy, 12 Breck School
28	Avery McAllister, 12 *Perham/New York Mills/Henning
29	Lauren Woelfel, 12 Becker
30	Bailey Monette, 9 Benilde-St. Margaret's
31	Erica Johnson, 12 Alexandria Area
32	Kendall Dvorak, 11 St. Cloud Tech

Event 6 100 YARD BUTTERFLY

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
2	Evelyn Allen, 10 Breck School	1:01.24
3	Aubrey Schueller, 12 Willmar	58.77
4	Maggie Farley, 11 Visitation	57.23
5	Iris Huerta, 12 Visitation	58.30
6	Raini Gibson, 10 *Hibbing	1:00.73
Heat 2		
2	McKenna Stachowski, 11 Monticello	1:01.11
3	Ella Lee, 11 Mankato West	58.61
4	Graycin Andreen, 10 Orono	56.79
5	Josie Strobl, 11 Delano	58.15
6	Scarlet Urick, 9 Monticello	1:00.70
7	Norah Gunderson, 11 *Proctor/Hermantown	1:02.88
Heat 3		
2	Grace Hamm, 7 *Detroit Lakes	1:00.90
3	Kierstyn Nelson, 12 St. Cloud Tech	58.45
4	Carly Bixby, 12 *Blake	55.65
5	Nora Kortuem, 11 Northfield	58.01
6	Stella Schirmers, 12 Sauk Centre	1:00.03
7	Haidyn Friborg, 11 *Fosston/Bagley/Crookston	1:01.58

*Denotes cooperatively sponsored program.

Class A Events

Event 7 100 YARD FREESTYLE

LANE NAME / GRADE / SCHOOL SEED TIME

Heat 1

1	Aubree Skelton, 11 Mesabi East	55.84
2	Molly Seidel, 12 *Blake	54.55
3	Emma Hoppman, 12 Red Wing	54.03
4	Abigail Wright, 9 Mahtomedi	51.52
5	Ella Schmiesing, 10 *Tri-City United/LeSueur-Henderson	53.71
6	Kaia Georges, 10 Delano	54.24
7	Emma Ristau, 8 Delano	54.68

Heat 2

1	Siri Gudmundson, 11 Benilde-St. Margaret's	55.26
2	Megan Willenbring, 11 Rocori	54.46
3	Isabel Macheel, 12 Cretin-Derham Hall	54.00
4	Madilyn Gehrke, 12 Hutchinson	51.50
5	Ellie Undem, 12 Chisago Lakes	53.45
6	Avery Schuh, 12 *Mankato East	54.23
7	Hannah Wadholm, 12 Delano	54.65

Heat 3

1	Chloe Boll, 10 *Fosston/Bagley/Crookston	55.09
2	Elle Davis, 11 Orono	54.43
3	Madeline Byrne, 11 Visitation	53.79
4	Adalynn Biegler, 9 Monticello	50.59
5	Izzy Westling, 10 *St. Cloud Cathedral/St. John's Prep	52.58
6	Avery Schueller, 9 Park Rapids Area	54.16
7	Sara Lindner, 11 Cretin-Derham Hall	54.60
8	Emily Ericson, 11 Grand Rapids	56.04

Event 8 500 YARD FREESTYLE

LANE NAME / GRADE / SCHOOL SEED TIME

Heat 1

1	Lizzie Seifert, 12 Park Rapids Area	5:35.11
2	Karin Lund, 11 *Blake	5:23.83
3	Amelia Wachs, 9 Breck School	5:18.14
4	Emma Rudowsky, 10 Benilde-St. Margaret's	5:07.85
5	Lola Schottler, 10 Orono	5:16.35
6	Mallory Knutson, 11 Orono	5:20.80
7	Alivia Kortuem, 12 Northfield	5:31.37

Heat 2

1	Estee VerSteeg, 10 Fergus Falls	5:34.37
2	McKenna Biegler, 11 Monticello	5:22.74
3	Harriet White, 11 Benilde-St. Margaret's	5:17.55
4	Tessa Lindstrom, 12 Visitation	5:04.07
5	Isabel Espinosa, 12 *Mounds Park Academy	5:14.88
6	Grace Mork, 8 Becker	5:19.85
7	Maggie Cole, 10 St. Cloud Tech	5:24.90

Heat 3

1	Ava Niksich, 12 *Proctor/Hermantown	5:34.26
2	Annemarie Johnson, 11 *Mound Westonka/ Holy Family Catholic	5:20.83
3	Ellie Kilgard, 12 Foley	5:16.55
4	Katie Miller, 11 Visitation	5:01.49
5	Hannah Denzer, 12 *St. Peter	5:10.56
6	Claire Westling, 12 *St. Cloud Cathedral/St. John's Prep	5:19.77
7	Finley Pelz, 7 *Marshall	5:23.88
8	Samantha Bartovich, 10 *Rock Ridge	5:36.02

Event 9 200 YARD FREESTYLE RELAY

LANE TEAM / SCHOOL SEED TIME

Heat 1

1	*Rock Ridge	1:44.56
2	Willmar	1:41.59
3	Park Rapids	1:40.98
4	Orono	1:38.42
5	Mahtomedi	1:40.04
6	Red Wing	1:41.44
7	*Mankato East	1:42.16

Heat 2

1	Grand Rapids	1:43.32
2	Foley	1:41.47
3	St. Cloud Tech	1:40.76
4	Visitation	1:37.75
5	Cretin-Derham Hall	1:39.39
6	Alexandria Area	1:41.33
7	Northfield	1:41.88

Heat 3

1	*Blake	1:42.80
2	*Mound Westonka/ Holy Family Catholic	1:41.46
3	Sauk Centre	1:40.40
4	Monticello	1:37.34
5	Delano	1:38.43
6	Breck School	1:41.21
7	Melrose Area	1:41.66

*Denotes cooperatively sponsored program.

Class A Events

Event 10 100 YARD BACKSTROKE

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
1	McKenna Stachowski, 11 Monticello	1:03.03
2	Alyssa Jackson, 12 Grand Rapids	1:01.79
3	Adeline Lundin, 12 Litchfield	1:01.71
4	Emma Hoppman, 12 Red Wing	1:01.38
5	Madeline Ngo, 12 Simley	1:01.54
6	Josie Thomas, 12 Cretin-Derham Hall	1:01.74
7	Hannah Hoff, 9 Alexandria Area	1:02.67
Heat 2		
1	Makayla Zirbes, 12 Melrose Area	1:00.90
2	Brooke Ruoff, 10 Melrose Area	1:00.55
3	Aleia Lueck, 10 St. Paul Como Park	59.74
4	Stella Schirmers, 12 Sauk Centre	58.32
5	Kathryn Bonneville, 12 Visitation	59.39
6	Reilly Anderson, 11 Orono	1:00.14
7	Maiya Garcia, 11 *St. Anthony	1:00.74
8	Josie MacDonald, 9 *Mounds Park Academy	1:01.35
Heat 3		
1	Maeve Johnston, 11 Cretin-Derham Hall	1:00.85
2	Gracie Greenman, 9 *Austin	1:00.31
3	Anna Cierzan, 9 Visitation	59.61
4	Carly Bixby, 12 *Blake	57.00
5	Bella Imholte, 10 *North Shore	58.92
6	Ella Vagle, 10 Monticello	59.95
7	Chelsea Willenbring, 8 Rocori	1:00.62
8	Josie Hauck, 12 Northfield	1:01.27
Heat 4		
1	Katelyn Siers, 12 St. Cloud Tech	1:00.83
2	Emmerson Buckley, 12 Mahtomedi	1:00.30
3	Norah Seguin, 11 Delano	59.51
4	Piper Crosby, 12 Breck School	55.63
5	Nora Kortuem, 11 Northfield	58.51
6	Molly Magnuson, 12 Cretin-Derham Hall	59.90
7	Grace Urke, 11 Alexandria Area	1:00.56
8	Kaylee Von Ruden, 8 Bloomington Kennedy	1:00.92

Event 11 100 YARD BREASTSTROKE

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
1	Lauren Rauzi, 8 Grand Rapids	1:10.41
2	Isabella Muyres, 9 *Mounds Park Academy	1:08.81
3	Aliina Gustin, 9 St. Cloud Tech	1:07.66
4	Catherine Dueck, 12 *Mound Westonka/Holy Family Catholic	1:05.58
5	Merry Miller, 9 Visitation	1:06.92
6	Avery Doom, 12 St. Cloud Tech	1:08.25
7	Audrey Carlson, 11 Mahtomedi	1:09.22
Heat 2		
1	Camdyn Branson, 10 Monticello	1:09.48
2	Mercy March, 10 *Blake	1:08.48
3	Izabelle Schwartz, 11 Hutchinson	1:07.34
4	Hallie Drossel, 12 Melrose Area	1:04.51
5	Abby Williams, 10 *Winona	1:06.50
6	Brooke Bromenshenkel, 10 Sauk Centre	1:08.15
7	Jisella Haskamp, 12 Alexandria Area	1:08.96
8	Eleanor Enslin, 8 Stella Maris Academy	1:11.93
Heat 3		
1	Kyrrah Mullaney, 12 Red Wing	1:09.25
2	Abby Wadholm, 11 Delano	1:08.40
3	Olivia Leonard, 12 Mankato West	1:06.96
4	Madilyn Gehrke, 12 Hutchinson	1:03.91
5	Ava Allingham, 11 Breck School	1:06.40
6	Rose Urick, 12 Monticello	1:07.67
7	Bella Kern, 11 Delano	1:08.86
8	Lyla Stadtherr, 10 *Morris Area/Minnewaska	1:10.67

Event 12 400 YARD FREESTYLE RELAY

LANE	TEAM / SCHOOL	SEED TIME
Heat 1		
1	*St. Peter	3:45.11
2	Northfield	3:43.07
3	Sauk Centre	3:40.88
4	Delano	3:36.44
5	Cretin-Derham Hall	3:38.87
6	Mankato West	3:42.17
7	Hutchinson	3:44.53
8	*Morris Area/Minnewaska	3:51.10
Heat 2		
1	Foley	3:44.90
2	Monticello	3:42.45
3	Breck School	3:39.50
4	Visitation	3:35.56
5	Mahtomedi	3:38.62
6	*Mound Westonka/ Holy Family Catholic	3:41.89
7	Melrose Area	3:44.06
8	Park Rapids Area	3:46.70
Heat 3		
1	Grand Rapids	3:44.88
2	Rocori	3:42.43
3	*Blake	3:38.89
4	Orono	3:35.19
5	St. Cloud Tech	3:38.24
6	Benilde-St. Margaret's	3:41.52
7	*Mounds Park Academy	3:43.89
8	Mesabi East	3:46.03

*Denotes cooperatively sponsored program.



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Official MSHSL State Tournament Apparel

is available at this tournament or at mshsl.signatureconcepts.shop

MSHSL News



What's happening?

TOURNAMENT NEWS

John's Journal

LEAGUE NEWS

GO TO: mshsl.org/news



Class AA Events

Event 1 200 YARD MEDLEY RELAY

LANE	TEAM / SCHOOL	SEED TIME
Heat 1		
1	Minneapolis Southwest	1:56.55
2	Eden Prairie	1:51.06
3	Wayzata	1:48.71
4	Maple Grove	1:46.93
5	East Ridge	1:47.62
6	Blaine	1:50.53
7	Eastview	1:53.23
Heat 2		
1	St. Paul Central	1:56.34
2	Rochester Century	1:51.04
3	Shakopee	1:48.16
4	Edina	1:44.36
5	Brainerd	1:47.62
6	Rochester Mayo	1:49.82
7	Hastings	1:51.89
Heat 3		
1	Anoka	1:53.35
2	Waconia	1:50.86
3	Lakeville North	1:48.10
4	Minnetonka	1:43.49
5	Stillwater Area	1:47.48
6	St. Michael-Albertville	1:49.59
7	Woodbury	1:51.07

Event 2 200 YARD FREESTYLE

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
1	Ana Lesmeister, 12 *Minneapolis South/Roosevelt	1:58.39
2	Taylor Hintz, 9 Lakeville South	1:56.42
3	Emily Alberts, 10 Wayzata	1:54.53
4	Paige Dillon, 12 Minnetonka	1:51.74
5	Emma Wood, 9 East Ridge	1:52.93
6	Natalie Kuboushek, 11 *Prior Lake	1:55.41
7	Elyse Jahn, 12 Two Rivers	1:57.00
Heat 2		
1	Addie Thompson-Klimpke, 10 St. Michael-Albertville	1:57.98
2	Maya Tellez, 12 Woodbury	1:55.90
3	Ellie Bina, 10 Mounds View	1:53.56
4	Julia Ogren, 10 *Rochester John Marshall	1:51.56
5	Lydia Cameron, 10 Minnetonka	1:52.45
6	Audrey Peterson, 10 Edina	1:55.22
7	Isla George, 10 Rosemount	1:56.85
8	LeeAnna Seward, 11 *Andover	2:01.36
Heat 3		
1	Alayna Janke, 12 Moorhead	1:57.13
2	Anja Nymo, 10 Edina	1:55.61
3	Lexi Tippie, 9 Shakopee	1:53.31
4	Ivy Solt, 11 *Prior Lake	1:50.55
5	Macy Malinski, 9 Edina	1:52.39
6	Lucy Troyak, 11 Wayzata	1:54.53
7	Nora Sloth, 11 Anoka	1:56.78
8	Ida Kozlowicz, 12 Hopkins	2:00.16

Event 3 200 YARD INDIVIDUAL MEDLEY

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
3	Payten Schieffer, 12 New Prague	2:12.24
4	Erin Prekker, 10 Minneapolis Southwest	2:11.91
5	Nevaeh Miller, 11 Blaine	2:12.13
Heat 2		
1	Aralyn Vogel, 12 Minnetonka	2:10.99
2	Olivia Wimberger, 11 Shakopee	2:09.57
3	Linnea Kallebo, 12 Wayzata	2:07.89
4	Maddie Reed, 12 Stillwater Area	2:05.21
5	Eleanor Hughes, 12 Edina	2:06.19
6	Sarah Hurley, 10 Minnetonka	2:08.55
7	Lucia Freed, 10 Robbinsdale Armstrong	2:10.77
Heat 3		
1	Claire Christianson, 7 Stillwater Area	2:10.85
2	Frances Muir, 10 Edina	2:09.14
3	Sophia Blixt, 10 Rochester Century	2:07.51
4	Torun McGillis, 12 Woodbury	2:04.34
5	Logan Havermann, 9 East Ridge	2:06.01
6	Olivia Dolan, 12 Rosemount	2:08.46
7	Ally Diehl, 11 Anoka	2:10.31
Heat 4		
1	Stella Bushard, 11 Eastview	2:10.82
2	Kira Aarness, 11 Hastings	2:08.71
3	Libby Bakker, 11 Maple Grove	2:06.38
4	Lily Van Heel, 11 St. Michael-Albertville	2:04.10
5	Siggy Nymo, 8 Edina	2:05.80
6	Holly Lenarz, 12 Sartell	2:08.13
7	Brooke Olson, 9 Minnetonka	2:09.93
8	Taylor Thompson, 10 Edina	2:11.08

*Denotes cooperatively sponsored program.

CLASS AA
GIRLS
SWIMMING
AND
DIVING

Class AA Events

Event 4 50 YARD FREESTYLE

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
2	Amelia Labno, 12 Rosemount	24.17
3	Payton Hultgren, 10 Lakeville North	23.90
4	Kalli Stark, 12 Blaine	23.73
5	Norah Naatjes, 12 Stillwater Area	23.84
6	Jennifer Pierson, 12 Chanhassen	24.04
7	Ella Cooley, 9 Robbinsdale Armstrong	24.59
Heat 2		
1	Maya Fadlalla, 9 Robbinsdale Armstrong	25.62
2	Alex Peterson, 11 *Prior Lake	24.08
3	Lucy Paczosa, 9 Stillwater Area	23.88
4	Kendall Schindler, 11 Minnetonka	23.63
5	Ana Clemon, 10 Lakeville South	23.83
6	Kaya Flaherty, 11 Maple Grove	24.01
7	Geneva Fackler, 12 Wayzata	24.56
Heat 3		
1	Ali Oswell, 10 *Andover	25.05
2	Claire Wilkey, 8 Minnetonka	24.07
3	Madeline Francois, 12 Sartell	23.87
4	Libbi McCarthy, 10 Edina	23.54
5	Greta Marcott, 10 Apple Valley	23.80
6	Mallory Paine, 12 East Ridge	23.93
7	Mya Tautges, 11 Brainerd	24.45

Event 5 1 METER DIVING

ORDER	NAME / GRADE / SCHOOL
1	Kiley Thrush, 11 East Ridge
2	Mya Dutton, 11 Owatonna
3	Cassie Kaplan, 11 Hopkins
4	Zara Karimi, 11 Edina
5	Ellis Landry, 10 Maple Grove
6	Kelly Estebo, 11 Rosemount
7	Jovie Ebertowski, 10 Cambridge-Isanti
8	Daphne Fox, 12 Lakeville South
9	Shannon Penney, 11 *Rochester John Marshall
10	Annabelle Speers, 12 Hopkins
11	Sophia Markfelder, 12 Sauk Rapids-Rice
12	Madeline Kohel, 10 Minneapolis Washburn
13	Emmi Kaiser, 12 Edina
14	Madilyn Tucker, 10 *Elk River Area
15	Gabby Mauder, 12 Woodbury
16	Anna Cundiff, 12 *Prior Lake
17	Ashley Mouyenga, 9 Wayzata
18	Nina Faulkner, 8 Woodbury
19	Grace Marek, 12 Two Rivers
20	Nellie Dalsin, 12 New Prague
21	Addi Walters, 10 Hopkins
22	Julia Robinson, 11 St. Michael-Albertville
23	Kathryn Woelfel, 11 Centennial
24	Savannah Carr, 12 Two Rivers
25	Halle Linn, 11 Woodbury
26	Delaney Nickles, 12 Forest Lake
27	Abby Freshwater, 11 Wayzata
28	Kennedy Clements, 11 St. Michael-Albertville
29	Chloe Aarness, 9 Hastings
30	Lulu Semakula, 11 Irondale
31	Kirsten Bailey, 11 Anoka
32	Ginaya Love, 12 Minnetonka

Event 6 100 YARD BUTTERFLY

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
3	Joy van Laarhoven, 11 Robbinsdale Armstrong	1:02.44
4	Sofia Kovalenko, 9 Hastings	1:00.27
5	Harper Buschmann, 11 Hopkins	1:00.42
Heat 2		
1	Erika Turkington, 12 Mounds View	1:00.15
2	Rachel Broadhead, 11 Chanhassen	57.87
3	Sophie Norsted, 10 Champlin Park	57.57
4	Bobbi Simmons, 8 Edina	56.51
5	Madeline Gau, 10 Rochester Mayo	57.07
6	Abigail Voelker, 12 Waconia	57.73
7	McKenna Hultgren, 12 Lakeville North	58.21
Heat 3		
1	Nevaeh Miller, 11 Blaine	59.48
2	Alex Peterson, 11 *Prior Lake	57.78
3	Payton Hultgren, 10 Lakeville North	57.54
4	Siggy Nymo, 8 Edina	56.42
5	Ana Clemon, 10 Lakeville South	56.81
6	Payten Schieffer, 12 New Prague	57.66
7	Sarah Hurley, 10 Minnetonka	58.07
Heat 4		
1	Addison Pavek, 11 Rosemount	59.01
2	Alayna Janke, 12 Moorhead	57.76
3	Linda Giuliani, 11 Brainerd	57.25
4	Annabelle Wentzel, 11 Minnetonka	54.03
5	Kaya Flaherty, 11 Maple Grove	56.51
6	Maddie Hetland, 10 Maple Grove	57.62
7	Ally Diehl, 11 Anoka	57.96
8	Melanie Witikko, 12 East Ridge	1:00.26

*Denotes cooperatively sponsored program.

Class AA Events

Event 7 100 YARD FREESTYLE

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
1	Nora Sloth, 11 Anoka	53.62
2	Annika Arlandson, 10 Rosemount	52.88
3	Macy Malinski, 9 Edina	52.30
4	Lucy Paczosa, 9 Stillwater Area	51.48
5	Jennifer Pierson, 12 Chanhassen	52.07
6	Mallory Paine, 12 East Ridge	52.72
7	Anja Nymo, 10 Edina	53.50
8	Ana Lesmeister, 12 *Minneapolis South/Roosevelt	55.18
Heat 2		
1	Isabelle Ploof, 10 Brainerd	53.57
2	Mya Tautges, 11 Brainerd	52.74
3	Libbi McCarthy, 10 Edina	52.25
4	Julia Ogren, 10 *Rochester John Marshall	51.20
5	Norah Naatjes, 12 Stillwater Area	52.01
6	Izzy Satterlee, 12 Lakeville North	52.69
7	Geneva Fackler, 12 Wayzata	53.27
8	Ella Cooley, 9 Robbinsdale Armstrong	54.37
Heat 3		
1	Laura Stockinger, 11 Waconia	53.52
2	Kalli Stark, 12 Blaine	52.73
3	Paige Dillon, 12 Minnetonka	52.07
4	Arianna Zelen, 11 Shakopee	50.69
5	Greta Marcott, 10 Apple Valley	51.77
6	Claire Wilkey, 8 Minnetonka	52.40
7	Henley Hatzung, 11 Minnetonka	53.09
8	Morgan Thompson, 9 Maple Grove	53.96

Event 8 500 YARD FREESTYLE

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
1	Lana Ryan, 10 Blaine	5:27.88
2	Isla George, 10 Rosemount	5:10.75
3	Brooke Olson, 9 Minnetonka	5:08.64
4	Ellie Bina, 10 Mounds View	5:00.43
5	Lydia Cameron, 10 Minnetonka	5:03.44
6	Audrey Peterson, 10 Edina	5:10.20
7	Addie Thompson-Klimpke, 10 St. Michael-Albertville	5:17.87
Heat 2		
1	Ida Kozlowicz, 12 Hopkins	5:22.81
2	Elyse Jahn, 12 Two Rivers	5:10.56
3	Sam Oeltjen, 12 Rochester Mayo	5:08.33
4	Holly Lenarz, 12 Sartell	4:58.86
5	Emma Wood, 9 East Ridge	5:02.62
6	Taylor Hintz, 9 Lakeville South	5:09.31
7	Ella Stark, 10 Wayzata	5:12.83
Heat 3		
1	Natalie Gustafson, 10 Robbinsdale Armstrong	5:21.18
2	Ellen McClees, 9 Edina	5:10.42
3	Lucy Troyak, 11 Wayzata	5:04.53
4	Ivy Solt, 11 *Prior Lake	4:52.89
5	Frances Muir, 10 Edina	5:01.19
6	Stella Suchy, 9 Minnetonka	5:09.27
7	Maggie Auran, 12 Two Rivers	5:10.78
8	Sydney Edwards, 7 Blaine	5:32.16

Event 9 200 YARD FREESTYLE RELAY

LANE	TEAM / SCHOOL	SEED TIME
Heat 1		
1	*Andover	1:44.65
2	East Ridge	1:40.58
3	Chanhassen	1:38.66
4	Stillwater Area	1:37.50
5	Rosemount	1:38.19
6	Roseville Area	1:39.74
7	Hastings	1:42.13
Heat 2		
1	St. Paul Central	1:44.33
2	Shakopee	1:40.14
3	*Prior Lake	1:38.61
4	Lakeville North	1:37.44
5	Brainerd	1:38.07
6	Rochester Century	1:39.33
7	Robbinsdale Armstrong	1:41.09
Heat 3		
1	Anoka	1:43.22
2	Lakeville South	1:39.75
3	Edina	1:38.24
4	Minnetonka	1:36.42
5	Sartell	1:37.79
6	Wayzata	1:38.82
7	Maple Grove	1:41.00

*Denotes cooperatively sponsored program.

Class AA Events

Event 10 100 YARD BACKSTROKE

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
3	Milla Downing, 12 Minneapolis Washburn	1:01.68
4	Elise Weingarten, 9 Rochester Mayo	59.81
5	Emma Hauch, 11 East Ridge	1:00.26
Heat 2		
1	Morgan Thompson, 9 Maple Grove	59.46
2	Morgan Raether, 11 Minnetonka	58.77
3	Addison Pavek, 11 Rosemount	57.88
4	Libby Bakker, 11 Maple Grove	55.63
5	Amelia Labno, 12 Rosemount	56.64
6	Sophie Norsted, 10 Champlin Park	57.97
7	Laura Stockinger, 11 Waconia	59.04
Heat 3		
1	Gabby Odegard, 12 *Elk River Area	59.45
2	Lauren Killelea, 9 Minnetonka	58.38
3	Henley Hatzung, 11 Minnetonka	57.40
4	Lily Van Heel, 11 St. Michael-Albertville	55.35
5	Torun McGillis, 12 Woodbury	56.11
6	Rachel Broadhead, 11 Chanhassen	57.89
7	Grace Chatwin, 12 Forest Lake	58.93
Heat 4		
1	Genessa Sentyrz, 8 *Prior Lake	59.37
2	Sophia Nguyen, 8 Centennial	58.21
3	Madeline Gau, 10 Rochester Mayo	57.30
4	Annabelle Wentzel, 11 Minnetonka	55.23
5	Bobbi Simmons, 8 Edina	55.76
6	Linnea Kallebo, 12 Wayzata	57.88
7	Lexi Tippie, 9 Shakopee	58.79
8	Lucia Freed, 10 Robbinsdale Armstrong	59.56

Event 11 100 YARD BREASTSTROKE

LANE	NAME / GRADE / SCHOOL	SEED TIME
Heat 1		
1	Delaney Nilius, 9 Forest Lake	1:10.76
2	Logan Havermann, 9 East Ridge	1:07.35
3	Olivia Dolan, 12 Rosemount	1:06.31
4	Arianna Zelen, 11 Shakopee	1:04.20
5	Avery Duerr, 10 Brainerd	1:05.21
6	Taylor Gergen, 10 Farmington	1:06.60
7	Olivia Knox, 10 Champlin Park	1:09.08
Heat 2		
1	Paris Peng, 9 Wayzata	1:09.60
2	Miranda Francois, 7 Shakopee	1:07.31
3	Rylie Ulett, 12 Minnetonka	1:06.19
4	Eleanor Hughes, 12 Edina	1:03.85
5	Kendall Schindler, 11 Minnetonka	1:05.04
6	Ella Drewes, 12 Eden Prairie	1:06.44
7	Hailey Riley, 11 St. Michael-Albertville	1:08.00
8	Sydney Edwards, 7 Blaine	1:10.85
Heat 3		
1	Madalyn Lindgren, 11 Eastview	1:09.51
2	Claire Christianson, 7 Stillwater Area	1:07.03
3	Izzy Satterlee, 12 Lakeville North	1:05.46
4	Maddie Reed, 12 Stillwater Area	1:03.43
5	Sophia Blixt, 10 Rochester Century	1:04.96
6	Olivia Wimberger, 11 Shakopee	1:06.36
7	Erin Prekker, 10 Minneapolis Southwest	1:07.47
8	Lauren Restad, 12 St. Paul Central	1:10.83

Event 12 400 YARD FREESTYLE RELAY

LANE	TEAM / SCHOOL	SEED TIME
Heat 1		
1	Anoka	3:41.00
2	Blaine	3:39.68
3	Sartell	3:36.37
4	Chanhassen	3:32.86
5	Edina	3:34.08
6	Woodbury	3:38.30
7	Rosemount	3:40.27
Heat 2		
1	St. Michael-Albertville	3:40.93
2	Hastings	3:39.41
3	Lakeville South	3:36.01
4	Stillwater Area	3:31.84
5	East Ridge	3:33.96
6	Brainerd	3:36.57
7	Eastview	3:40.20
8	Minneapolis Southwest	3:49.39
Heat 3		
1	Two Rivers	3:40.80
2	Maple Grove	3:38.55
3	Wayzata	3:35.00
4	Minnetonka	3:29.53
5	Shakopee	3:33.08
6	*Prior Lake	3:36.40
7	Rochester Mayo	3:39.83
8	Robbinsdale Armstrong	3:42.43

*Denotes cooperatively sponsored program.

MINNESOTA STATE HIGH SCHOOL LEAGUE **BEHAVIOR EXPECTATIONS**



Lead by example by being respectful.



Hold yourself to high standards of sportsmanship.



Follow all MSHSL, school and venue expectations.



Honor each contest and everyone involved.

**Created by
MSHSL Students**



Speak with honor and thoughtfulness.



Use the power of social media for good.



Support those harmed by words or actions.

State Tournament Archives



Looking for
information about
past state tournaments?

- Brackets
- Results
- Game Summaries and Recaps
- Photos
- Participant History

GO TO: mshsl.org/archives

COURAGE
RESPECT
BELONGING
CHALLENGE
Excitement
SUCCESS

SPORTSMANSHIP

CONFIDENCE

PERFORMANCE

DEFIANCE

Growth & Development

COMMITMENT

INSPIRATION

FUN

LIFE

LOVE OF THE GAME

SKILLS



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Woodbury



Jake Timm
Rushford-Peterson

2023-2024 REPRESENTATIVE ASSEMBLY DELEGATES

The rulesmaking body of the Minnesota State High School League

CLASS A REGIONS

Region 1A

1. Pat Towey, School Board Representative, Hayfield
2. Amy French, Fine Arts Representative, Cotter
3. Josh Wieme, Activities Director, Goodhue

Region 2A

4. Craig Morgan, Boys Coaches Rep., Minnesota Valley Lutheran
5. Cory Haala, Activities Director, Sleepy Eye
6. John Bergs, Activities Director, Belle Plaine

Region 3A

7. TBD
8. TBD
9. TBD

Region 4A

10. Jenni Muras, Activities Director, Lakes Intl. Language Academy
11. Darin Keizer, Activities Director, Southwest Christian
12. Christian Rovn, Activities Director, Nova Classical Academy

Region 5A

13. TBD
14. TBD
15. TBD

Region 6A

16. TBD
17. TBD
18. TBD

Region 7A

19. Travis Vake, Activities Director, Chisholm
20. John Vukmanich, Principal, Northeast Range
21. Dave Foster, Activities Director, Cromwell-Wright

Region 8A

22. TBD
23. TBD
24. TBD

CLASS AA REGIONS

Region 1AA

25. Broc Threinen, Activities Director, Kasson-Mantorville
26. Keith Badger, Activities Director, Farmington
27. Brian Ihrke, Activities Director, Rochester John Marshall

Region 2AA

28. Mitch Grunig, Activities Director, Marshall
29. Matt Hanson, Activities Director, Shakopee
30. Mike Bailey, Activities Director, Chanhassen

Region 3AA

31. TBD
32. TBD
33. TBD

Region 4AA

34. Andrea Schmidt, Activities Director, Roseville Area
35. Tim Coleman, Speech Coach, St. Paul Harding
36. Dan Willaert, Boys Coach Rep., Cretin-Derham Hall

Region 5AA

37. TBD
38. TBD
39. TBD

Region 6AA

40. Meghan Potter, Activities Director, Wayzata
41. TBD
42. Troy Stein, Activities Director, Edina

Region 7AA

43. TBD
44. TBD
45. TBD

Region 8AA

46. TBD
47. TBD
48. TBD

MSHSL Administrative Staff

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Associate Director Phil Archer
Associate Director Charlie Campbell
Associate Director Lisa Quednow
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Director of Finance Rich Matter
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GM MSHSL Sports Properties Joshua Anderson
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