



ARCHIVES

MINNESOTA STATE HIGH SCHOOL LEAGUE

Girls Swimming and Diving State Meet Champions by Event

Event No. 1

200 YARD MEDLEY RELAY CHAMPIONS 1975-2023

<u>Year</u>	<u>Champion</u>	<u>Time</u>	
2023 – AA	– Edina	1:41.48	NR
	A – Breck School	1:46.53	
2022 – AA	– Minnetonka	1:43.75	
	A – *Mound Westonka/ Holy Family Catholic	1:47.42	
2021 – AA	– Minnetonka	1:42.97	
	A – Hutchinson	1:45.86	
2020	– No Meet: COVID-19 Pandemic		
2019 – AA	– Minnetonka	1:43.27	
	A – Visitation	1:45.64	
2018 – AA	– Eden Prairie	1:44.15	
	A – Breck School	1:44.39	
2017 – AA	– Minnetonka	1:42.94	
	A – *Faribault	1:45.69	
2016 – AA	– Wayzata	1:21.21	
	A – Orono	1:43.76	
2015 – AA	– Wayzata	1:41.57	NR
	A – Albert Lea	1:43.61	NR
2014 – AA	– Wayzata	1:42.30	
	A – Albert Lea	1:44.73	NR
2013 – AA	– Chanhassen	1:41.96	NR
	A – Visitation	1:46.16	NR
2012 – AA	– Edina	1:43.97	NR
	A – Visitation	1:48.10	
2011 – AA	– Edina	1:45.65	
	A – *Hutchinson	1:49.07	
2010 – AA	– Eden Prairie	1:44.80	NR
	A – Monticello	1:46.68	NR
2009 – AA	– Edina	1:44.90	NR
	A – *Hutchinson Tigers	1:48.25	
2008 – AA	– Edina	1:45.49	NR
	A – Visitation	1:48.12	NR
2007 – AA	– Edina	1:47.50	
	A – Breck School	1:49.96	
2006 – AA	– Burnsville	1:46.13	
	A – Breck School	1:51.00	
2005 – AA	– Stillwater Area	1:46.30	
	A – Breck School	1:50.62	
2004 – AA	– Stillwater Area	1:47.34	
	A – *Hutchinson Tigers	1:50.93	
2003 – AA	– Burnsville	1:47.72	
	A – *Hutchinson Tigers	1:49.54	NR
2002 – AA	– Burnsville	1:49.22	
	A – *Blake/Minnehaha Academy	1:51.55	
2001 – AA	– Burnsville	1:48.86	
	A – Northfield	1:51.72	
2000 – AA	– Edina	1:48.80	
	A – *Blake/Minnehaha Academy	1:52.26	
1999 – AA	– Edina	1:49.04	
	A – Sartell	1:51.92	
1998 – AA	– Eden Prairie	1:49.45	
	A – Montevideo	1:50.69	
1997 – AA	– Eden Prairie	1:45.82	NR
	A – Sartell	1:50.47	NR
1996	– Burnsville	1:47.14	NR

1995	Eden Prairie	1:47.48	NR
1994	Hopkins	1:49.38	
1993	Sartell	1:50.17	
1992	Wayzata	1:50.75	
1991	Minnetonka	1:51.28	
1990	Rochester John Marshall	1:51.17	
1989	Hastings	1:51.00	
1988	Edina	1:49.27	
1987	Edina	1:48.09	NR
1986	Edina	1:50.22	NR
1985	Hastings	1:51.11	
1984	Edina	1:52.10	
1983	Burnsville	1:50.58	NR
1982	Burnsville	1:51.88	NR
1981	Alexander Ramsey	1:52.46	NR
1980	Hopkins Lindbergh	1:52.71	NR
1979	Hopkins Lindbergh	1:53.44	
1978	Hopkins Lindbergh	1:54.74	
1977	Irondale	1:54.03	NR
1976	Minnetonka	1:58.05	
1975	Irondale	1:54.376	NR

EVENT NO. 2
200 YARD FREESTYLE CHAMPIONS 1975-2023

<u>Year</u>	<u>Champion</u>	<u>School</u>	<u>Time</u>	
2023	AA – Paige Dillon	Minnetonka	1:49.33	
	A – Graycin Andreen	Orono	1:50.77	
2022	AA – Sydney Dettmann	Stillwater Area	1:51.16	
	A – Ella Passe	Visitation	1:51.38	
2021	AA – Katie McCarthy	Edina	1:49.18	
	A – Carly Bixby	Blake	1:50.42	
2020	No Meet: COVID-19 Pandemic			
2019	AA – Sierra Smith	Robbinsdale Armstrong	1:48.28	
	A – Taylor Williams	Benilde-St. Margaret's	1:49.89	
2018	AA – Claudia Chang	Edina	1:49.49	
	A – Taylor Williams	Benilde-St. Margaret's	1:48.58	
2017	AA – Kelly McCarthy	Edina	1:48.31	
	A – Taylor Williams	Benilde-St. Margaret's	1:50.04	
2016	AA – Carly Quast	Wayzata	1:47.33	NR
	A – Kasey Milstroh	Foley	1:51.12	
2015	AA – Carly Quast	Wayzata	1:47.94	
	A – Abbie Dolan	Visitation	1:48.10	
2014	AA – Courtney Evensen	Robbinsdale Armstrong	1:49.22	
	A – Chantal Nack	Mankato West	1:50.91	
2013	AA – Isabel Wyer	Minnetonka	1:49.18	
	A – Chantal Nack	Mankato West	1:50.08	
2012	AA – Amelia Schilling	Minnetonka	1:48.61	
	A – Chantal Nack	Mankato West	1:51.64	
2011	AA – Nikki Larson	Edina	1:49.20	
	A – Marisa Wood	Sartell	1:48.86	NR
2010	AA – Kiera Janzen	Cretin-Derham Hall	1:49.70	
	A – Marisa Wood	Sartell	1:49.69	NR
2009	AA – Kiera Janzen	Cretin-Derham Hall	1:48.51	
	A – Marisa Wood	Sartell	1:50.88	NR
2008	AA – Kiera Janzen	Cretin-Derham Hall	1:47.86	NR
	A – Meghan Weiss	Visitation	1:52.04	NR
2007	AA – Lauren Weis	Cretin-Derham Hall	1:49.20	NR
	A – Meghan Weiss	Visitation	1:52.33	
2006	AA – Molly Belk	*Minneapolis South	1:51.59	
	A – Meghan Weiss	Visitation	1:55.32	
2005	AA – Megan Braun	Edina	1:49.39	NR
	A – Jenny Steege	Visitation	1:55.82	
2004	AA – Megan Braun	Edina	1:50.81	
	A – Lauren Bergstrom	Benilde-St. Margaret's	1:53.84	
2003	AA – Megan Braun	Edina	1:51.36	
	A – Lauren Bergstrom	Benilde-St. Margaret's	1:54.36	
2002	AA – Roxane Akradi	Eagan	1:50.57	
	A – Lauren Bergstrom	Benilde-St. Margaret's	1:55.13	
2001	AA – Becca Slagerman	Park Center	1:54.43	
	A – Katie Wind	Trinity at River Ridge	1:53.26	NR
2000	AA – Paige Gilgan	Eagan	1:50.44	NR
	A – Nora Ames	Rosemount	1:56.16	
1999	AA – Sarah Solfelt	Eden Prairie	1:50.64	NR
	A – Katie Wind	Trinity at River Ridge	1:56.28	
1998	AA – Mara Sveum	Hopkins	1:51.68	NR
	A – Jessica Carlson	Hutchinson	1:53.42	
1997	AA – Mara Sveum	Hopkins	1:52.67	NR
	A – Jessica Carlson	Hutchinson	1:53.27	NR
1996	Jennifer Riggs	Apple Valley	1:49.60	
1995	Jenny Hennen	Anoka	1:49.46	
1994	Jenny Hennen	Anoka	1:50.57	
1993	Jenny Hennen	Anoka	1:51.82	
1992	Emily Peters	Bloomington Kennedy	1:52.49	
1991	Emily Peters	Bloomington Kennedy	1:54.22	
1990	Cathy Beach	Wayzata	1:52.70	
1989	Heather Rue	Rochester John Marshall	1:56.09	
1988	Tracy Vitols	Richfield	1:53.35	
1987	Lynn Newton	Simley	1:53.57	
1986	Lynn Newton	Simley	1:52.94	
1985	Lynn Newton	Simley	1:53.51	
1984	Amy Volna	St. Anthony Village	1:52.78	
1983	Amy Volna	St. Anthony Village	1:54.03	
1982	Jody Schirmers	St. Cloud Tech	1:55.21	

1981	Kirsten Wengler	Hopkins Lindbergh	1:49.41	NR
1980	Kirsten Wengler	Hopkins Lindbergh	1:52.37	NR
1979	Kirsten Wengler	Hopkins Lindbergh	1:52.56	NR
1978	Kirsten Wengler	Hopkins Lindbergh	1:57.15	
1977	Peggy Kemp	Benilde-St. Margaret's	1:56.18	
1976	Judy Anderson	Osseo	1:53.54	NR
1975	Katie Lundsten	Minnetonka	2:01.331	NR

Event No. 3

200 YARD INDIVIDUAL MEDLEY CHAMPION 1975-2023

<u>Year</u>	<u>Champion</u>	<u>School</u>	<u>Time</u>	
2023	AA – Lily Van Heel	St. Michael-Albertville	2:01.43	
	A – Catherine Dueck	*Mound Westonka/ Holy Family Catholic	2:03.22	
2022	AA – Katie McCarthy	Edina	2:03.10	
	A – Anna Farley	Visitation	2:05.55	
2021	AA – Grace Rabb	Edina	2:01.79	
	A – Anna Farley	Visitation	2:04.39	
2020	No Meet: COVID-19 Pandemic			
2019	AA – Reese Dehen	Anoka	2:01.16	
	A – Hailey Farrell	Hutchinson	2:04.10	
2018	AA – Reese Dehen	Anoka	2:02.10	
	A – Yvonne Jia	Breck School	2:04.01	
2017	AA – Isabelle Stadden	Blaine	2:00.49	NR
	A – Madison Potter	*Blake	2:03.76	
2016	AA – Isabelle Stadden	Blaine	2:02.81	
	A – Madison Potter	*Blake	2:05.28	
2015	AA – Madison Preiss	Wayzata	2:01.00	NR
	A – Alyssa Phelps	Breck School	2:07.13	
2014	AA – Madison Preiss	Wayzata	2:01.50	
	A – Lindsey Horejsi	Albert Lea	1:59.77	NR
2013	AA – Madison Preiss	Wayzata	2:01.91	
	A – Lindsey Horejsi	Albert Lea	2:02.66	NR
2012	AA – Kasey Roberts	St. Michael-Albertville	2:02.63	
	A – Ellen Bloom	Sartell	2:04.65	
2011	AA – Taylor Bass	*Rochester John Marshall	2:05.19	
	A – Ellen Bloom	Sartell	2:03.86	
2010	AA – Abby Duncan	*Champlin Park	2:01.97	
	A – Caley Oquist	Monticello	2:03.65	NR
2009	AA – Abby Duncan	*Champlin Park	2:03.12	
	A – Taylor Foster	Breck School	2:04.28	
2008	AA – Abby Duncan	*Champlin Park	2:03.59	
	A – Audrey Kumm	*Hutchinson Tigers	2:04.14	NR
2007	AA – Kaela Anderson	Stillwater Area	2:05.86	
	A – Sammi Husband	Breck School	2:06.18	NR
2006	AA – Kerry Kraemer	Burnsville	2:04.09	
	A – Sammi Husband	Breck School	2:08.33	NR
2005	AA – Kerry Kraemer	Burnsville	2:04.00	
	A – Martha Cutter-Wilson	Visitation	2:12.09	
2004	AA – Jenny Shaughnessy	Rochester John Marshall	2:02.95	
	A – Lindsay Wegner	*Hutchinson Tigers	2:08.74	NR
2003	AA – Jenny Shaughnessy	Rochester John Marshall	2:03.92	
	A – Lindsay Wegner	*Hutchinson Tigers	2:08.77	NR
2002	AA – Jenny Shaughnessy	Rochester John Marshall	2:05.20	
	A – Lindsay Wegner	Hutchinson	2:12.22	
2001	AA – Abby Ruess	Edina	2:06.82	
	A – Tara Murnane	Red Wing	2:13.81	
2000	AA – Sarah Solfelt	Eden Prairie	2:02.93	
	A – Kristin Ophaug	Northfield	2:10.70	
1999	AA – Kaela Humphries	Eden Prairie	2:04.26	
	A – Patti Wegner	Rosemount	2:09.09	NR
1998	AA – Kaela Humphries	Eden Prairie	2:04.91	
	A – Emily Mondloh	Fridley	2:09.29	NR
1997	AA – Jennifer Riggs	Apple Valley	2:02.90	NR
	A – Emily Mondloh	Fridley	2:11.48	NR
1996	Katy Christoferson	Burnsville	2:03.30	
1995	Katy Christoferson	Burnsville	2:04.33	NR
1994	Sara Schlegelmilch	Red Wing	2:06.25	
1993	Gretchen Hegener	*Watertown-Mayer/Delano/ Mayer Lutheran/Waconia	2:07.31	
1992	Becky Gibbs	Wayzata	2:05.57	
1991	Becky Gibbs	Wayzata	2:06.67	
1990	Becky Gibbs	Wayzata	2:10.41	
1989	Laura Gandrud	Blake	2:05.84	
1988	Laura Gandrud	Blake	2:05.49	
1987	Laura Gandrud	Blake	2:04.92	NR
1986	Laura Gandrud	Blake	2:08.43	
1985	Lisa Anderson	Minneapolis Patrick Henry	2:09.20	
1984	Lisa Anderson	Minneapolis Patrick Henry	2:09.30	

1983	Nancy Swanum	Burnsville	2:08.07	
1982	Nancy Swanum	Burnsville	2:08.06	
1981	Nancy Swanum	Burnsville	2:06.78	NR
1980	Amy Reed	St. Paul Johnson	2:07.30	NR
1979	Marie Suppes	Park Center	2:11.00	
1978	Karen Anderson	Bloomington Jefferson	2:10.74	
1977	Karen Anderson	Bloomington Jefferson	2:11.70	NR
1976	Karen Anderson	Osseo	2:13.94	
1975	Sue Heidelberg	Minneapolis Washburn	2:17.95	NR

Event No. 4

50 YARD FREESTYLE CHAMPIONS 1924-2023

<u>Year</u>	<u>Champion</u>	<u>School</u>	<u>Time</u>	
2023	AA – Libbi McCarthy	Edina	:23.01	
	A – Adalynn Biegler	Monticello	:22.80	
2022	AA – Haley Zelen	Shakopee	:23.04	
	A – Adalynn Biegler	Monticello	:23.14	
2021	AA – Caroline Larsen	Eden Prairie	:22.66	
	A – Grace Hanson	Hutchinson	:22.57	NR
2020	No Meet: COVID-19 Pandemic			
2019	AA – Abby Kapeller	Minnetonka	:22.60	
	A – Grace Hanson	Hutchinson	:22.79	TR
2018	AA – Lily Gremmels	Edina	:23.66	
	A – Grace Hanson	Hutchinson	:22.94	
2017	AA Ryenne Hathaway	Lakeville South	:23.20	
	A – Grace Hanson	Hutchinson	:23.22	
2016	AA Rachel Wittmer	Edina	:22.65	
	A – Makayla Suominen	*Cloquet-Esko-Carlton	:23.46	
2015	AA – Rachel Wittmer	Edina	:22.54	NR
	A – Lindsay Horejsi	Albert Lea	:22.79	NR
2014	AA – Rachel Wittmer	Edina	:22.62	NR
	A – Anna Andersen	Albert Lea	:23.65	
2013	AA – Rachel Wittmer	Edina	:22.81	
	A – Danielle Nack	Mankato West	:22.87	
2012	AA – Kaia Grobe	Chanhassen	:23.06	
	A – Danielle Nack	Mankato West	:22.82	NR
2011	AA – Kaia Grobe	Chanhassen	:23.15	
	A – Danielle Nack	Mankato West	:22.93	NR
2010	AA – Hannah Bowen	Stillwater Area	:22.99	
	A – Amanda Paulson	Monticello	:22.97	NR
2009	AA – Hannah Bowen	Stillwater Area	:22.76	
	A – Amanda Paulson	Monticello	:23.37	NR
2008	AA – Hannah Bowen	Stillwater Area	:22.73	NR
	A – Sophie Pilhofer	Visitation	:23.83	
2007	AA – Abbey Staats	*Winona/Winona Cotter	:23.54	
	A – Megan Geyen	*Watertown-Mayer/Delano	:23.43	NR
2006	AA – Kelsey Gergen	Hastings	:23.32	
	A – Megan Geyen	*Watertown-Mayer/Delano	:23.57	
2005	AA – Kelsey Gergen	Hastings	:23.51	
	A – Megan Geyen	*Watertown-Mayer/Delano	:23.54	NR
2004	AA – Kelsey Hausken	Stillwater Area	:23.59	
	A – Stacy Busack	Fergus Falls	:23.73	
2003	AA – Roxane Akradi	Eagan	:23.19	
	A – Stacy Busack	Fergus Falls	:23.59	NR
2002	AA – Nikki Reed	Duluth East	:24.03	
	A – Beth Kiczula	Red Wing	:24.06	
2001	AA – Roxane Akradi	Eagan	:23.41	
	A – Sarah Perrott	Northfield	:24.27	
2000	AA – Roxane Akradi	Eagan	:23.77	
	A – Dena Quick	*Proctor/Hermantown	:23.85	
1999	AA - Katy Brentz	Mounds View (tie)	:24.03	
	& - Katie Seleskie	Hastings (tie)	:24.03	
	A - Samantha Dyshaw	*Montevideo/YME	:24.22	
1998	AA - Jennifer Riggs	Apple Valley	:23.00	NR
	A - Naomi Gregerson	Albert Lea	:24.33	
1997	AA - Andrea Kleven	Eden Prairie	:24.38	NR
	A - Katie Jensen	Hutchinson	:24.19	NR
1996	Meghan Sonstegaard	Apple Valley	:23.63	
1995	Jennifer Riggs	Apple Valley	:23.20	NR
1994	Jaina McClure	Minneapolis South	:24.08	
1993	Jaina McClure	Minneapolis South	:24.19	
1992	Lori Sibbers	Rochester John Marshall	:24.13	
1991	Lori Sibbers	Rochester John Marshall	:24.02	
1990	Marissa Tieszen	*Mankato East/ Immanuel Lutheran	:24.05	
1989	Erika Bass	Wayzata	:24.03	
1988	Erika Bass	Wayzata	:23.89	
1987	Stacey Niedenfuer	Alexandria	:23.82	
1986	Debbie Lynch	St. Paul Academy	:24.46	
1985	Nancy Knauer	St. Louis Park	:23.67	

1984	Nancy Knauer	St. Louis Park	:23.97	
1983	Nancy Knauer	St. Louis Park	:24.40	
1982	Colleen Griffin	Lakeville	:24.13	
1981	Diane Wallner	Alexander Ramsey	:23.56	NR
1981	Diane Wallner	Alexander Ramsey	:23.56	NR
1980	Diane Wallner	Alexander Ramsey	:23.77	NR
1979	Diane Wallner	Alexander Ramsey	:24.44	
1978	Kelly Flanagan	Prior Lake	:24.96	
1977	Steph Schoening	Minneapolis Southwest	:25.05	
1976	Steph Schoening	Minneapolis Southwest	:24.98	NR
1975	Debbie Hartin	Irondale	:25.227	NR
1942	Gladys Vaughan	Nashwauk	:30.8	
1941	Jean Juth	Eveleth	:31.0	
1940	Jean Frarey	Virginia	:30.1	
1939	Jean Frarey	Virginia	:30.6	
1938	<i>Not Available</i>			
1937	Mary McKenzie	Virginia	:31.3	
1936	Patsy Bailey	Virginia	:30.1	
1935	Patsy Bailey	Virginia	:32.0	
1934	Helen Moilan	Virginia	:29.6	NR
1933	Lucille Scholtus	Virginia	:30.8	
1932	Lorraine Solberg	Virginia	:31.1	
1931	Jennie Prosen	Gilbert	:30.7	NR
1930	Jennie Prosen	Gilbert	:30.8	NR
1929	Fanny Wilson	Biwabik	:32.8	
1928	Fanny Wilson	Biwabik	:32.4	
1927	<i>Not Available</i>			
1926	Mae Matt	Gilbert	:34.0	
1925	Mae Matt	Gilbert	:33.4	NR
1924	Mae Matt	Gilbert	:37.4	NR

Event No. 5
DIVING CHAMPIONS 1924-2023

<u>Year</u>	<u>Champion</u>	<u>School</u>	<u>Points</u>	
2023	AA – Madeline Kohel	Minneapolis Washburn	529.30	NR
	A – Alayna Kennedy	*Austin	432.45	
2022	AA – Gabby Mauder	Woodbury	426.90	
	A – Avery Lommel	Delano	380.65	
2021	AA – Gabby Mauder	Woodbury	416.45	
	A – Addie Albrecht	Grand Rapids	440.25	
2020	No Meet: COVID-19 Pandemic			
2019	AA – Megan Phillip	Edina	493.55	
	A – Olivia Motter	Rocori	418.30	
2018	AA – Megan Phillip	Edina	517.00	NR
	A – Ellie Gunderson	*Fridley	381.65	
2017	AA – Megan Phillip	Edina	476.05	
	A – Saylor Hawkins	Breck School	439.60	
2016	AA – Megan Phillip	Edina	480.85	
	A – Saylor Hawkins	Breck School	433.75	
2015	AA – Michelle Schlossmacher-Smith	Roseville Area	442.05	
	A – Mallary Dick	Big Lake	406.80	
2014	AA – Liz Click	Stillwater Area	463.25	
	A – Megan White	Blake	415.70	
2013	AA – Kiley Kuether	Mounds View	408.05	
	A – Bailey DuPay	Northfield	397.55	
2012	AA – Lexi Tenenbaum	Maple Grove	448.35	
	A – Bailey DuPay	Northfield	394.25	
2011	AA – Jessie Ramberg	Forest Lake	472.05	
	A – Bailey Dupay	Northfield	405.50	
2010	AA – Jenna Karow	East Ridge	453.10	
	A – Michole Timm	Sauk Rapids-Rice	438.75	
2009	AA – Maggie Keefer	Stillwater Area	451.55	
	A – Michole Timm	Sauk Rapids-Rice	408.30	
2008	AA – Maggie Keefer	Stillwater Area	493.55	
	A – Tori Raihle	Spring Lake Park	350.50	
2007	AA – Laura Ryan	*Elk River Area/ACA	452.65	
	A – Jessica Stanchfield	Orono	368.25	
2006	AA – Brittany Jumer	*Andover Huskies	420.70	
	A – Jessica Stanchfield	Orono	391.25	
2005	AA – Brittany Jumer	*Andover Huskies	449.25	
	A – Julie Brummond	Blake	390.05	
2004	AA – Erica J. Schiffler	Woodbury	464.05	
	A – Julie Brummond	Blake	418.20	
2003	AA – Kathryn Lewallen	Rochester Mayo	455.35	
	A – Holly Schlingmann	*Mankato East/Loyola	423.95	
2002	AA – Kirsten Ytterbo	Wayzata	455.70	
	A – Kari Helland	Orono	419.95	
2001	AA – Kirsten Ytterbo	Wayzata	407.45	
	A – Chelsea Haviland	Thief River Falls	440.85	
2000	AA – Kirsten Ytterbo	Wayzata	443.30	
	A – Chelsea Haviland	Thief River Falls	479.40	
1999	AA - Shannon Jackson	Anoka	462.75	
	A - Chelsea Haviland	Thief River Falls	500.85	NR
1998	AA - Jaime Sanger	Wayzata	489.85	
	A - Chelsea Haviland	Thief River Falls	422.95	NR
1997	AA - Jamie Sanger	Wayzata	507.00	NR
	A - Kim Bahmer	Shakopee	415.15	NR
1996	Jaime Sanger	Wayzata	453.25	
1995	Jaime Sanger	Wayzata	425.25	
1994	Thea Hoeg	Prior Lake	420.85	
1993	Samantha Linke	Blake	414.90	
1992	Tammy Christensen	Elk River	424.45	
1991	Tina Johnson	Mounds View	444.95	
1990	Tina Johnson	Mounds View	455.15	
1989	Tina Johnson	Mounds View	419.30	
1988	Stacy Madura	Mounds View	386.95	
1987	Wendy Satterlee	Mounds View	435.75	
1986	Wendy Satterlee	Mounds View	442.15	
1985	Whitney Stoddard	Breck School	385.10	
1984	Whitney Stoddard	Breck School	397.90	
1983	Amy Aarsen	Mounds View	445.80	

1982	Shawn Anderson	Rochester John Marshall	404.15	
1981	Kelly Johnson	Irondale	444.80	
1980	Kelly Johnson	Irondale	428.65	
1979	Kelly Johnson	Irondale	471.15	NR
1978	Joan Bastien	St. Cloud Apollo	371.30	
1977	Ann Larson	Minneapolis Roosevelt	366.73	
1976	Crissy Curry	Minneapolis West	417.03	
1975	Alysa Gould	Bloomington Jefferson	417.42	NR
1942	Jean Juth	Virginia	173.7	
1941	Natalie Erickson	Virginia	192.9	
1940	Natalie Erickson	Virginia	73.3	
1939	Mabel Lampi	Ely	199.8	
1938	Ruth Martinetti	Ely	66.4	
1937	Virginia Farley	Eveleth		
1936	Maxine Larson	Eveleth		
1935	Virginia Farley	Eveleth		
1934	Maxine Larson	Eveleth		
1933	Jessa Pazelli	Virginia		
1932	Mary Lopp	Gilbert		
1931	Jessa Pazelli	Virginia		
1930	Jessa Pazelli	Virginia		
1929	Katheryn Robinson	Eveleth		
1928	Linda Anderson	Aurora		
1927	<i>Not Available</i>			
1926	Roxey Loney	Eveleth		
1925	Harriet Rosenberger	Virginia		
1924	Harriet Rosenberger	Virginia		

Event No. 6

100 YARD BUTTERFLY CHAMPIONS 1976-2023

<u>Year</u>	<u>Champion</u>	<u>School</u>	<u>Time</u>	
2023	AA – Annabelle Wentzel	Minnetonka	:54.15	
	A – Carly Bixby	Blake	:54.90	
2022	AA – Claire Reinke	Wayzata	:53.62	
	A – Carly Bixby	Blake	:54.53	
2021	AA – Claire Reinke	Wayzata	:54.36	
	A – Emma Kern	Delano	:54.80	
2020	No Meet: COVID-19 Pandemic			
2019	AA – Claire Reinke	Wayzata	:54.79	
	A – Lexi Kucera	Hutchinson	:55.57	
2018	AA – Peyton D'Emanuele	Minneapolis Southwest	:54.45	
	A – Yvonne Jia	Breck School	:55.41	
2017	AA – Molly Meland	Hopkins	:55.36	
	A – Madison Potter	*Blake	:54.63	
2016	AA – Rachel Wittmer	Edina	:55.56	
	A – Madison Potter	*Blake	:55.40	
2015	AA – Rachel Wittmer	Edina	:53.99	
	A – Bre Thorne	Breck School	:56.49	
2014	AA – Zoe Avestruz	Chanhassen	:53.36	
	A – Bre Thorne	Breck School	:55.88	
2013	AA – Zoe Avestruz	Chanhassen	:54.37	
	A – Danielle Nack	Mankato West	:53.41	
2012	AA – Zoe Avestruz	Chanhassen	:54.30	
	A – Danielle Nack	Mankato West	:52.41	NR
2011	AA – Nikki Larson	Edina	:55.09	
	A – Danielle Nack	Mankato West	:53.97	NR
2010	AA – Rachel Bootsma	Eden Prairie	:52.73	NR
	A – Melissa Paakh	Detroit Lakes	:56.38	
2009	AA – Meghan Cummings	Eden Prairie	:54.89	
	A – Audrey Kumm	*Hutchinson Tigers	:55.81	
2008	AA – Rachel Bootsma	Eden Prairie	:55.02	
	A – Audrey Kumm	*Hutchinson Tigers	:55.73	NR
2007	AA – Annalise Colton	Edina	:55.85	
	A – Sammi Husband	Breck School	:56.86	
2006	AA – Rachel Frederickson	Stillwater Area	:54.34	
	A – Sammi Husband	Breck School	:57.37	
2005	AA – Rachel Frederickson	Stillwater Area	:53.87	NR
	A – Megan Geyen	*Watertown-Mayer/Delano	:58.23	
2004	AA – Rachel Frederickson	Stillwater Area	:55.26	NR
	A – Elizabeth Kiczula	Red Wing	:56.10	NR
2003	AA – Emily Gregory	Burnsville	:55.79	
	A – Lindsay Wegner	*Hutchinson Tigers	:57.37	
2002	AA – Emily Gregory	Burnsville	:56.40	
	A – Lindsay Wegner	Hutchinson	:57.16	NR
2001	AA – Alicia Jensen	Eden Prairie	:57.96	
	A – Elizabeth Kiczula	Red Wing	:57.79	NR
2000	AA – Sarah Solfelt	Eden Prairie	:56.08	
	A – Elizabeth Kiczula	Red Wing	:58.75	
1999	AA – Sarah Solfelt	Eden Prairie	:56.21	
	A – Sarah Bohlsen	Sartell	:58.35	NR
1998	AA – Katie Klamer	Eden Prairie	:57.73	
	A – Sarah Bohlsen	Sartell	:58.75	
1997	AA – Amy Bouta	Minneapolis South	:55.47	NR
	A – Sarah Bohlsen	Sartell	:58.75	NR
1996	Amy Bouta	Minneapolis South	:55.21	NR
1995	Jenny Hennen	Anoka	:56.04	
1994	Jenny Hennen	Anoka	:56.77	
1993	Kari Klassen	Northfield	:57.61	
1992	Tanya Schuh	Stillwater	:56.71	
1991	Kari Klassen	*Northfield/Cannon Falls	:57.57	
1990	Stacy Bechel	Hastings	:57.45	
1989	Shelly Ebbighausen	Burnsville	:56.88	
1988	Claudia Vieira	Edina	:56.87	
1987	Claudia Vieira	Edina	:56.37	
1986	Claudia Vieira	Edina	:58.39	
1985	Claudia Vieira	Edina	:58.94	
1984	Kris Rapp	Eden Prairie	:57.87	
1983	Amy Reed	St. Paul Johnson	:56.22	
1982	Amy Reed	St. Paul Johnson	:57.08	

1981	Amy Reed	St. Paul Johnson	:58.13	
1980	Amy Reed	St. Paul Johnson	:56.17	NR
1979	Marie Suppes	Park Center	:58.53	
1978	Marie Suppes	Park Center	:58.52	
1977	Marie Suppes	Park Center	:58.47	NR
1976	Sue Heidelberg	Minneapolis Washburn	1:01.27	NR

Event No. 7

100 YARD FREESTYLE CHAMPIONS 1924-2023

<u>Year</u>	<u>Champion</u>	<u>School</u>	<u>Time</u>	
2023	AA – Arianna Zelen	Shakopee	:49.86	
	A – Adalynn Biegler	Monticello	:50.25	
2022	AA – Paige Dillon	Minnetonka	:50.86	
	A – Adalynn Biegler	Monticello	:51.28	
2021	AA – Haley Zelen	Shakopee	:50.54	
	A – Grace Hanson	Hutchinson	:49.56	NR
2020	No Meet: COVID-19 Pandemic			
2019	AA – Sierra Smith	Robbinsdale Armstrong	:50.29	
	A – Grace Hanson	Hutchinson	:49.83	
2018	AA – Jordan McGinty	Wayzata	:50.54	
	A – Taylor Williams	Benilde-St. Margaret's	:50.44	
2017	AA – Pyper Doo	Roseville Area	:49.61	
	A – Lexi Kucera	Hutchinson	:51.12	
2016	AA – Raime Jones	Edina	:50.58	
	A – Kasey Milstroh	Foley	:51.02	
2015	AA – Bella Smits	Andover	:50.40	
	A – Abbie Dolan	Visitation	:49.62	
2014	AA – Rachel Wittmer	Edina	:49.82	
	A – Abbie Dolan	Visitation	:49.60	NR
2013	AA – Kaia Grobe	Chanhassen	:50.49	
	A – Abbie Dolan	Visitation	:50.31	
2012	AA – Kaia Grobe	Chanhassen	:49.97	
	A – Solveig Viren	Grand Rapids	:51.32	
2011	AA – Kaia Grobe	Chanhassen	:50.18	
	A – Whitney Weisz	Little Falls	:50.57	
2010	AA – Hannah Bowen	Stillwater Area	:49.94	
	A – Heidi Busack	Fergus Falls	:50.56	NR
2009	AA – Hannah Bowen	Stillwater Area	:50.26	
	A – Heidi Busack	Fergus Falls	:51.56	
2008	AA – Hannah Bowen	Stillwater Area	:49.78	NR
	A – Meghan Weiss	Visitation	:51.17	NR
2007	AA – Katie Scarsella	Hastings	:51.75	
	A – Meghan Weiss	Visitation	:51.38	
2006	AA – Maggie Meyer	White Bear Lake Area	:50.34	
	A – Tanya Thomforde	*Northfield High School	:53.16	
2005	AA – Liz Halet	Champlin	:51.41	
	A – Meghan Weiss	Visitation	:52.98	
2004	AA – Jenny Shaughnessy	Rochester John Marshall	:50.60	
	A – Stacy Busack	Fergus Falls	:51.92	
2003	AA – Jenny Shaughnessy	Rochester John Marshall	:51.79	
	A – Stacy Busack	Fergus Falls	:51.74	NR
2002	AA – Roxane Akradi	Eagan	:50.85	
	A – Kelly Hyatt	Shakopee	:53.38	
2001	AA – Sabrina Messmer	Robbinsdale Armstrong	:52.33	
	A – Sarah Perrott	Northfield	:52.89	
2000	AA – Katie Seleskie	Hastings	:51.87	
	A – Sarah Perrott	Northfield	:53.24	
1999	AA – Katy Coombe	Wayzata	:51.97	
	A – Emily Mondloh	Fridley	:53.08	
1998	AA – Jennifer Riggs	Apple Valley	:49.80	NR
	A – Emily Mondloh	Fridley	:52.84	
1997	AA – Jennifer Riggs	Apple Valley	:50.23	NR
	A – Erin Endres	Hutchinson	:52.57	NR
1996	Jennifer Riggs	Apple Valley	:50.70	NR
1995	Jennifer Riggs	Apple Valley	:50.76	NR
1994	Heather Scholta	Minnetonka	:52.61	
1993	Jenny Hennen	Anoka	:51.46	
1992	Louisa Offerman	Edina	:52.96	
1991	Lori Sibbers	Rochester John Marshall	:52.63	
1990	Lori Sibbers	Rochester John Marshall	:52.88	
1989	Erika Bass	Wayzata	:52.36	
1988	Erika Bass	Wayzata	:52.24	
1987	Stacey Niedenfuer	Alexandria	:51.44	NR
1986	Kristen Neuenfeldt	Wayzata	:52.54	
1985	Nancy Knauer	St. Louis Park	:52.49	
1984	Amy Volna	St. Anthony Village	:52.21	
1983	Amy Volna	St. Anthony Village	:52.01	

1982	Amy Volna	St. Anthony Village	:52.69	
1981	Diane Wallner	Alexander Ramsey	:51.87	
1980	Diane Wallner	Alexander Ramsey	:51.71	NR
1979	Diane Wallner	Alexander Ramsey	:52.84	NR
1978	Kirsten Wengler	Hopkins Lindbergh	:53.97	
1977	Steph Schoening	Minneapolis Southwest	:54.28	
1976	Steph Schoening	Minneapolis Southwest	:54.61	NR
1975	Carla Erdman	Frank B. Kellogg	:55.92	NR
1942	Jean Frarey	Virginia	1:10.0	
1941	Jean Frarey	Virginia	1:11.0	
1940	Betty Bemis	Nashwauk	1:04.3	NR
1939	Lorraine Bemis	Nashwauk	1:08.9	
1938	Lorraine Bemis	Nashwauk	1:08.3	
1937	Helen Saari	Biwabik	1:09.9	
1936	Patsy Bailey	Virginia	1:07.4	NR
1935	Patsy Bailey	Virginia	1:09.3	
1934	Ruth Aho	Eveleth	1:10.6	
1933	Lorraine Solberg	Virginia	1:10.2	
1932	Sivka Pelto	Virginia	1:08.5	NR
1931	Jennie Prosen	Gilbert	1:10.8	NR
1930	Jennie Prosen	Gilbert	1:12.0	
1929	Fannie Wilson	Biwabik	1:11.0	NR
1928	Lorraine Paulson	St. Paul Mechanic Arts	1:13.9	NR
1927	<i>Not Available</i>			
1926	Fanny Wilson	Biwabik	1:18.5	
1925	Sadie Joula	Eveleth	1:18.0	
1924	Sadie Joula	Eveleth	1:16.9	NR

Event No. 8

500 YARD FREESTYLE CHAMPIONS 1976-2023

<u>Year</u>	<u>Champion</u>	<u>School</u>	<u>Time</u>	
2023	AA – Ivy Solt	*Prior Lake	4:51.09	
	A – Katie Miller	Visitation	5:03.22	
2022	AA – Katie McCarthy	Edina	4:55.46	
	A – Ella Passe	Visitation	5:00.44	
2021	AA – Katie McCarthy	Edina	4:52.33	
	A – Ella Passe	Visitation	4:59.37	
2020	No Meet: COVID-19 Pandemic			
2019	AA – Claudia Chang	Edina	4:54.33	
	A – Hailey Farrell	Hutchinson	4:59.54	
2018	AA – Claudia Chang	Edina	4:54.64	
	A – Hailey Farrell	Hutchinson	5:02.04	
2017	AA – Kelli McCarthy	Edina	4:52.83	
	A – Jordyn Wentzel	Delano	4:56.74	
2016	AA – Kelli McCarthy	Edina	4:52.03	
	A – Maria Mattaini	Visitation	5:01.32	
2015	AA – Kelli McCarthy	Edina	4:56.91	
	A – Kasey Milstroh	Foley	5:01.00	
2014	AA – Kallyn Barkey	Rochester Mayo	4:55.34	
	A – Jordyn Wentzel	Delano	5:08.78	
2013	AA – Kira Zubar	Eden Prairie	4:54.78	
	A – Chantal Nack	Mankato West	4:56.43	
2012	AA – Amelia Schilling	Minnetonka	4:48.96	NR
	A – Thomasin Lee	Chisago Lakes Area	5:00.72	
2011	AA – Kira Zubar	Eden Prairie	4:52.45	
	A – Marisa Wood	Sartell	4:49.68	NR
2010	AA – Kiera Janzen	Cretin-Derham Hall	4:56.71	
	A – Marisa Wood	Sartell	4:55.44	
2009	AA – Kiera Janzen	Cretin-Derham Hall	4:50.73	
	A – Marisa Wood	Sartell	4:58.92	NR
2008	AA – Kiera Janzen	Cretin-Derham Hall	4:51.22	NR
	A – Marisa Wood	Sartell	5:02.05	NR
2007	AA – Lauren Weis	Cretin-Derham Hall	4:52.85	NR
	A – Marisa Wood	Sartell	5:08.95	
2006	AA – Kaela Anderson	Stillwater Area	4:58.53	
	A – Kelly Grant	Blake	5:05.57	
2005	AA – Megan Braun	Edina	4:58.07	
	A – Jenny Steege	Visitation	5:13.24	
2004	AA – Alexa O'Brien	Cretin-Derham Hall	5:03.10	
	A – Lauren Bergstrom	Benilde-St. Margaret's	5:08.64	
2003	AA – Tiffany Biddle	Centennial	5:03.87	
	A – Lauren Bergstrom	Benilde-St. Margaret's	5:07.56	
2002	AA – Chelsey Walden	Woodbury	5:04.36	
	A – Lauren Bergstrom	Benilde-St. Margaret's	5:09.19	
2001	AA – Becca Slagerman	Park Center	5:02.95	
	A – Katie Wind	Trinity School at River Ridge	5:04.46	NR
2000	AA – Paige Gilgan	Eagan	4:58.98	
	A – Katie Wind	Trinity School at River Ridge	5:05.02	NR
1999	AA - Jenna Stocker	Bloomington Jefferson	5:02.35	
	A - Katie Wind	Trinity School at River Ridge	5:08.98	
1998	AA - Mara Sveum	Hopkins	4:57.83	NR
	A - Jessica Carlson	Hutchinson	5:08.58	
1997	AA - Mara Sveum	Hopkins	4:58.64	NR
	A - Jessica Carlson	Hutchinson	5:07.22	NR
1996	Becky Crissinger	Hastings	5:01.94	
1995	Katie Carlson	Shakopee	4:56.46	
1994	Katie Carlson	Shakopee	5:00.67	
1993	Katie Carlson	Shakopee	5:04.88	
1992	Emily Peters	Bloomington Kennedy	5:01.01	
1991	Emily Peters	Bloomington Kennedy	5:06.23	
1990	Cathy Beach	Wayzata	4:59.25	
1989	Laura Gandrud	Blake	5:00.42	
1988	Tracy Vitols	Richfield	4:59.69	
1987	Lynn Newton	Simley	4:57.57	
1986	Lynn Newton	Simley	4:57.84	
1985	Lynn Newton	Simley	4:59.09	
1984	Lynn Newton	Simley	5:05.96	
1983	Rachael Faehn	Apple Valley	5:06.53	
1982	Jody Schirmers	St. Cloud Tech	5:08.05	

1981	Kirsten Wengler	Hopkins Lindbergh	4:56.20	NR
1980	Kirsten Wengler	Hopkins Lindbergh	5:07.67	
1979	Kirsten Wengler	Hopkins Lindbergh	5:00.42	NR
1978	Roxanne Carlton	Edina East	5:13.71	
1977	Peggy Kemp	Benilde-St. Margaret's	5:09.16	
1976	Judy Anderson	Osseo	5:01.61	NR

Event No. 9
200 YARD FREESTYLE RELAY CHAMPIONS 1990-2023

<u>Year</u>	<u>School/Team</u>	<u>Time</u>	
2023	AA – Edina	1:34.72	
	A – Orono	1:36.93	
2022	AA – Edina	1:34.50	
	A – Visitation	1:37.01	
2021	AA – Edina	1:32.25	
	A – Delano	1:35.01	
2020	No Meet: COVID-19 Pandemic		
2019	AA – Minnetonka	1:34.44	
	A – Hutchinson	1:35.15	
2018	AA – Edina	1:34.43	
	A – Hutchinson	1:35.59	
2017	AA – Minnetonka	1:43.10	
	A – Hutchinson	1:35.85	
2016	AA – Edina	1:32.89	NR
	A – Visitation	1:36.95	
2015	AA – Minnetonka	1:33.84	
	A – Visitation	1:34.07	NR
2014	AA – Edina	1:33.80	NR
	A – Visitation	1:35.52	NR
2013	AA – Edina	1:34.06	NR
	A – Mankato West	1:36.88	
2012	AA – Eden Prairie	1:35.65	
	A – Northfield	1:37.06	
2011	AA – Edina	1:34.40	NR
	A – Sartell	1:36.62	
2010	AA – Wayzata	1:36.07	
	A – Sartell	1:37.41	
2009	AA – Stillwater Area	1:34.94	
	A – Sartell	1:36.14	NR
2008	AA – Stillwater Area (tie)	1:34.80	NR
	AA – Lakeville South (tie)	1:34.80	NR
	A – Sartell	1:37.63	
2007	AA – Wayzata	1:36.59	
	A – Visitation	1:38.94	
2006	AA – Wayzata	1:36.68	
	A – Visitation	1:40.06	
2005	AA – Edina	1:36.51	
	A – Visitation	1:39.39	
2004	AA – Edina	1:35.78	NR
	A – Sauk Rapids-Rice	1:40.79	
2003	AA – Edina	1:36.80	NR
	A – Northfield	1:38.84	
2002	AA – Edina	1:38.10	
	A – Red Wing	1:39.53	
2001	AA – Edina	1:38.35	
	A – Red Wing	1:39.35	
2000	AA – Wayzata	1:38.41	
	A – Rosemount	1:40.03	
1999	AA - Wayzata	1:38.43	
	A – Sartell	1:39.81	
1998	AA - Eden Prairie	1:37.00	NR
	A - Montevideo	1:39.66	
1997	AA - Eden Prairie	1:37.63	NR
	A - Hutchinson	1:37.53	NR
1996	Apple Valley	1:36.77	NR
1995	Hastings	1:38.43	
1994	Edina	1:38.88	NR
1994	Edina	1:38.88	NR
1993	Monticello	1:39.20	
1992	Edina	1:39.06	NR
1991	Edina	1:40.11	
1990	*Spring Lake Park/St. Anthony Village	1:39.57	NR

Event No. 10

100 YARD BACKSTROKE CHAMPIONS 1924-2023

<u>Year</u>	<u>Champion</u>	<u>School</u>	<u>Time</u>	
2023	AA – Lily Van Heel	St. Michael-Albertville	:53.85	
	A – Piper Crosby	Breck School	:54.78	
2022	AA – Lily Van Heel	St. Michael-Albertville	:53.90	
	A – Carly Bixby	Blake	:54.81	NR
2021	AA – Grace Rabb	Andover	:54.46	
	A – Emma Kern	Delano	:53.77	
2020	No Meet: COVID-19 Pandemic			
2019	AA – Abby Kapeller	Minnetonka	:53.72	
	A – Emma Kern	Delano	:54.94	NR
2018	AA – Chloe Skogg	Eden Prairie	:54.47	
	A – Katelin Phelps	Breck School	:55.43	
2017	AA – Isabelle Stadden	Blaine	:52.78	
	A – Gabi Baldwin	Hill-Murray	:56.69	
2016	AA – Carly Quast	Wayzata	:53.39	
	A – Marena Kouba	Sartell	:56.65	
2015	AA – Carly Quast	Wayzata	:54.04	
	A – Bre Thorne	Breck School	:56.09	
2014	AA – Zoe Avestruz	Chanhassen	:51.98	
	A – Chantal Nack	Mankato West	:55.72	
2013	AA – Zoe Avestruz	Chanhassen	:52.96	
	A – Cecilia Hake	*Faribault	:55.74	
2012	AA – Zoe Avestruz	Chanhassen	:53.50	
	A – Ellen Bloom	Sartell	:56.36	
2011	AA – Emma Paulson	Wayzata	:55.14	
	A – Ellen Bloom	Sartell	:55.88	
2010	AA – Rachel Bootsma	Eden Prairie	:51.53	NR
	A – Caley Oquist	Monticello	:55.35	NR
2009	AA – Tess Behrens	Maple Grove	:54.47	
	A – Caley Oquist	Monticello	:56.62	NR
2008	AA – Rachel Bootsma	Eden Prairie	:54.07	NR
	A – Taylor Foster	Breck School	:56.72	NR
2007	AA – Rachel Bootsma	Eden Prairie	:55.94	
	A – Taylor Foster	Breck School	:59.65	
2006	AA – Maggie Meyer	White Bear Lake Area	:55.30	NR
	A – Taylor Foster	Breck School	1:00.77	
2005	AA – Sara Goff	Minnetonka	:57.17	
	A – Kara Fisher	Fergus Falls	:59.73	
2004	AA – Maggie Meyer	White Bear Lake Area	:56.57	
	A – Stephanie Gross	St. Cloud Cathedral	:59.28	
2003	AA – Roxane Akradi	Eagan	:55.37	NR
	A – Nikki Bakke	*Hutchinson Tigers	:58.41	NR
2002	AA – Carolyn Barer	Edina	:58.00	
	A – Jami Turner	Prior Lake	:59.74	
2001	AA – Roxane Akradi	Eagan	:56.96	
	A – Rachel Gordon	Grand Rapids	:59.14	
2000	AA – Roxane Akradi	Eagan	:56.82	
	A – Kristin Ophaug	Northfield	:59.09	
1999	AA – Kaela Humphries	Eden Prairie	:57.22	
	A – Jillian Zebeck	Benilde-St. Margaret's	:59.44	
1998	AA – Sarah Solfelt	Eden Prairie	:56.07	NR
	A – Jillian Zebeck	Benilde-St. Margaret's	:59.03	NR
1997	AA – Sarah Solfelt	Eden Prairie	:57.25	NR
	A – Anne Knopman	Breck School	:59.18	NR
1996	Katie Klammer	Eden Prairie	:56.91	NR
1995	Gretchen Weber	Eden Prairie	:57.08	NR
1994	Beth Shimanski	Hutchinson	:57.77	
1993	Jaina McClure	Minneapolis South	:58.12	
1992	Jenny Carlson	Shakopee	:59.00	
1991	Katie Oien	Woodbury	:58.89	
1990	Katie Oien	Woodbury	:58.05	NR
1989	Laura Borgelt	Hastings	1:00.02	
1988	Monica Koyama	Park	:59.79	
1987	Lisa Anderson	Park Center	:58.21	NR
1986	Monica Koyama	Park	:59.61	
1985	Shannon Manikowski	Robbinsdale Armstrong	1:00.45	
1984	Kirsten Schwartz	Burnsville	1:00.84	
1983	Nancy Swanum	Burnsville	:58.35	

1982	Nancy Swanum	Burnsville	:58.70	NR
1981	Nancy Swanum	Burnsville	:59.19	NR
1980	Shelly Hansen	Richfield	1:00.53	
1979	Karen Andrews	Edina West	1:01.36	
1978	Jane Bissell	Wayzata	1:00.49	NR
1977	Jane Bissell	Wayzata	1:00.60	
1976	Beth Peters	Minnetonka	1:01.53	NR
1975	Karen Deane	Minnetonka	1:03.119	NR
1942	Peggy Sullivan	Coleraine	1:17.8	
1941	Barbara Roels	Chisholm	1:21.8	
1940	Janet Bymark	Biwabik	1:19.9	
1939	Betty Bemis	Nashwauk	1:08.9	NR
1938	Betty Bemis	Nashwauk	1:12.5	NR
1937	Betty Bemis	Nashwauk	1:18	
1936	Emily Champa	Chisholm	1:17.7	NR
1935	Margie Smith	Biwabik	1:14.7	NR
1934	Margie Smith	Biwabik	1:16.2	NR
1933	Olga Matko	Virginia	1:18.1	NR
1932	Marjorie Smith	Biwabik	1:19.6	NR
1931	Shirley Morris	Virginia	1:24.4	NR
1930	Elma Prinkela	Eveleth	1:25.2	
1929	Rachel Nichols	Eveleth	1:24	NR
1928	Rachel Nichols	Eveleth	1:25.6	NR
1927	<i>Not Available</i>			
1926	Rachel Nichols	Eveleth	1:29.5	NR
1925	Marguerite Kotola	Virginia	N/A	
1924	Caroline Shrodes	Eveleth	1:35.6	NR

Event No. 11

100 YARD BREASTSTROKE CHAMPIONS 1924-2023

<u>Year</u>	<u>Champion</u>	<u>School</u>	<u>Time</u>	
2023	AA – Maddie Reed	Stillwater Area	1:02.73	
	A – Catherine Dueck	*Mound Westonka/ Holy Family Catholic	1:02.99	
2022	AA – Cate Pawlaski	Andover	1:02.79	
	A – Hallie Drossel	Melrose Area	1:03.73	
2021	AA – Caroline Larsen	Eden Prairie	1:01.35	
	A – Hallie Drossel	Melrose Area	1:03.64	
2020	No Meet: COVID-19 Pandemic			
2019	AA – Reese Dehen	Anoka	1:02.07	
	A – Hannah Hintermeister	Richfield	1:04.41	
2018	AA – Emma Lezer	St. Michael-Albertville	1:01.98	
	A – Caroline Gardner	Orono	1:03.08	
2017	AA – Emma Lezer	St. Michael-Albertville	1:01.92	
	A – Jordyn Wentzel	Delano	1:03.74	
2016	AA – Emma Lezer	St. Michael-Albertville	1:01.43	
	A – Sophia Nevin	*Northfield	1:03.97	
2015	AA – Madison Preiss	Wayzata	1:02.19	
	A – Lindsey Horejsi	Albert Lea	58.56	
2014	AA – Olivia Anderson	Edina	1:01.47	
	A – Lindsey Horejsi	Albert Lea	:59.56	NR
2013	AA – Olivia Anderson	Edina	1:01.88	
	A – Lindsey Horejsi	Albert Lea	1:00.67	
2012	AA – Olivia Anderson	Edina	1:02.96	
	A – Lindsey Horejsi	Albert Lea	1:00.16	NR
2011	AA – Olivia Anderson	Edina	1:02.89	
	A – Kathryn Ostrom	St. Louis Park	1:04.65	
2010	AA – Abby Duncan	*Champlin Park	1:01.16	
	A – Kathryn Ostrom	St. Louis Park	1:05.53	
2009	AA – Abby Duncan	*Champlin Park	1:01.33	
	A – Megan Ostrom	St. Louis Park	1:05.82	
2008	AA – Abby Duncan	*Champlin Park	1:01.30	NR
	A – Olivia McNeely	Visitation	1:04.31	NR
2007	AA – Abby Duncan	*Champlin Park	1:05.61	
	A – Olivia McNeely	Visitation	1:04.70	NR
2006	AA – Kerry Kraemer	Burnsville	1:02.63	
	A – Olivia McNeely	Visitation	1:06.92	
2005	AA – Kerry Kraemer	Burnsville	1:01.94	NR
	A – Ann Gusewelle	Sauk Centre	1:07.05	
2004	AA – Kerry Kraemer	Burnsville	1:02.94	NR
	A – Elizabeth Kiczula	Red Wing	1:05.39	
2003	AA – Kerry Kraemer	Burnsville	1:03.32	NR
	A – Elizabeth Kiczula	Red Wing	1:06.61	
2002	AA – Kerry Kraemer	Burnsville	1:04.64	NR
	A – Anneliese Nelson	Roseau	1:08.90	
2001	AA – Abby Ruess	Edina	1:04.72	NR
	A – Bridget McCoy	Henry Sibley	1:06.36	
2000	AA – Katie Proell	Hopkins	1:05.19	
	A – Eva Miller	Sartell	1:08.76	
1999	AA - Meredith Saylor	Edina	1:05.15	
	A - Erin Seeba	*Fergus Falls/Hillcrest	1:07.69	
1998	AA - Kaela Humphries	Eden Prairie	1:05.13	
	A - Hanne Dale	*Fergus Falls/Hillcrest	1:05.36	NR
1997	AA - Emily Nayas	Eden Prairie	1:05.11	NR
	A - Megan Broskoff	Albert Lea	1:07.00	NR
1996	Amy Bouta	Minneapolis South	1:05.50	
1995	Amy Bouta	Minneapolis South	1:05.43	
1994	Amy Bouta	Minneapolis South	1:04.31	
1993	Sarah Krueger	Sartell	1:04.58	
1992	Becky Gibbs	Wayzata	1:04.55	
1991	Gretchen Hegener	Watertown-Mayer	1:03.69	
1990	Gretchen Hegener	Watertown-Mayer	1:05.82	
1989	Kris Zeller	Faribault	1:06.32	
1988	Lori Heisick	Edina	1:02.81	
1987	Lori Heisick	Edina	1:03.74	NR
1986	Laura Gandrud	Blake	1:05.32	
1985	Anne Pringle	Monticello	1:05.97	
1984	Lyn Tierney	Edina	1:06.80	

1983	Lyn Tierney	Edina	1:08.38	
1982	Sue Roell	Burnsville	1:05.81	NR
1981	Sue Roell	Burnsville	1:08.95	
1980	Sue Roell	Burnsville	1:07.44	NR
1979	Nancy Touve	Armstrong	1:09.39	
1978	Anne Moser	Minnetonka	1:08.82	NR
1977	Anne Moser	Minnetonka	1:10.12	NR
1976	Michelle Schmid	Minnetonka	1:11.32	
1975	Sue Wasowicz	White Bear Lake	1:10.527	NR
1942	Virginia Sandberg	Nashwauk	1:31.3	
1941	Doris Novotny	Virginia	1:22.1	
1940	Doris Novotny	Virginia	1:21.5	
1939	Doris Novotny	Virginia	1:23.8	
1938	Helen Pollack	Eveleth	1:24.5	
1937	Violet Lappi	Biwabik	1:27.6	
1936	Irene Cieslak	Virginia	1:28.5	
1935	Marie Sarkipato	Ely	1:26.3	
1934	Ann Govednik	Chisholm	1:22.1	
1933	Ann Govednik	Chisholm	1:18.0	NR
1932	Ann Govednik	Chisholm	1:20.2	NR
1931	Ann Govednik	Chisholm	1:27.9	
1930	Margaret Peterson	Eveleth	1:28.9	
1929	Rose Andrik	Virginia	1:28.7	
1928	Ellen Lewis	Eveleth	1:25.7	NR
1927	<i>Not Available</i>			
1926	Ellen Lewis	Eveleth	1:33.5	NR
1925	Ellen Johnson	Virginia	1:38.3/5	NR
1924	Leona Irwin	Virginia	1:43.0	NR

Event No. 12
400 YARD FREESTYLE RELAY CHAMPIONS 1975-2023

<u>Year</u>	<u>School</u>	<u>Time</u>	
2023	AA – Stillwater Area	3:27.23	
	A – Orono	3:34.16	
2022	AA – Minnetonka	3:28.28	
	A – Visitation	3:30.37	
2021	AA – Minnetonka	3:27.88	
	A – Hutchinson	3:30.74	
2020	No Meet: COVID-19 Pandemic		
2019	AA – Minnetonka	3:25.09	
	A – Hutchinson	3:26.41	NR
2018	AA – Edina	3:26.73	
	A – Hutchinson	3:27.64	NR
2017	AA – Edina	3:24.72	
	A – Hutchinson	3:29.03	NR
2016	AA – Edina	3:21.89	NR
	A – Hutchinson	3:30.49	
2015	AA – Edina	3:23.48	
	A – Visitation	3:30.66	
2014	AA – Chanhassen	3:22.37	NR
	A – Visitation	3:30.82	
2013	AA – Chanhassen	3:25.69	NR
	A – Visitation	3:29.54	NR
2012	AA – Chanhassen	3:26.23	
	A – Mankato West	3:32.63	
2011	AA – Edina	3:28.60	
	A – Sartell	3:32.12	
2010	AA – Wayzata	3:26.89	
	A - *Hutchinson	3:30.44	NR
2009	AA – Stillwater Area	3:27.64	
	A - *Hutchinson Tigers	3:32.14	NR
2008	AA – Stillwater Area	3:26.09	NR
	A – Visitation	3:34.97	NR
2007	AA – Cretin-Derham Hall	3:30.38	
	A – Visitation	3:36.13	
2006	AA – Stillwater Area	3:30.31	
	A – Hill-Murray	3:40.14	
2005	AA – Edina	3:29.93	NR
	A – Visitation	3:37.95	
2004	AA – Edina	3:32.27	
	A - *Hutchinson Tigers	3:40.82	
2003	AA – Edina	3:31.79	
	A – *Hutchinson Tigers	3:38.84	
2002	AA – Edina	3:34.70	
	A – Red Wing	3:36.77	
2001	AA – Eagan	3:36.64	
	A – Red Wing	3:39.99	
2000	AA – Wayzata	3:35.37	
	A – Red Wing	3:37.05	
1999	AA – Eden Prairie	3:31.78	NR
	A – Northfield	3:41.32	
1998	AA - Apple Valley	3:32.95	
	A – Northfield	3:40.03	
1997	AA – Eden Prairie	3:32.47	NR
	A – Hutchinson	3:35.27	NR
1996	Apple Valley	3:30.44	NR
1995	Hastings	3:33.48	NR
1994	Apple Valley	3:36.33	
1993	Minnetonka	3:36.78	
1992	Woodbury	3:36.81	
1991	Woodbury	3:38.49	
1990	*Spring Lake Park/St. Anthony Village	3:38.67	
1989	Hastings	3:38.14	
1988	Wayzata	3:37.19	
1987	Park Center	3:37.18	
1986	Wayzata	3:36.94	
1985	Burnsville	3:36.83	
1984	Blake	3:37.90	
1983	St. Anthony Village	3:36.13	
1982	St. Anthony Village	3:37.57	

1981	Hopkins Lindbergh	3:36.97	NR
1980	Richfield	3:39.13	NR
1979	Richfield	3:40.99	NR
1978	Bloomington Jefferson	3:43.49	
1977	Golden Valley	3:43.39	NR
1976	Minnetonka	3:44.17	NR
1975	Minnetonka	3:47.4888	NR