

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**Girls 100 Meter Dash****9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section: S 12.06 5/30/2012 Wensia Johnson, Alexandria						
12.46 QUAL State Qualifier						
Name	Year	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1 Gabriella Keefer	11	St. Michael-Albe	12.36	12.42QUAL	NWI	2
2 Ella Kirchner	11	Sartell	12.36	12.67Q	NWI	1
3 Jennifer Heilman	12	Rogers	12.29	12.81Q	NWI	3
4 Audrey Janich	11	Moorhead	12.98	12.92q	NWI	1
5 Emnel Wotoe	11	Moorhead	12.94	12.96q	NWI	3
6 Jarai Kamara	12	St. Michael-Albe	12.89	13.05q	NWI	2 13.042
7 Tatiana Parker	9	Elk River	12.78	13.05q	NWI	1 13.045
8 Stella Lambaere	10	Sauk Rapids-Rice	13.20	13.20q	NWI	1
9 Quinn Erickson	7	Moorhead	12.94	13.22q	NWI	3
10 Rose Lamberts	10	Buffalo	13.52	13.28	NWI	1
11 Sadie Strait	12	St. Michael-Albe	12.95	13.31	NWI	2
12 Camille Weber	10	Sartell	13.37	13.44	NWI	3
13 Sienna Schmitz	8	Sartell	13.35	13.53	NWI	3
14 Addison Hill	10	Bemidji	13.42	13.60	NWI	2 13.594
15 Gabby Worloma	11	Elk River	13.22	13.60	NWI	2 13.599
16 Lauren Castle	11	Brainerd	13.58	13.74	NWI	3
17 Ashley Davis	12	Rogers	13.64	13.81	NWI	2 13.803
18 Hattie Duininck	10	Brainerd	13.57	13.81	NWI	3 13.809
19 Alexandra Kirschner	9	Buffalo	13.88	13.82	NWI	1
20 Lauren Bruley	9	Bemidji	13.52	13.85	NWI	1
21 Sarah Anderson	8	Rogers	13.56	14.21	NWI	2
22 Kaia Christopher	10	Bemidji	14.00	14.25	NWI	1
23 Vivian Coss	10	Sauk Rapids-Rice	15.18	15.39	NWI	3
24 Amara Hitzler	11	Sauk Rapids-Rice	15.33	15.48	NWI	3
-- Odessa Kruah	9	Elk River	14.07	DNS	NWI	2

**Girls 100 Meter Dash**

Section: S 12.06 5/30/2012 Wensia Johnson, Alexandria						
12.46 QUAL State Qualifier						
Name	Year	School	Prelims	Finals	Wind	Points
<b>Finals</b>						
1 Gabriella Keefer	11	St. Michael-Albe	12.42	12.34 QUAL	-3.5	10
2 Ella Kirchner	11	Sartell	12.67	12.61	-3.5	8
3 Jennifer Heilman	12	Rogers	12.81	12.67	-3.5	6
4 Emnel Wotoe	11	Moorhead	12.96	12.82	-3.5	5
5 Audrey Janich	11	Moorhead	12.92	12.96	-3.5	4
6 Jarai Kamara	12	St. Michael-Albe	13.05	12.98	-3.5	3
7 Quinn Erickson	7	Moorhead	13.22	13.01	-3.5	2
8 Stella Lambaere	10	Sauk Rapids-Rice	13.20	13.09	-3.5	1
9 Tatiana Parker	9	Elk River	13.05	13.11	-3.5	

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**Results**

**Girls 200 Meter Dash****9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section: S 24.83 5/30/2012 Wensia Johnson, Alexandria  
 25.82 QUAL State Qualifier

Name	Year	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1 Gabriella Keefer	11	St. Michael-Albe	25.22	25.41QQUAL	NWI	2
2 Emma Kvant	10	St. Michael-Albe	24.80	25.67QQUAL	NWI	3
3 Cipriana Jones	11	Moorhead	25.72	26.23Q	NWI	1
4 Shiaflyn Cooper	9	Elk River	26.97	26.68q	NWI	3
5 Florence Leon	10	Rogers	26.54	26.77q	NWI	1
6 Allee Feldman	12	Buffalo	26.74	26.97q	NWI	2
7 Odell Kruah	11	Elk River	27.26	27.20q	NWI	1
8 Kenadie Paulson	8	Brainerd	27.43	27.50q	NWI	1
9 Sienna Schmitz	8	Sartell	27.67	27.64q	NWI	2
10 Claire Kvant	11	St. Michael-Albe	26.97	27.93	NWI	2
11 Ava Loney	11	Brainerd	26.97	27.97	NWI	3
12 Nadia Davis	8	Moorhead	27.78	28.23	NWI	3
13 Madeline Francois	12	Sartell	28.84	28.53	NWI	2
14 Ava Warner	12	Bemidji	28.46	28.72	NWI	1
15 Hattie Duininck	10	Brainerd	28.83	28.83	NWI	1
16 Ryen Ness	11	Moorhead	28.44	28.93	NWI	2
17 Ashley Davis	12	Rogers	27.73	28.94	NWI	3
18 Aleda Finke	8	Rogers	28.96	28.99	NWI	3
19 Carley Kill	11	Buffalo	29.23	29.40	NWI	1
20 Grace Schulte	12	Sartell	29.85	29.63	NWI	3
21 Addison Hill	10	Bemidji	28.91	29.64	NWI	3
22 Gigi Keckeisen	7	Elk River	29.70	29.89	NWI	1
23 Mya Lundeen	12	Bemidji	29.72	29.92	NWI	2
24 Olivia Posch	11	Sauk Rapids-Rice	29.06	30.28	NWI	2
25 Zainab Akram	9	Buffalo	30.14	30.64	NWI	3
26 Sierra Kriefall	9	Sauk Rapids-Rice	32.11	31.30	NWI	1
27 Willa Varilek	9	Sauk Rapids-Rice	31.67	31.40	NWI	2

**Girls 200 Meter Dash**

Section: S 24.83 5/30/2012 Wensia Johnson, Alexandria  
 25.82 QUAL State Qualifier

Name	Year	School	Prelims	Finals	Wind	Points
<b>Finals</b>						
1 Emma Kvant	10	St. Michael-Albe	25.67	24.66SQUAL	1.1	10
2 Gabriella Keefer	11	St. Michael-Albe	25.41	24.97 QUAL	1.1	8
3 Cipriana Jones	11	Moorhead	26.23	25.75 QUAL	1.1	6
4 Florence Leon	10	Rogers	26.77	26.23	1.1	5
5 Allee Feldman	12	Buffalo	26.97	26.58	1.1	4
6 Shiaflyn Cooper	9	Elk River	26.68	26.65	1.1	3
7 Kenadie Paulson	8	Brainerd	27.50	27.10	1.1	2
8 Odell Kruah	11	Elk River	27.20	27.33	1.1	1
9 Sienna Schmitz	8	Sartell	27.64	27.47	1.1	

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**Girls 400 Meter Dash****9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section: S 56.05 6/3/2023 Brianna Shroyer, Buffalo  
 58.40 QUAL State Qualifier

Name	Year	School	Seed	Prelims	H#
<b>Preliminaries</b>					
1 Emma Kvant	10	St. Michael-Albe	53.99	S 55.21QQUAL	3
2 Zoe Lain	11	Sartell	57.86	57.70QQUAL	2
3 Hailey Steffensmeier	10	St. Michael-Albe	1:01.81	1:01.48Q	1
4 Sawyer Timmer	11	Sartell	1:02.54	1:02.00q	2
5 Myla Ballard	11	Rogers	1:02.06	1:02.71q	1
6 Ava Warner	12	Bemidji	1:02.94	1:03.18q	3
7 Addison Maish	11	Bemidji	1:05.82	1:03.89q	2
8 Sophie Watson	9	Moorhead	1:07.85	1:04.28q	2
9 Avery Nelson	9	Moorhead	1:05.48	1:04.51q	1
10 Kahlan Johnson	9	Brainerd	1:05.26	1:04.92	2
11 Adelyn Kennedy	12	St. Michael-Albe	1:04.89	1:05.13	3
12 Ayla Nygaard	10	Sauk Rapids-Rice	1:05.32	1:05.95	1
13 Chloe Pesek	12	Moorhead	1:08.12	1:05.98	3
14 Grace Schulte	12	Sartell	1:06.39	1:06.40	2
15 Kasey Hart	12	Buffalo	1:06.12	1:06.55	3
16 Raya Nordlund	10	Bemidji		1:07.34	2
17 Madison Beckman	10	Elk River	1:08.89	1:07.65	1
18 Kailey Ruby	10	Elk River	1:07.90	1:09.22	3
19 Quinn Washnieski	9	Sauk Rapids-Rice	1:09.73	1:09.34	3
20 Elizabeth Rademacher	11	Brainerd	1:10.57	1:09.50	3
21 Evelyn Winger	9	Buffalo	1:08.63	1:10.60	2
22 Sienna Petermeier	12	Sauk Rapids-Rice	1:09.70	1:12.20	2
23 Amaiyah Farland	8	Rogers	1:06.11	1:13.46	3
-- Elsie Ostmoe	10	Elk River	1:07.01	FS	1
-- Sufi De Young	11	Buffalo	1:06.75	DNS	1

**Girls 400 Meter Dash**

Section: S 56.05 6/3/2023 Brianna Shroyer, Buffalo  
 58.40 QUAL State Qualifier

Name	Year	School	Prelims	Finals	Points
<b>Finals</b>					
1 Emma Kvant	10	St. Michael-Albe	55.21	54.13SQUAL	10
2 Zoe Lain	11	Sartell	57.70	57.25 QUAL	8
3 Hailey Steffensmei	10	St. Michael-Albe	1:01.48	1:00.61	6
4 Sawyer Timmer	11	Sartell	1:02.00	1:00.86	5
5 Myla Ballard	11	Rogers	1:02.71	1:01.94	4
6 Ava Warner	12	Bemidji	1:03.18	1:02.76	3
7 Avery Nelson	9	Moorhead	1:04.51	1:03.88	2
8 Addison Maish	11	Bemidji	1:03.89	1:04.07	1
9 Sophie Watson	9	Moorhead	1:04.28	1:04.48	

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**Girls 800 Meter Run****9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Section: S 2:12.00 2004		Andrea Wahlin, Rocori					
2:15.82 QUAL State Qualifier							
Name	Year	School	Seed	Prelims	H#		
<b>Preliminaries</b>							
1	Ava	Dunnigan	11	Moorhead	2:16.54	2:16.65Q	3
2	Alivia	Thompson	10	Bemidji	2:18.46	2:20.37Q	2
3	Ady	Hannon	9	St. Michael-Albe	2:22.74	2:24.24Q	1
4	Brooke	Wenz	11	Brainerd	2:23.72	2:22.35Q	3
5	Annelise	Baird	10	Brainerd	2:23.31	2:22.80Q	2
6	Alexa	Juntunen	9	Rogers	2:21.16	2:25.68Q	1
7	Avery	Larson	11	Buffalo	2:24.68	2:24.61q	3
8	Anya	Riesgraf	9	St. Michael-Albe	2:27.43	2:25.33q	2
9	Chloe	Derby	8	Bemidji	2:29.71	2:29.76q	1
10	Amelia	Horton	8	Elk River	2:31.35	2:30.70	2
11	Emily	Hoyt	9	Rogers	2:35.72	2:31.74	3
12	Delanie	Brand	8	St. Michael-Albe	2:35.74	2:35.62	3
13	Elizabeth	Dreessen	11	Moorhead		2:36.10	1
14	Mady	Anderson	8	Rogers	2:36.41	2:37.03	2
15	Kelcie	Bode	9	Buffalo	2:39.36	2:37.65	2
16	Faith	Bogel	9	Sauk Rapids-Rice	2:37.64	2:37.67	1
17	Elissa	Vasseur	11	Elk River	2:38.85	2:38.96	1
18	Samantha	Thomson	11	Buffalo	2:41.53	2:40.44	3
19	Genet	Nies	12	Sartell	2:40.83	2:42.65	3
20	Kylie	Bellino	9	Bemidji	2:44.41	2:43.39	1
21	Layla	Wolvert	9	Sauk Rapids-Rice	2:47.66	2:44.00	1
22	Elka	Sowada	10	Sauk Rapids-Rice	2:50.50	2:46.21	3
23	Erin	Bescheinen	8	Elk River	2:44.00	2:46.98	2
24	Annabelle	Tautges	12	Sartell	2:50.88	2:47.77	3
25	Lily	Schmitz	11	Sartell	2:48.60	2:48.89	2
26	Scarlett	Anderson	12	Brainerd	2:54.83	2:49.15	2
--	Lauren	Heneman	11	Moorhead	2:28.23	DNS	1

**Girls 800 Meter Run**

Section: S 2:12.00 2004		Andrea Wahlin, Rocori					
2:15.82 QUAL State Qualifier							
Name	Year	School	Prelims	Finals	Points		
<b>Finals</b>							
1	Ava	Dunnigan	11	Moorhead	2:16.65	2:14.89 QUAL	10
2	Alexa	Juntunen	9	Rogers	2:25.68	2:18.07	8
3	Alivia	Thompson	10	Bemidji	2:20.37	2:23.22	6
4	Avery	Larson	11	Buffalo	2:24.61	2:23.61	5
5	Anya	Riesgraf	9	St. Michael-Albe	2:25.33	2:24.29	4
6	Brooke	Wenz	11	Brainerd	2:22.35	2:24.55	3
7	Annelise	Baird	10	Brainerd	2:22.80	2:28.15	2
8	Chloe	Derby	8	Bemidji	2:29.76	2:29.90	1
9	Ady	Hannon	9	St. Michael-Albe	2:24.24	2:31.35	

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**Girls 1600 Meter Run**

Section: S 4:51.53 5/30/2015 Bethany Hasz, Alexandria  
 5:04.54 QUAL State Qualifier

Name	Year	School	Seed	Finals	H#	Points
1 Mia Hoffman	12	Bemidji	5:02.61	5:02.67 QUAL	2	10
2 Alivia Thompson	10	Bemidji	5:10.13	5:05.23	2	8
3 Sophie Miller	7	St. Michael-Albe	5:18.24	5:25.04	2	6
4 Brooklyn Hart	12	Buffalo	5:40.00	5:25.21	2	5
5 Madalyn Dockendorf	12	Sartell	5:26.87	5:26.40	2	4
6 Cady Macheel	8	Buffalo	5:29.54	5:27.35	2	3
7 Noel Black	12	St. Michael-Albe	5:37.46	5:31.33	2	2
8 Ashley Nelson	12	Sartell	5:31.30	5:33.45	2	1
9 Lorelei Ibeling	10	Rogers	5:46.06	5:35.98	2	
10 Allison Crow	9	St. Michael-Albe	5:36.51	5:37.67	2	
11 Mady Anderson	8	Rogers	5:51.04	5:43.61	1	
12 Abigail Krogstad	11	Moorhead	5:46.63	5:46.54	1	
13 Gabriella Broadhea	7	Buffalo	5:36.96	5:51.32	2	
14 Savannah Emmans	8	Elk River	5:53.67	5:51.86	1	
15 Piper Myran	12	Moorhead	5:56.31	5:55.83	1	
16 Kira Warnke	9	Elk River	5:53.09	5:57.03	1	
17 Annabelle Tautges	12	Sartell	6:01.10	5:57.61	1	
18 Amelia Rademacher	9	Brainerd	6:03.25	5:57.96	1	
19 Ava Stout	9	Moorhead	6:01.93	6:00.07	1	
20 Morgan Hampton	7	Rogers	6:09.85	6:04.45	1	
21 Abigail Olson	9	Bemidji	5:58.52	6:05.85	1	
22 Bailey Spence	9	Elk River	6:28.24	6:16.81	1	

**Girls 3200 Meter Run**

Section: S 10:24.57 5/30/2012 Jamie Piepenberg, Alexandria  
 10:59.74 QUAL State Qualifier

Name	Year	School	Seed	Finals	Points
1 Mia Hoffman	12	Bemidji	10:47.41	10:57.38 QUAL	10
2 Cara Back	9	Rogers	11:38.69	11:34.90	8
3 Abigayle Vossen	9	St. Michael-Albe	11:40.87	11:39.98	6
4 Brooklyn Hart	12	Buffalo	11:49.48	11:40.87	5
5 Makaela Malin	12	St. Michael-Albe	11:38.42	11:42.80	4
6 Annabelle Vossen	7	St. Michael-Albe	11:59.77	11:45.15	3
7 Madelyn Miller	11	Brainerd	11:39.03	11:47.79	2
8 Ashley Nelson	12	Sartell	11:59.16	11:57.49	1
9 Jacquelyn (Jacki)	11	Moorhead	11:57.83	12:07.98	
10 Madalyn Dockendorf	12	Sartell	11:49.99	12:11.87	
11 Brooklyn Johnson	10	Moorhead	12:05.15	12:21.31	
12 Lauren Barthel	7	Rogers	12:24.96	12:42.50	
13 Barrett Sokness	8	Moorhead	12:57.88	12:59.84	
14 Liliana Hoard	11	Elk River	12:57.34	13:00.13	
15 Lorelei Ibeling	10	Rogers	13:17.70	13:04.95	
16 Brenalen Fredrikse	9	Bemidji	13:37.63	13:07.11	
17 Kaline Merges	12	Buffalo	13:24.30	13:09.35	
18 Josey LaValley	12	Bemidji	13:19.95	13:10.53	
19 Amelia Rademacher	9	Brainerd	13:26.29	13:15.34	
20 Kira Warnke	9	Elk River	12:55.56	13:26.65	
21 Nola Doty	11	Brainerd	13:44.36	13:38.35	
22 Alexis Lange	12	Buffalo	14:00.02	13:46.66	

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Girls 3200 Meter Run**

23 Alana Miller	9 Sartell	14:06.85	14:31.70	
-- Erin Auel	7 Elk River	12:03.02	DQ	Rule 5-13-1, 3

**Girls 100 Meter Hurdles****9 Advance: Top 1 Each Heat plus Next 6 Best Times**

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Section: S 14.65		2001	Jacenta Spandl, Moorhead			
15.28		QUAL	State Qualifier			
Name	Year	School	Seed	Prelims	Wind	H#
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<b>Preliminaries</b>						
1	Jacqueline	Bergeron	12 St. Michael-Albe	15.54	16.06Q	NWI 3
2	Ruby	Gustofson	10 Sauk Rapids-Rice	16.62	16.23Q	NWI 1
3	Juslene	Chea	11 St. Michael-Albe	15.81	16.44Q	NWI 2
4	Shelby	Fischer	10 St. Michael-Albe	16.83	16.67q	NWI 3
5	Sydney	Aberle	12 Moorhead	16.34	16.80q	NWI 1
6	Delia	Gustofson	12 Sauk Rapids-Rice	17.81	17.25q	NWI 1
7	Natalie	Smith	10 Brainerd	16.78	17.36q	NWI 2
8	Hannah	Arika	10 Elk River	17.26	17.38q	NWI 1
9	Madi	Bertram	11 Brainerd	16.95	17.63q	NWI 2
10	Megan	Hartwig	11 Moorhead	17.38	17.67	NWI 2
11	Matia	Bruggeman	12 Brainerd	17.29	17.68	NWI 1
12	Lilly	Breitkreutz	10 Sartell	17.61	17.69	NWI 2
13	Sophia	Bowers	10 Rogers	16.94	17.71	NWI 3
14	Ellen	Miriovsky	11 Buffalo	17.48	18.01	NWI 3 18.003
15	Briella	Kiley	12 Sartell	17.83	18.01	NWI 1 18.007
16	Olivia	Riewe	12 Elk River	18.35	18.22	NWI 1
17	Wendi	Peterson	10 Sauk Rapids-Rice	17.96	18.29	NWI 3
18	Carly	Stock	10 Rogers	17.89	18.42	NWI 2
19	Joanna	Talso	10 Elk River	18.07	18.44	NWI 2
20	Quincey	Jackson	9 Buffalo	18.35	18.50	NWI 1
21	Laya	Robertson	10 Rogers	17.39	18.51	NWI 3
22	Lola	VanEngelenhoven	9 Bemidji	17.98	19.29	NWI 3
23	Mira	Prell	9 Buffalo	18.84	19.48	NWI 3
24	Isabelle	Oakes	10 Moorhead	18.65	19.57	NWI 2
25	Natalie	Rahm	12 Sartell	19.92	20.20	NWI 3

**Girls 100 Meter Hurdles**

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Section: S 14.65		2001	Jacenta Spandl, Moorhead			
15.28		QUAL	State Qualifier			
Name	Year	School	Prelims	Finals	Wind	Points
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<b>Finals</b>						
1	Jacqueline	Bergero	12 St. Michael-Albe	16.06	15.37	-1.0 10
2	Ruby	Gustofson	10 Sauk Rapids-Rice	16.23	15.71	-1.0 8
3	Juslene	Chea	11 St. Michael-Albe	16.44	15.85	-1.0 6
4	Shelby	Fischer	10 St. Michael-Albe	16.67	16.32	-1.0 5
5	Natalie	Smith	10 Brainerd	17.36	16.63	-1.0 4
6	Sydney	Aberle	12 Moorhead	16.80	16.76	-1.0 3
7	Hannah	Arika	10 Elk River	17.38	17.36	-1.0 2
8	Delia	Gustofson	12 Sauk Rapids-Rice	17.25	17.52	-1.0 1
9	Madi	Bertram	11 Brainerd	17.63	20.40	-1.0

**MSHSL Section 8AAA Championships**  
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**Results**

**Girls 300 Meter Hurdles****9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section: S 43.00 5/30/2014 Meleah Biermaier, Thief River						
45.85 QUAL State Qualifier						
Name	Year	School	Seed	Prelims	H#	
<b>Preliminaries</b>						
1	Camille	Weber	10 Sartell	49.57	48.69Q	2
2	Natalie	Smith	10 Brainerd	48.29	48.79Q	3
3	Shelby	Fischer	10 St. Michael-Albe	49.80	49.55Q	1
4	Annabelle	Hedlund	10 Moorhead	51.62	49.98q	2
5	Joanna	Talso	10 Elk River	49.71	50.00q	1
6	Mollie	Voss-Goeb	8 Elk River	51.10	50.65q	1
7	Madi	Bertram	11 Brainerd	50.50	51.12q	2
8	Aubrey	DeWitt	11 Bemidji	51.03	51.29q	2
9	Paige	Herbst	11 St. Michael-Albe	50.59	51.37q	3
10	Clara	Bieber	10 Bemidji	51.29	51.62	1
11	Carly	Stock	10 Rogers	53.04	52.75	3
12	Savannah	Schiltz	12 St. Michael-Albe	53.71	53.09	3
13	Hannah	Arika	10 Elk River	53.87	53.55	2
14	Ellen	Miriovsky	11 Buffalo	53.26	53.59	2 53.588
15	Matia	Bruggeman	12 Brainerd	50.60	53.59	3 53.589
16	Hawa	Schmidt	9 Sartell	53.55	53.77	2
17	Azauria	Abron	9 Rogers	54.05	53.81	1
18	Sophia	Bowers	10 Rogers	53.32	53.96	1
19	Fayrouz	Sonbol	11 Buffalo	54.29	54.04	1
20	Mira	Prell	9 Buffalo	53.34	54.16	1
21	Isabelle	Oakes	10 Moorhead	58.48	54.56	3
22	Greta	Verkuilen	10 Moorhead	53.71	54.67	3
23	Wendi	Peterson	10 Sauk Rapids-Rice	55.32	56.58	2
24	Aunna	Jackson	10 Sauk Rapids-Rice	56.62	56.70	3
25	Kaia	Gack	12 Sartell	51.81	57.87	3

**Girls 300 Meter Hurdles**

Section: S 43.00 5/30/2014 Meleah Biermaier, Thief River						
45.85 QUAL State Qualifier						
Name	Year	School	Prelims	Finals	Points	
<b>Finals</b>						
1	Natalie	Smith	10 Brainerd	48.79	47.56	10
2	Annabelle	Hedlund	10 Moorhead	49.98	48.42	8
3	Camille	Weber	10 Sartell	48.69	48.82	6
4	Paige	Herbst	11 St. Michael-Albe	51.37	49.03	5
5	Joanna	Talso	10 Elk River	50.00	49.41	4
6	Mollie	Voss-Goeb	8 Elk River	50.65	49.92	3
7	Madi	Bertram	11 Brainerd	51.12	50.07	2
8	Shelby	Fischer	10 St. Michael-Albe	49.55	50.22	1
9	Aubrey	DeWitt	11 Bemidji	51.29	51.15	

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**Girls 4x100 Meter Relay**

Section: S 48.74 5/30/2014 Alexandria, Alexandria  
 K Betterman, T Kaufman, M Urman, W Johnson  
 49.28 QUAL State Qualifier

School	Seed	Finals	Points
1 Moorhead	49.36	47.99SQUAL	10
1) Audrey Janich 11	2) Cipriana Jones 11		
3) Kaityn Walthers 10	4) Emnel Wotoe 11		
2 St. Michael-Albertville	48.92	48.76 QUAL	8
1) Raina Simat 12	2) Jarai Kamara 12		
3) Jada Dahlheimer 12	4) Claire Kvant 11		
3 Rogers	48.93	49.06 QUAL	6
1) Florence Leon 10	2) Jennifer Heilman 12		
3) Elizabeth Ikubese 11	4) Anya Schmidt 11		
4 Buffalo	50.77	50.23	5
1) Eden Johnson 11	2) Rose Lamberts 10		
3) Courtney Kotish 9	4) Allee Feldman 12		
5 Sartell	51.04	50.50	4
1) Camille Weber 10	2) Ella Kirchner 11		
3) Alexis Mentzer 11	4) Madeline Francois 12		
6 Elk River	50.82	51.30	3
1) Gabby Worloma 11	2) Tatiana Parker 9		
3) Chelsie Thom 12	4) Raegan Ellingson 10		
7 Brainerd	53.77	51.42	2
1) Hattie Duininck 10	2) Kenadie Paulson 8		
3) Lilly DeRosier 10	4) Lauren Castle 11		
8 Bemidji	52.59	51.90	1
1) Kylie Donat 12	2) Lauren Bruley 9		
3) Kaia Christopher 10	4) Addison Hill 10		
9 Sauk Rapids-Rice	53.92	54.11	
1) Sumalee Jacobson 10	2) Ruby Gustofson 10		
3) Delia Gustofson 12	4) Stella Lambaere 10		

**Girls 4x200 Meter Relay**

Section: S 1:42.94 6/3/2023 St. Michael-Albertville, St. Michael-  
 C Kvant, H Kvant, J Bergeron, E Kvant  
 1:44.18 QUAL State Qualifier

School	Seed	Finals	Points
1 Rogers	1:46.43	1:43.79 QUAL	10
1) Florence Leon 10	2) Reegan Schmidt 8		
3) Jennifer Heilman 12	4) Anya Schmidt 11		
2 St. Michael-Albertville	1:42.74	1:43.87 QUAL	8
1) Claire Kvant 11	2) Emma Kvant 10		
3) Gabriella Delgado 12	4) Jacqueline Bergeron 12		
3 Brainerd	1:46.64	1:44.56	6
1) Kenadie Paulson 8	2) Avery Duerr 10		
3) Ava Loney 11	4) Cora Clough 10		
4 Moorhead	1:47.58	1:47.12	5
1) Quinn Erickson 7	2) Nadia Davis 8		
3) Ara Warren 11	4) Kaityn Walthers 10		
5 Elk River	1:47.90	1:49.26	4
1) Gabby Worloma 11	2) Tatiana Parker 9		
3) Odell Kruah 11	4) Shiaflyn Cooper 9		



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**....Girls 4x200 Meter Relay**

6 Buffalo	1:52.02	1:53.78	3
1) Kennedy Herrboldt 10	2) Carley Kill 11		
3) Fayrouz Sonbol 11	4) Alyssa Simonson 8		
7 Bemidji	1:57.06	1:54.92	2
1) Ava Warner 12	2) Kaia Christopher 10		
3) Mya Lundeen 12	4) Lauren Bruley 9		
8 Sauk Rapids-Rice	1:56.42	1:55.29	1
1) Sire Traore 11	2) Emily Neumann 11		
3) Olivia Posch 11	4) Ayla Nygaard 10		

**Girls 4x400 Meter Relay**

Section: S 3:56.81 5/31/2003 Rocori, Rocori  
 Jungels, Nies, Decker, Wahlin  
 4:00.98 QUAL State Qualifier

School	Seed	Finals	Points
1 Sartell	4:06.74	4:03.39	10
1) Lainey Stavish 11	2) Madalyn Dockendorf 12		
3) Sawyer Timmer 11	4) Zoe Lain 11		
2 Buffalo	4:12.58	4:03.41	8
1) Rose Lamberts 10	2) Allee Feldman 12		
3) Miley Farniok 11	4) Hannah Braun 11		
3 Brainerd	4:11.00	4:04.85	6
1) Lilly DeRosier 10	2) Avery Duerr 10		
3) Cora Clough 10	4) Sophia Blanck 11		
4 Rogers	4:08.83	4:06.55	5
1) Reegan Schmidt 8	2) Myla Ballard 11		
3) Elizabeth Ikubese 11	4) Alexa Juntunen 9		
5 Moorhead	4:14.23	4:10.40	4
1) Kaityn Walthers 10	2) Cipriana Jones 11		
3) Quinn Erickson 7	4) Ava Dunnigan 11		
6 St. Michael-Albertville	4:12.68	4:12.38	3
1) Hailey Steffensmeier 10	2) Jensen Rogers 10		
3) Amarah Petersen 10	4) Adelyn Kennedy 12		
7 Bemidji	4:21.32	4:17.39	2
1) Alivia Thompson 10	2) Lola VanEngelenhoven 9		
3) Mia Hoffman 12	4) Clara Bieber 10		
8 Elk River	4:20.67	4:24.68	1
1) Amelia Horton 8	2) Joanna Talso 10		
3) Mollie Voss-Goeb 8	4) Elsie Ostmoe 10		
9 Sauk Rapids-Rice	4:33.64	4:31.64	
1) Faith Bogel 9	2) Sienna Petermeier 12		
3) Emily Neumann 11	4) Ayla Nygaard 10		

**Girls 4x800 Meter Relay**

Section: S 9:21.40 5/30/2014 Moorhead, Moorhead  
 E Hauf, M Kelly, M Johnson, A Selberg  
 9:35.31 QUAL State Qualifier

School	Seed	Finals	Points
1 Buffalo	9:35.46	9:24.61 QUAL	10
1) Cady Macheel 8	2) Miley Farniok 11		
3) Avery Larson 11	4) Hannah Braun 11		

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**....Girls 4x800 Meter Relay**

2 Brainerd	9:29.71	9:25.62	QUAL	8
1) Brooke Wenz 11	2) Madelyn Miller 11			
3) Annelise Baird 10	4) Sophia Blanck 11			
3 St. Michael-Albertville	9:41.56	9:36.93		6
1) Sophie Miller 7	2) Ady Hannon 9			
3) Abigayle Vossen 9	4) Makaela Malin 12			
4 Moorhead	10:20.93	10:08.72		5
1) Avery Nelson 9	2) Sophie Watson 9			
3) Addy Stordahl 10	4) Chloe Pesek 12			
5 Rogers	10:13.15	10:09.57		4
1) Cara Back 9	2) Lauren Barthel 7			
3) Emily Hoyt 9	4) Clara Mosley 8			
6 Elk River	10:17.34	10:11.54		3
1) Amelia Horton 8	2) Liliana Hoard 11			
3) Elissa Vasseur 11	4) Erin Auel 7			
7 Bemidji	10:09.62	10:15.61		2
1) Chloe Derby 8	2) Raya Nordlund 10			
3) Brenalen Fredriksen-Holm 9	4) Claire Story 10			
8 Sauk Rapids-Rice	10:57.03	11:11.18		1
1) Faith Bogel 9	2) Sienna Petermeier 12			
3) Layla Wolvert 9	4) Elka Sowada 10			
9 Sartell	12:15.00	12:26.86		
1) Abigail Williamson 12	2) Ava Lesniak 9			
3) Lola Sleggh 9	4) Lily Schmitz 11			

**Girls High Jump**

Section: S 5-08 2001 Jacenta Spandl, Moorhead											
5-02.00 QUAL State Qualifier											
Name	Year	School	Seed	Finals	Points						
1 Sophie Mahnke	12	Rogers	5-02.00	5-04.00	QUAL	10					
4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-01 5-02 5-04 5-05											
PPP PPP PPP PPP O O O XO O XO XXX											
2 Cora Clough	10	Brainerd	5-05.00	5-02.00	QUAL	8					
4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-01 5-02 5-04											
PPP PPP PPP PPP O O O O O O XXX											
3 Jessica Roth	12	St. Michael-Albe	5-00.00	5-01.00		6					
4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-01 5-02											
PPP PPP PPP O XXO O O XO XXX											
4 Ruby Gustofson	10	Sauk Rapids-Rice	5-00.00	5-01.00		5					
4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-01 5-02											
PPP PPP PPP XO O O XXO XO XXX											
5 Cail Jahnke	10	St. Michael-Albe	5-00.00	5-01.00		4					
4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-01 5-02											
PPP PPP PPP O O O O XXO XXX											
6 Carley Frank	10	Elk River	4-10.00	4-10.00		3					
4-00 4-02 4-04 4-06 4-08 4-10 5-00											
PPP PPP PPP O O XO XXX											
7 Kiana Hilary	11	Elk River	4-10.00	4-10.00		1.50					
4-00 4-02 4-04 4-06 4-08 4-10 5-00											
PPP PPP PPP O XO XXO XXX											
7 Kennedi Gack	11	Sartell	4-10.00	4-10.00		1.50					
4-00 4-02 4-04 4-06 4-08 4-10 5-00											
PPP PPP XO O O XXO XXX											

**MSHSL Section 8AAA Championships**  
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**....Girls High Jump**

9 Olivia Terhune	10 Sartell	5-00.00	4-08.00
4-00 4-02 4-04 4-06 4-08 4-10			
PPP PPP O O O XXX			
9 Kaia Gack	12 Sartell	5-00.00	4-08.00
4-00 4-02 4-04 4-06 4-08 4-10			
PPP PPP PPP O O XXX			
11 Lisa Tarwo	9 Moorhead	4-10.00	4-08.00
4-00 4-02 4-04 4-06 4-08 4-10			
PPP PPP O XO O XXX			
12 Chloe Gonska	9 Brainerd	4-10.00	4-08.00
4-00 4-02 4-04 4-06 4-08 4-10			
PPP PPP XO O XO XXX			
13 Lucy Engelstad	9 Brainerd	4-08.00	4-08.00
4-00 4-02 4-04 4-06 4-08 4-10			
PPP PPP O O XXO XXX			
14 Ellen Miriovsky	11 Buffalo	4-08.00	4-06.00
4-00 4-02 4-04 4-06 4-08			
O O XO O XXX			
14 Brooke Engebretson	10 Elk River	4-10.00	4-06.00
4-00 4-02 4-04 4-06 4-08			
PPP PPP XO O XXX			
16 Sydney Reining	12 Rogers	4-08.00	4-06.00
4-00 4-02 4-04 4-06 4-08			
PPP PPP PPP XO XXX			
16 Alexandra Meyer	10 St. Michael-Albe	4-10.00	4-06.00
4-00 4-02 4-04 4-06 4-08			
PPP PPP O XO XXX			
18 Ella Maurer	12 Rogers	5-00.00	4-06.00
4-00 4-02 4-04 4-06 4-08			
PPP PPP PPP XXO XXX			
19 Naeemah Adedokun	11 Moorhead	4-07.00	4-06.00
4-00 4-02 4-04 4-06 4-08			
PPP XO O XXO XXX			
20 Kate Siemek	9 Buffalo	4-06.00	4-04.00
4-00 4-02 4-04 4-06			
O O O XXX			
20 Emma Coulombe	11 Bemidji	4-04.00	4-04.00
4-00 4-02 4-04 4-06			
O O O XXX			
22 Josey LaValley	12 Bemidji	4-00.00	4-02.00
4-00 4-02 4-04			
O XXO XXX			
-- Danica Felland	11 Moorhead	4-11.00	NH
4-00 4-02 4-04			
PPP PPP XXX			
-- Macy Dubois	10 Buffalo	4-06.00	NH
4-00			
XXX			

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**Girls Pole Vault**

Section: S 11-06 2004		Andrea Smith, Bemidji					
10-11.00		QUAL State Qualifier					
Name	Year	School	Seed	Finals	Points		
1	Jacqueline Bergero	12 St. Michael-Albe	11-06.00	10-11.00	QUAL	10	
	9-11 10-05 10-08 10-11 11-05						
	O O XO O XXX						
2	Jada Dahlheimer	12 St. Michael-Albe	10-06.00	10-08.00		8	
	9-05 9-11 10-05 10-08 10-11						
	O O XO XO XXX						
3	Kate Miriovsky	11 Buffalo	9-11.00	10-05.00		6	
	8-05 8-11 9-05 9-11 10-05 10-08						
	O O O O XXO XXX						
4	Megan Hartwig	11 Moorhead	11-03.00	9-11.00		5	
	9-05 9-11 10-05						
	O O XXX						
5	Alyson Herfel	12 St. Michael-Albe	10-06.00	9-11.00		4	
	8-11 9-05 9-11 10-05						
	XO O O XXX						
6	Ryen Ness	11 Moorhead	9-09.00	9-11.00		3	
	8-05 8-11 9-05 9-11 10-05						
	O O XO XXO XXX						
7	Ally Rekstad	11 Elk River	9-06.00	9-05.00		2	
	8-11 9-05 9-11						
	O O XXX						
8	Chloe Knott	12 Bemidji	9-06.00	9-05.00		1	
	8-05 8-11 9-05 9-11						
	XO O O XXX						
9	Sumalee Jacobson	10 Sauk Rapids-Rice	9-04.00	9-05.00			
	7-05 8-05 8-11 9-05 9-11						
	O O XO XO XXX						
10	Autumn Schiller	11 Brainerd	9-03.00	9-05.00			
	7-05 8-05 8-11 9-05 9-11						
	O XO O XXO XXX						
11	Courtney Kotish	9 Buffalo	8-11.00	8-11.00			
	7-05 8-05 8-11 9-05						
	XO XO O XXX						
11	Jocelyn Douvier	9 Rogers	7-00.00	8-11.00			
	6-05 7-05 8-05 8-11 9-05						
	O O XXO O XXX						
13	Abigail Tanner	12 Brainerd	9-00.00	8-05.00			
	7-05 8-05 8-11						
	O O XXX						
13	Ava Mattison	10 Moorhead	9-00.00	8-05.00			
	6-05 7-05 8-05 8-11						
	O O O XXX						
15	Avayah McMillen	10 Sauk Rapids-Rice	8-04.00	8-05.00			
	7-05 8-05 8-11						
	O XXO XXX						
16	Mollie Voss-Goeb	8 Elk River	7-06.00	7-05.00			
	6-05 7-05 8-05						
	O O XXX						
16	Elise Henderson	8 Elk River	7-00.00	7-05.00			
	6-05 7-05 8-05						
	O O XXX						

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**Results**

**....Girls Pole Vault**

16 Zoie Vorachith	10 Sartell	7-10.00	7-05.00
6-05 7-05 8-05			
0 0 XXX			
19 Aphia Kruger	11 Buffalo	7-06.00	7-05.00
6-05 7-05 8-05			
0 XO XXX			
20 Elizabeth Saucedo	11 Rogers	7-00.00	7-05.00
6-05 7-05 8-05			
0 XXO XXX			
21 Kylie Donat	12 Bemidji	7-06.00	6-05.00
6-05 7-05			
0 XXX			
22 Hayvenn Schroeder	9 Sartell	6-06.00	6-05.00
6-05 7-05			
XO XXX			
-- Paige Snider	10 Sartell	7-00.00	NH
6-05			
XXX			
-- Casey Story	10 Bemidji	7-00.00	DNS
-- Alyssa Schommer	12 Brainerd	7-08.00	DNS

**Girls Long Jump**

Section: S 18-05.50 5/28/2014 Jodi Lipp, St. Cloud Te  
 17-04.00 QUAL State Qualifier

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Reegan Schmidt	8	Rogers	17-01.50	17-04.00 QUAL	NWI	3	10
16-11.50(+0.0)	16-10(+0.0)	16-08.50(1.9)	16-03.50(+0.0)	16-04.50(+0.0)	17-04(+0.0)		
2 Cipriana Jones	11	Moorhead	17-00.00	16-08.50	NWI	3	8
16-00.50(+0.0)	16-01.50(0.9)	15-07(+0.0)	16-02.50(+0.0)	16-04(0.1)	16-08.50(+0.0)		
3 Ava Loney	11	Brainerd	16-09.50	16-07.00	NWI	3	6
16-07(0.3)	FOUL(+0.0)	FOUL(+0.0)	16-02(+0.0)	FOUL(+0.0)	FOUL(2.8)		
4 Madeline Francois	12	Sartell	16-08.50	16-04.00	NWI	3	5
FOUL(1.5)	15-09(+0.0)	16-02(+0.0)	16-04(+0.0)	15-09.50(+0.0)	16-00(+0.0)		
5 Britta Demar	12	Elk River	16-08.50	16-04.00	NWI	3	4
FOUL(0.5)	16-04(1.1)	15-08(+0.0)	15-08(+0.0)	16-01.50(0.9)	13-09.50(+0.0)		
6 Raina Simat	12	St. Michael-Albe	16-05.00	16-03.50	NWI	3	3
15-01.50(0.6)	15-00(0.7)	16-03.50(1.7)	16-03.50(+0.0)	16-01.50(+0.0)	15-07.50(-0.3)		
7 Juslene Chea	11	St. Michael-Albe	16-06.50	16-03.00	NWI	3	2
15-08(-0.0)	15-09(2.0)	14-11(+0.0)	16-03(0.3)	15-07(+0.0)	15-10(0.7)		
8 Kennedi Gack	11	Sartell	16-05.00	16-02.50	NWI	3	1
16-02.50(-1.0)	FOUL(1.2)	FOUL(+0.0)	FOUL(+0.0)	16-02.50(+0.0)	FOUL(+0.0)		
9 Lainey Stavish	11	Sartell	16-02.00	15-10.00	NWI	2	
14-08(+0.0)	10-08(2.0)	15-10(3.1)	FOUL(-0.1)	14-11(+0.0)	14-01(+0.0)		
10 Adelyn Utes	8	Rogers	15-11.25	15-07.50	NWI	2	
13-09(1.1)	15-07.50(2.0)	FOUL(2.9)					
11 Clara Bieber	10	Bemidji	15-00.00	15-05.00	NWI	1	
15-03(+0.0)	14-10(0.3)	15-05(+0.0)					
12 Eden Johnson	11	Buffalo	16-00.00	15-04.50	NWI	2	
14-04(+0.0)	14-04(1.6)	15-04.50(2.7)					
13 Ruby Martin	7	Moorhead	15-07.00	15-00.00	NWI	2	
14-08(+0.0)	15-00(0.1)	14-10.50(1.6)					
14 Audrey Janich	11	Moorhead	16-03.00	14-11.50	NWI	2	
14-08(1.1)	14-11.50(0.5)	14-08(+0.0)					

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**....Girls Long Jump**

15	Ayla Nygaard	10 Sauk Rapids-Rice	15-02.50	14-09.50	NWI	2
	FOUL(1.1) 13-05.50(1.1) 14-09.50(1.7)					
16	Wendi Peterson	10 Sauk Rapids-Rice	15-04.50	14-09.00	NWI	2
	14-09(0.8) 14-00(+0.0) FOUL(2.5)					
17	Brooklyn Barnes	9 Brainerd	15-02.00	14-09.00	NWI	1
	FOUL(2.1) 14-09(1.0) FOUL(0.1)					
18	Lori Omollo	12 Elk River	15-00.00	14-08.00	NWI	1
	13-10(1.0) 14-08(+0.0) 13-06(+0.0)					
19	Dillon Mehrer	11 Elk River	16-03.50	14-04.00	NWI	2
	14-04(1.3) 13-03(0.4) FOUL(1.7)					
20	Kate Miriovsky	11 Buffalo	14-09.00	13-11.50	NWI	1
	13-04.50(0.1) 13-11.50(1.0) FOUL(+0.0)					
21	Claire Martin	9 Buffalo	13-11.50	13-11.00	NWI	1
	13-08(0.2) 13-03(+0.0) 13-11(1.4)					
22	Payton Meyer	10 Brainerd	14-07.75	13-10.00	NWI	1
	13-07(2.3) FOUL(1.9) 13-10(0.5)					
23	Emily Neumann	11 Sauk Rapids-Rice	14-07.50	13-08.00	NWI	1
	FOUL(1.4) 13-08(1.5) 13-05.50(+0.0)					
24	Kylie Donat	12 Bemidji	13-05.00	13-04.00	NWI	1
	13-04(+0.0) 12-10(1.7) 13-04(1.3)					
25	Florence Leon	10 Rogers	15-06.50	13-02.00	NWI	2
	FOUL(+0.0) 12-07.50(0.2) 13-02(1.5)					
26	Evie Bjornrud	9 Bemidji	14-00.00	13-01.00	NWI	1
	FOUL(1.8) 13-01(+0.0) FOUL(+0.0)					
--	Judsona Chea	12 St. Michael-Albe	16-07.00	DNS	NWI	3

**Girls Triple Jump**

Section: S 38-08.50 6/3/2017 Ashley Warne, Moorhead Sen  
 36-02.00 QUAL State Qualifier

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Gabriella Keefer	11	St. Michael-Albe	37-05.50	37-06.75 QUAL	+0.0	3	10
	FOUL FOUL 37-06.75(+0.0) FOUL FOUL 37-01.75(+0.0)						
2 Shiaflyn Cooper	9	Elk River	37-08.75	36-09.75 QUAL	1.9	3	8
	36-04.75(+0.0) 36-04.75(2.1) 36-09.75(1.9) 36-05(1.9) 36-07.25(2.4) FOUL						
3 Elizabeth Ikubese	11	Rogers	35-03.00	36-05.25 QUAL	2.3	3	6
	FOUL 34-04.25(1.8) 35-02.75(1.8) 34-07(1.7) 35-08.25(0.7) 36-05.25(2.3)						
4 Ara Warren	11	Moorhead	34-10.00	36-03.50 QUAL	+0.0	3	5
	36-03.50(+0.0) FOUL FOUL 35-10(1.4) 36-00(1.5) 36-03.25(0.3)						
5 Raina Simat	12	St. Michael-Albe	35-06.50	35-09.75	1.6	3	4
	34-02(0.4) 35-04.75(1.2) 34-11.50(2.1) 34-05.50(1.3) 34-04.75(1.0) 35-09.75(1.6)						
6 Alexis Mentzer	11	Sartell	34-06.00	35-07.50	2.4	3	3
	34-11.25(+0.0) FOUL 33-08.75(1.1) 35-07.50(2.4) 35-01.75(2.3) 34-05.50(2.1)						
7 Juslene Chea	11	St. Michael-Albe	36-07.75	35-07.00	1.2	3	2
	34-05.50(2.1) 34-11(0.3) 35-03(1.6) 34-10.25(1.7) 35-06.75(1.4) 35-07(1.2)						
8 Anna Nordby	12	Sartell	32-10.00	33-06.25	2.3	2	1
	FOUL FOUL 33-03.75(2.3) 33-00.25(1.7) 33-06.25(2.3) 33-02.75(0.5)						
9 Ella Maurer	12	Rogers	32-10.50	33-03.50	1.7	2	
	FOUL FOUL 33-03.50(1.7) FOUL 32-06.25(1.3) FOUL						
10 Eden Johnson	11	Buffalo	33-01.75	32-11.75	1.1	3	
	32-09.75(1.0) 32-11.75(1.1) FOUL						
11 Clara Bieber	10	Bemidji	31-02.50	32-08.75	1.5	1	
	32-03(1.2) 32-03(+0.0) 32-08.75(1.5)						

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Girls Triple Jump**

12	Maki-Lynn Westerma	11 Bemidji	33-01.00	32-06.25	1.2	2
	31-04(+0.0)	31-07(1.3)	32-06.25(1.2)			
13	Hannah Arika	10 Elk River	32-01.00	32-04.25	0.5	2
	32-04.25(0.5)	FOUL	32-03.50(2.5)			
14	Wendi Peterson	10 Sauk Rapids-Rice	31-01.00	32-02.25	+0.0	1
	29-02(0.4)	31-02.50(+0.0)	32-02.25(+0.0)			
15	Lauren Castle	11 Brainerd	31-11.75	31-11.50	0.2	1
	FOUL	FOUL	31-11.50(0.2)			
16	Britta Demar	12 Elk River	33-01.50	31-10.25	0.1	2
	31-07.75(0.8)	31-10.25(0.1)	FOUL			
17	Madelyn Sather	11 Moorhead	33-07.00	31-08.75	1.6	3
	31-08.75(1.6)	FOUL	30-06.75(1.7)			
18	Sophia Zupan	12 Buffalo	32-01.75	31-04.50	1.8	2
	31-01.50(1.4)	30-04.75(2.1)	31-04.50(1.8)			
19	Brooke Legatt	12 Sartell	31-09.00	31-03.50	0.8	1
	31-03.50(0.8)	FOUL	30-09.75(0.5)			
20	Payton Meyer	10 Brainerd	32-02.00	30-01.25	1.6	2
	FOUL	FOUL	30-01.25(1.6)			
21	Hannah Solorz	10 Sauk Rapids-Rice	30-02.00	29-10.50	+0.0	1
	29-01.75(1.4)	28-11.75(+0.0)	29-10.50(+0.0)			
22	Hayley Shult	12 Buffalo	31-06.75	29-06.25	0.5	1
	29-06.25(0.5)	FOUL	29-05.50(1.7)			
23	Alexis Stuber	10 Moorhead	30-03.75	29-06.00	+0.0	1
	28-09.50(+0.0)	29-06(+0.0)	FOUL			
24	Adelyn Utes	8 Rogers	32-08.00	29-03.00	1.3	2
	FOUL	29-03(1.3)	PASS			
25	Katherine Corradi	11 Bemidji	29-04.75	29-02.25	1.8	1
	29-02.25(1.8)	FOUL	28-06.25(1.5)			
--	Alyssa Schommer	12 Brainerd	31-11.75	DNS	NWI	2

**Girls Shot Put**

Section: S 47-06 6/2/2018 Mya Lesnar, Alexandria							
38-02.00 QUAL State Qualifier							
Name	Year	School	Seed	Finals	H#	Points	
1	Anya Schmidt	11 Rogers	41-10.50	42-00.25	QUAL	3	10
	41-08.50	40-11	FOUL	FOUL	42-00.25	41-10	
2	Andrea Rodenwald	12 Buffalo	36-03.25	36-10.75		3	8
	31-07.75	36-10.75	FOUL	34-09.50	34-02.25	34-10.50	
3	Kiana Hilary	11 Elk River	33-02.00	36-02.00		2	6
	36-02	33-03.75	32-08.75	30-04	28-06.25	30-10.75	
4	Brooke Mushatt	12 Sauk Rapids-Rice	34-00.00	35-10.75		2	5
	34-07.75	32-07.75	35-04.25	35-10.75	33-11.25	32-08.25	
5	Aubrey Flynn	12 Sartell	35-00.00	35-03.50		3	4
	FOUL	28-09.50	35-03.50	32-05	34-01.25	FOUL	
6	Mirabelle Enz	12 Moorhead	34-07.00	35-02.75		3	3
	34-04.75	35-02.75	34-00	FOUL	34-09	FOUL	
7	Kajsa Finnern	12 Sartell	35-09.50	35-02.50		3	2
	32-05.25	32-07.25	33-11.75	34-05.25	35-02.50	32-07.75	
8	Dillon Mehrer	11 Elk River	34-05.00	34-08.00		3	1
	34-08	33-02.25	FOUL	34-02.25	FOUL	FOUL	
9	Kendyl Dawson	9 Rogers	35-04.00	34-06.75		3	
	34-06.75	29-09	33-00.50	33-11.50	33-09.25	31-09.50	

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Girls Shot Put**

10	Kaylie Cox	12	St. Michael-Albe	35-05.50	33-10.50	3
	33-10.50	FOUL	FOUL			
11	Krysti Achu-Chick	12	Rogers	32-00.50	33-05.75	2
	32-06.25	33-05.75	32-10.75			
12	Chloe Peterson	12	St. Michael-Albe	35-07.25	33-04.00	3
	33-04	31-08.75	32-05.25			
13	Serena Caspers	10	Brainerd	32-10.50	32-05.50	2
	32-05.50	30-07.75	FOUL			
14	Matisse Hahn	10	Elk River	31-06.75	31-07.00	2
	FOUL	30-08.25	31-07			
15	Elizabeth Cassady	11	Buffalo	31-00.75	31-05.25	1
	31-01.50	31-01	31-05.25			
16	Kalei Peniata	9	St. Michael-Albe	34-04.00	31-05.25	2
	30-08.25	31-05.25	FOUL			
17	Lily Schmitz	11	Sartell	31-02.75	31-04.25	1
	30-08.25	29-06.25	31-04.25			
18	Hazel Schmidt	9	Moorhead	31-03.00	30-11.75	2
	30-11.75	27-04	30-08.50			
19	Tahlia Rintala	12	Bemidji	30-00.00	30-04.75	1
	29-00.25	29-03.50	30-04.75			
20	Marlee Walker	11	Buffalo	31-10.25	30-02.00	2
	30-02	28-09.50	29-11			
21	Lauren Vanvickle	10	Sauk Rapids-Rice	30-01.00	29-04.25	1
	29-04.25	26-03.50	28-08.25			
22	Sidney Zimmerman	12	Moorhead	30-11.00	29-01.00	1
	28-03	27-08.75	29-01			
23	Braelyn Ruport	9	Bemidji	28-03.00	27-01.50	1
	27-01.50	25-10.25	24-00			
24	Isabelle Ploof	10	Brainerd	31-10.25	26-08.00	2
	26-08	25-02.50	FOUL			
25	Katelyn Anderson	12	Sauk Rapids-Rice	25-09.00	26-03.25	1
	26-03.25	FOUL	FOUL			
26	Elizabeth Youso	11	Bemidji	30-02.00	26-01.25	1
	26-01.25	25-11.50	25-05.50			
27	Affinity Vandenare	9	Brainerd	27-02.50	25-03.50	1
	25-03.50	FOUL	FOUL			

**Girls Discus Throw**

Section: S 157-06 1992 Sandi Fuschs, Rocori  
 124-02 QUAL State Qualifier

Name	Year	School	Seed	Finals	H#	Points
1 Chloe Peterson	12	St. Michael-Albe	114-11	118-02.00	3	10
		FOUL	FOUL	110-10	118-02	FOUL
2 Krysti Achu-Chick	12	Rogers	110-09	117-02.00	3	8
	113-00	117-02	110-00	FOUL	FOUL	114-08
3 Kaylie Cox	12	St. Michael-Albe	111-07	114-08.00	3	6
	98-02	102-03	114-08	108-08	96-01	104-00
4 Kajsa Finnern	12	Sartell	107-04	110-02.00	2	5
	110-02	100-00	108-01	FOUL	FOUL	99-03
5 Kayla Cook	11	Elk River	110-09	108-08.00	3	4
	104-08	108-03	108-08	FOUL	FOUL	101-10
6 Isabelle Ploof	10	Brainerd	104-07	108-04.00	2	3
	90-05	108-04	99-10	FOUL	99-05	97-03



**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Girls Discus Throw**

7	Elizabeth Cassady	11	Buffalo	107-09	107-07.00	3	2
	107-07 105-01 105-10 104-07		FOUL FOUL				
8	Andrea Rodenwald	12	Buffalo	96-05	105-01.00	2	1
	90-08 97-09 103-04 96-01 94-02 105-01						
9	Lily Schmitz	11	Sartell	105-11	101-04.00	2	
	94-05 101-03 FOUL 101-04 FOUL FOUL						
10	Sienna Petermeier	12	Sauk Rapids-Rice	93-07	98-08.00	1	
	98-08 83-03 88-11						
11	Melyssa Braesch	11	Rogers	94-08	95-01.00	2	
	86-08 90-10 95-01						
12	Kiana Hilary	11	Elk River	94-01	92-10.00	2	
	FOUL 92-10 FOUL						
13	Brooke Mushatt	12	Sauk Rapids-Rice	131-01	92-09.00	3	
	FOUL FOUL 92-09						
14	Dillon Mehrer	11	Elk River	106-03	89-04.00	2	
	89-04 FOUL 80-08						
15	Chelsea Neba	12	St. Michael-Albe	92-08	88-11.00	1	
	85-05 FOUL 88-11						
16	Anya Schmidt	11	Rogers	135-06	88-09.00	3	
	88-09 FOUL FOUL						
17	Elizabeth Youso	11	Bemidji	85-07	82-11.00	1	
	69-00 82-11 70-11						
18	Samantha Cox	9	Bemidji	83-03	80-02.00	1	
	FOUL 80-02 74-06						
19	Affinity Vandenare	9	Brainerd	75-08	79-08.00	1	
	63-02 67-06 79-08						
20	Abigail Johnson	12	Bemidji	78-07	74-08.00	1	
	74-08 FOUL FOUL						
21	Serena Caspers	10	Brainerd	85-08	73-05.00	1	
	65-10 FOUL 73-05						
22	Sidney Zimmerman	12	Moorhead	87-05	73-01.00	1	
	FOUL FOUL 73-01						
23	Hazel Schmidt	9	Moorhead	80-06	64-10.00	1	
	FOUL FOUL 64-10						
--	Cambelle Feldman	11	Buffalo	107-09	FOUL	3	
	FOUL FOUL FOUL						
--	Mirabelle Enz	12	Moorhead	115-01	FOUL	3	
	FOUL FOUL FOUL						
--	Ava Fiedler	10	Sartell	96-08	FOUL	2	
	FOUL FOUL FOUL						
--	Lauren Vanvickle	10	Sauk Rapids-Rice	100-02	FOUL	2	
	FOUL FOUL FOUL						

**Boys 100 Meter Dash****9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section: S 10.70 1985 Rob Nielsen, Moorhead  
 11.11 QUAL State Qualifier

Name	Year	School	Seed	Prelims	Wind	H#
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## Preliminaries

1	Saul Rhodes	10	Buffalo	11.10	10.92QQUAL	NWI	1
2	Muhiz Bada	12	St. Michael-Albe	10.87	11.31Q	NWI	3
3	Rufus Kermee	11	Moorhead	10.98	11.37Q	NWI	2
4	Zak Walker	9	Moorhead	11.21	11.33q	NWI	3

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Boys 100 Meter Dash**

5	Madison Suah	10	Moorhead	11.35	11.43q	NWI	1
6	Ontario Tate-Beaulieu	12	Bemidji	11.61	11.56q	NWI	1
7	Brecken Keoraj	11	Elk River	11.18	11.59q	NWI	2 11.584
8	Caleb Crawford	11	Buffalo	11.81	11.59q	NWI	1 11.589
9	Gavin Schmidt	11	Elk River	11.39	11.61q	NWI	2 11.604
10	Ryan Cramer	12	Elk River	11.33	11.61	NWI	1 11.606
11	Jake Merseeth	12	Brainerd	11.60	11.62	NWI	1
12	Andrew McClellan	11	Sartell	11.25	11.67	NWI	3
13	Austin Asher	10	Brainerd	11.28	11.73	NWI	2
14	Evan Hardy	9	Sauk Rapids-Rice	11.53	11.77	NWI	3
15	Anthony Colotti	11	St. Michael-Albe	11.53	11.78	NWI	3
16	Gauge Alsen	12	Buffalo	11.75	11.89	NWI	3
17	Anders Haroldson	11	Sartell	11.89	12.04	NWI	3
18	Travis Albrecht	10	Brainerd	11.81	12.07	NWI	1
19	Landyn Stavos	9	Sartell	11.89	12.10	NWI	2 12.092
20	Ethan Elwood	10	Sauk Rapids-Rice	11.78	12.10	NWI	2 12.100
21	Taylen Schemerhorn	10	Bemidji	11.59	12.13	NWI	2
22	Darien Carter	10	Rogers	11.70	12.18	NWI	3 12.171
23	My Kha Phan	10	Sauk Rapids-Rice	11.99	12.18	NWI	3 12.178
24	Chris Naklen	10	Rogers	11.68	12.30	NWI	2
25	Ephram Boucher	11	Bemidji	12.03	12.48	NWI	2
26	Aiden McGraw	10	Rogers	12.55	12.55	NWI	1
--	James Sornberger	12	St. Michael-Albe	11.13	DNF	NWI	1

**Boys 100 Meter Dash**

Section: S 10.70 1985 Rob Nielsen, Moorhead  
 11.11 QUAL State Qualifier

Name	Year	School	Prelims	Finals	Wind	Points
<b>Finals</b>						
1	Saul Rhodes	10	Buffalo	10.92	10.94 QUAL	-1.2 10
2	Rufus Kermee	11	Moorhead	11.37	11.11 QUAL	-1.2 8
3	Muhiz Bada	12	St. Michael-Albe	11.31	11.16	-1.2 6 11.156
4	Zak Walker	9	Moorhead	11.33	11.16	-1.2 5 11.158
5	Madison Suah	10	Moorhead	11.43	11.24	-1.2 4
6	Brecken Keoraj	11	Elk River	11.59	11.25	-1.2 3
7	Caleb Crawford	11	Buffalo	11.59	11.47	-1.2 2
8	Gavin Schmidt	11	Elk River	11.61	11.55	-1.2 1
9	Ontario Tate-Beaul	12	Bemidji	11.56	11.61	-1.2

**Boys 200 Meter Dash**

**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section: S 21.60 6/3/2023 Michael Haugo, Moorhead  
 22.12 QUAL State Qualifier

Name	Year	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1	Rufus Kermee	11	Moorhead	22.60	22.88Q	NWI 2
2	Muhiz Bada	12	St. Michael-Albe	22.51	22.91Q	NWI 3
3	Saul Rhodes	10	Buffalo	22.71	22.99Q	NWI 1
4	Austin Asher	10	Brainerd	23.12	23.20q	NWI 2
5	Avann Salman	12	Moorhead	23.37	23.22q	NWI 2
6	Jacob Dinius	12	St. Michael-Albe	22.76	23.23q	NWI 2

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Boys 200 Meter Dash**

7	Jackson Freeman	10	Elk River	23.41	23.29q	NWI	3
8	William Barthel	12	St. Michael-Albe	23.11	23.31q	NWI	3
9	DJ Smith	12	Moorhead	22.99	23.34q	NWI	3
10	Brandon Stark	12	Brainerd	22.75	23.36	NWI	1
11	Luke Loidolt	11	Sauk Rapids-Rice	23.25	23.47	NWI	1
12	Evan Hardy	9	Sauk Rapids-Rice	23.82	23.52	NWI	1
13	Andrew McClellan	11	Sartell	23.22	23.66	NWI	1
14	Ontario Tate-Beaulieu	12	Bemidji	23.64	23.89	NWI	2
15	Charlie Pikula	12	Brainerd	23.98	24.05	NWI	3
16	Benjamin Hickman	11	Elk River	23.59	24.15	NWI	3
17	Connor Winkelman	9	Sauk Rapids-Rice	23.77	24.18	NWI	1
18	Trenten Fredriksen-Holm	11	Bemidji	24.00	24.22	NWI	3
19	Landyn Stavos	9	Sartell	24.00	24.25	NWI	2
20	Noah Strouth	10	Rogers	23.98	24.47	NWI	2
21	Jagger Sasse	10	Elk River	24.21	24.56	NWI	1
22	Anders Haroldson	11	Sartell	24.28	24.75	NWI	1
23	Ethan Lynch	11	Rogers	25.00	24.94	NWI	3
24	Dawson Degelder	11	Bemidji		25.10	NWI	2
25	Darrien Carter	10	Rogers	24.58	25.46	NWI	2
26	Jacob Hahessy	10	Buffalo	25.00	25.56	NWI	3

**Boys 200 Meter Dash**

Section: S 21.60 6/3/2023 Michael Haugo, Moorhead  
 22.12 QUAL State Qualifier

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1	Muhiz Bada	12	St. Michael-Albe	22.91	22.51	-0.4 10
2	Rufus Kermee	11	Moorhead	22.88	22.53	-0.4 8
3	Saul Rhodes	10	Buffalo	22.99	22.62	-0.4 6
4	Jacob Dinius	12	St. Michael-Albe	23.23	22.94	-0.4 5
5	DJ Smith	12	Moorhead	23.34	23.01	-0.4 4
6	Austin Asher	10	Brainerd	23.20	23.04	-0.4 3
7	Jackson Freeman	10	Elk River	23.29	23.06	-0.4 2
8	William Barthel	12	St. Michael-Albe	23.31	23.20	-0.4 1
9	Avann Salman	12	Moorhead	23.22	24.25	-0.4

**Boys 400 Meter Dash****Top 9 Advance by Time**

Section: S 48.59 5/30/2014 Brett Lawrence, Moorhead  
 49.95 QUAL State Qualifier

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Baylor Stebbins	12	Sartell	50.29	50.35q 2
2	Tate Songstad	12	St. Michael-Albe	49.19	50.87q 3
3	Landon Carrell	11	Buffalo	50.96	51.39q 1
4	Jacob Dinius	12	St. Michael-Albe	51.77	52.23q 1
5	Mason Foss	12	Sauk Rapids-Rice	53.74	52.90q 3
6	Owen Thielges	11	Moorhead	52.07	53.10q 2
7	Gage Kloster	11	St. Michael-Albe	53.36	54.10q 3
8	Carter Mielke	11	Brainerd	54.50	54.12q 1
9	Rhett Lemmerhirt	10	Brainerd	54.97	54.70q 1

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Boys 400 Meter Dash**

10	Wyatt Zimny	9	Sartell	55.71	54.92	3
11	Easton Colby	12	Rogers	55.36	55.01	3
12	Samuel Rein-Strutz	11	Moorhead	54.35	55.05	2
13	Aurek Zielinski	11	Moorhead		55.07	3
14	Logan Kolasa	11	Buffalo	55.34	55.57	2
15	Archer Smith	10	Elk River	56.97	56.07	1
16	Garek Rubel	10	Sauk Rapids-Rice	57.01	56.83	1
17	Dreyden Lauderbaugh	10	Bemidji	57.67	57.20	1
18	Liam Larson	9	Bemidji	59.51	57.21	3
19	William Lohse	9	Bemidji	57.93	57.57	1
20	Mutalah Secka	10	Elk River	57.04	57.83	3
21	Tabio Badio	10	Elk River	56.96	58.13	2
22	Cameron Ryks	12	Buffalo	58.26	59.17	2
23	Manuel Garcia Fuentes	12	Rogers	57.53	59.21	3
24	Zachary Kardell	10	Sauk Rapids-Rice	57.01	59.22	2
25	Parker Daiker-Broeska	12	Rogers	57.56	59.30	2

**Boys 400 Meter Dash**

Section: S 48.59 5/30/2014 Brett Lawrence, Moorhead  
 49.95 QUAL State Qualifier

Name	Year	School	Prelims	Finals	Points
<b>Finals</b>					
1	Tate Songstad	12 St. Michael-Albe	50.87	49.26 QUAL	10
2	Baylor Stebbins	12 Sartell	50.35	49.62 QUAL	8
3	Landon Carrell	11 Buffalo	51.39	50.33	6
4	Jacob Dinius	12 St. Michael-Albe	52.23	51.75	5
5	Owen Thielges	11 Moorhead	53.10	52.17	4
6	Mason Foss	12 Sauk Rapids-Rice	52.90	52.45	3
7	Gage Kloster	11 St. Michael-Albe	54.10	53.36	2
8	Rhett Lemmerhirt	10 Brainerd	54.70	53.79	1
9	Carter Mielke	11 Brainerd	54.12	54.67	

**Boys 800 Meter Run**

**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Section: S 1:54.79 6/1/2022 Jared Gregoire, Buffalo  
 1:56.59 QUAL State Qualifier

Name	Year	School	Seed	Prelims	H#
<b>Preliminaries</b>					
1	Jacob Macheel	11 Buffalo	1:58.99	1:58.96Q	1
2	Sawyer Rueckert	12 Elk River	1:56.80	2:00.21Q	3
3	Leif Hoffman	12 Brainerd	2:02.92	2:01.41Q	2
4	Cyrus Shrestha	9 Rogers	1:59.91	2:00.75Q	1
5	Eli Schlichting	10 Moorhead	2:02.83	2:00.89Q	3
6	Brandon Stark	12 Brainerd	1:57.44	2:01.42Q	2
7	Adam Allery	12 Bemidji	2:02.90	2:01.36q	3
8	Alex Ostendorf	12 Sauk Rapids-Rice	2:02.92	2:01.95q	1
9	Jay Weitgenant	11 Sartell	2:01.12	2:02.03q	2
10	Caleb Knott	10 Bemidji	2:04.10	2:02.71	3
11	William Negaard	12 St. Michael-Albe	2:09.01	2:03.06	3
12	Ethan Copeland	12 Moorhead	2:04.05	2:03.58	2
13	Lance Hastings	12 Brainerd	2:05.36	2:03.68	2

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Boys 800 Meter Run**

14 Collin Berg	12 Buffalo	2:03.03	2:03.79	1
15 Tanner Johnson	10 Bemidji	2:06.55	2:04.27	1
16 Owen Negaard	12 St. Michael-Albe	2:04.93	2:05.90	3
17 Ian Schimmelpfennig	10 Moorhead	2:08.34	2:07.43	1
18 Spencer Feyo	8 Rogers	2:09.86	2:08.18	2
19 Gabriel Roehl	9 Buffalo	2:08.35	2:08.66	2
20 Austin Back	12 Rogers	2:11.19	2:08.85	1
21 John Pesta	9 Sauk Rapids-Rice	2:11.89	2:09.98	1
22 Brycen Pierce	10 St. Michael-Albe	2:13.30	2:10.54	3
23 Beck Cleaveland	10 Elk River	2:13.22	2:13.07	2
24 Collin Wiebe	12 Sauk Rapids-Rice	2:08.57	2:13.51	3
25 Kristoff Haroldson	9 Sartell	2:22.71	2:21.55	2
26 Brodyn Vetsch	8 Elk River	2:24.84	2:28.05	1

**Boys 800 Meter Run**

Section: S 1:54.79 6/1/2022 Jared Gregoire, Buffalo  
 1:56.59 QUAL State Qualifier

Name	Year School	Prelims	Finals	Points
<b>Finals</b>				
1 Sawyer Rueckert	12 Elk River	2:00.21	1:56.92	10
2 Brandon Stark	12 Brainerd	2:01.42	1:58.38	8
3 Alex Ostendorf	12 Sauk Rapids-Rice	2:01.95	2:01.03	6
4 Jay Weitgenant	11 Sartell	2:02.03	2:01.68	5
5 Cyrus Shrestha	9 Rogers	2:00.75	2:02.09	4
6 Leif Hoffman	12 Brainerd	2:01.41	2:03.38	3
7 Eli Schlichting	10 Moorhead	2:00.89	2:05.05	2
8 Jacob Macheel	11 Buffalo	1:58.96	2:05.44	1
9 Adam Allery	12 Bemidji	2:01.36	2:06.71	

**Boys 1600 Meter Run**

Section: S 4:19.00 1981 Brian Kraft, Bemidji  
 4:20.00 QUAL State Qualifier

Name	Year School	Seed	Finals	H#	Points
1 Max Salas	11 St. Michael-Albe	4:21.08	4:24.68	2	10
2 Wesley Wistrom	11 Buffalo	4:24.33	4:31.88	2	8
3 William Negaard	12 St. Michael-Albe	4:42.99	4:32.07	2	6
4 Wes Brouillard	10 Moorhead	4:38.76	4:37.74	2	5
5 Jonathan Cowell	9 Brainerd	4:40.04	4:38.63	2	4
6 Isaac Schouten	12 Bemidji	4:44.15	4:39.21	2	3
7 Elijah Soukup	10 Buffalo	4:49.20	4:48.24	2	2
8 Jonathan Krogstad	11 Moorhead	4:53.70	4:49.04	2	1
9 Isaac Worth	11 Buffalo	4:54.20	4:53.49	2	
10 Wyatt Harmoning	11 St. Michael-Albe	4:51.60	4:54.50	2	
11 Hayden Leiser	11 Moorhead	4:53.29	4:55.43	2	
12 Moses Son	12 Bemidji	5:10.13	4:57.05	1	
13 Carson Turn	12 Bemidji	4:57.30	4:57.81	1	
14 Ashton Kodet	11 Sartell	4:54.85	4:58.51	1	
15 Colton Cotter	8 Rogers	5:00.86	5:00.92	1	
16 Axton Svir	11 Brainerd	5:05.65	5:03.33	1	
17 Bila Tufa	9 Rogers		5:03.36	1	
18 Cade Donnay	8 Rogers	5:07.24	5:07.64	1	

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**....Boys 1600 Meter Run**

19 Austin Miller	10 Sartell	5:13.83	5:12.11	1
20 Seth Johnson	10 Sartell	5:09.25	5:13.67	1
21 Vincent Patullo	8 Elk River	5:18.42	5:27.93	1
-- Weston Thiesse	10 Brainerd	5:04.27	DNS	1

**Boys 3200 Meter Run**

Section: S 9:20.95 5/27/2009 Drew Paradis, Alexandria  
 9:22.37 QUAL State Qualifier

Name	Year	School	Seed	Finals	Points
1 Max Salas	11	St. Michael-Albe	9:35.36	9:35.80	10
2 Will Termont	12	Bemidji	9:38.02	9:35.99	8
3 Austin Liebl	12	Moorhead	9:37.98	9:48.58	6
4 Dexter Huss	11	Buffalo	9:38.82	9:49.63	5
5 Wes Brouillard	10	Moorhead	9:58.43	10:01.27	4
6 Isaac Schouten	12	Bemidji	9:58.01	10:04.52	3
7 Jack Kupitz	11	Moorhead	10:13.06	10:07.27	2
8 Ben Stadum	11	Brainerd	10:21.30	10:12.60	1
9 Jonathan Cowell	9	Brainerd	10:42.85	10:18.91	
10 Tristan Lenton	10	Buffalo	10:14.54	10:23.00	
11 Kumail Akram	11	Buffalo	10:23.28	10:30.72	
12 Wyatt Harmoning	11	St. Michael-Albe	10:35.36	10:35.19	
13 Marek Dalton	11	St. Michael-Albe	10:56.32	10:55.53	
14 Nolan Jendro	8	Brainerd	10:49.77	11:03.61	
15 Micah Kringen	9	Rogers	10:46.91	11:11.60	
16 Carson Turn	12	Bemidji	11:01.58	11:12.73	
17 Colton Cotter	8	Rogers	11:24.66	11:15.13	
18 Maxwell Bruers	8	Rogers	11:28.64	11:15.36	
19 Austin Miller	10	Sartell	11:45.15	11:44.63	
20 Wyatt Paulson	10	Sartell	11:33.65	12:01.22	
21 Lucas Moorlag	12	Sartell	11:39.73	13:18.44	

**Boys 110 Meter Hurdles**

**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section: S 14.30 1984 Harvey Windorski, Rociri  
 15.19 QUAL State Qualifier

Name	Year	School	Seed	Prelims	Wind H#
<b>Preliminaries</b>					
1 Caleb Monseth	11	St. Michael-Albe	15.66	15.56Q	NWI 1
2 Hudson Brandt	11	Moorhead	15.63	15.79Q	NWI 2
3 Kyle Peterson	11	Brainerd	15.55	16.05Q	NWI 3
4 Lawrence Walker	12	Moorhead	16.18	16.35q	NWI 2
5 Noah Strouth	10	Rogers	16.94	16.43q	NWI 1
6 Owen Thielges	11	Moorhead	16.56	16.74q	NWI 2
7 Solomon Beaudry	12	St. Michael-Albe	16.24	16.93q	NWI 3
8 Alemu Bergan	11	St. Michael-Albe	17.16	16.98q	NWI 1
9 Matthew Vos	12	Sartell	17.33	17.14q	NWI 2
10 Logan Nelson	12	Buffalo	16.56	17.27	NWI 3
11 Preston Miller	10	Brainerd	17.63	17.40	NWI 3
12 Deagan Gondeck	11	Sauk Rapids-Rice	17.57	17.51	NWI 3
13 Michel Kulu	9	Sartell	18.96	17.65	NWI 2
14 Rick Flaws	11	Elk River	16.04	17.75	NWI 1

**MSHSL Section 8AAA Championships**  
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**Results**

**....Boys 110 Meter Hurdles**

15 Jack Post	11 Sauk Rapids-Rice	17.84	17.92	NWI	1
16 Seth Cotton	11 Buffalo	17.72	18.32	NWI	2
17 Kennan Stoll	10 Elk River	17.91	18.82	NWI	1
18 Aiden Horton	10 Rogers	19.89	18.98	NWI	1
19 Jonas Raske	9 Brainerd	18.60	19.07	NWI	2
20 Andrew Scapanski	9 Sauk Rapids-Rice	19.45	19.16	NWI	1
21 Eli Shun	11 Buffalo	18.87	19.38	NWI	3
22 Cayden Fields	9 Elk River	18.85	19.58	NWI	3
23 Ryland Olson	9 Bemidji	20.33	20.55	NWI	3
24 Marshall Spicer	11 Bemidji	20.90	21.11	NWI	3
25 Greg Graff	10 Bemidji	21.46	21.40	NWI	2
26 Cole Brinker	10 Sartell	20.23	23.01	NWI	2

**Boys 110 Meter Hurdles**

Section: S 14.30 1984 Harvey Windorski, Rociri  
 15.19 QUAL State Qualifier

Name	Year	School	Prelims	Finals	Wind	Points
<b>Finals</b>						
1 Kyle Peterson	11	Brainerd	16.05	15.25	0.6	10
2 Caleb Monseth	11	St. Michael-Albe	15.56	15.34	0.6	8
3 Hudson Brandt	11	Moorhead	15.79	15.43	0.6	6
4 Owen Thielges	11	Moorhead	16.74	15.88	0.6	5
5 Solomon Beaudry	12	St. Michael-Albe	16.93	15.99	0.6	4
6 Lawrence Walker	12	Moorhead	16.35	16.11	0.6	3
7 Noah Strouth	10	Rogers	16.43	16.24	0.6	2
8 Matthew Vos	12	Sartell	17.14	16.30	0.6	1
9 Alemu Bergan	11	St. Michael-Albe	16.98	16.54	0.6	

**Boys 300 Meter Hurdles**

**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section: S 38.58 2000 Scott Ferguson, Alexandria  
 40.14 QUAL State Qualifier

Name	Year	School	Seed	Prelims	H#
<b>Preliminaries</b>					
1 Lawrence Walker	12	Moorhead	41.63	41.12Q	2
2 Jacob Sterk	12	St. Michael-Albe	41.01	41.14Q	3
3 Benjamin Hickman	11	Elk River	41.74	42.10Q	1
4 Bode Russell	12	Buffalo	42.03	41.51q	2
5 Garret Broman	11	Sauk Rapids-Rice	42.46	41.54q	2
6 Logan Nelson	12	Buffalo	42.99	42.21q	1
7 Charlie Hanson	11	Rogers	42.49	42.24q	1
8 Preston Miller	10	Brainerd	43.42	42.38q	2
9 Alemu Bergan	11	St. Michael-Albe	42.01	42.55q	1
10 Kyle Peterson	11	Brainerd	42.45	42.65	3
11 Caleb Monseth	11	St. Michael-Albe	42.04	42.66	3
12 David Herath	11	Brainerd	43.91	42.74	3
13 Michel Kulu	9	Sartell	44.53	43.53	1
14 Justin Jacobs	11	Moorhead	44.59	44.46	2
15 Israel Kyne	11	Moorhead	43.76	45.07	3
16 Evan Hanson	9	Sartell	45.09	45.19	3
17 Judd Denis	12	Elk River	44.46	45.28	1

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Boys 300 Meter Hurdles**

18 Rick Flaws	11 Elk River	44.44	45.50	2
19 Seth Cotton	11 Buffalo	44.92	45.66	3
20 Matthew Vos	12 Sartell	45.34	45.69	2
21 Jack Post	11 Sauk Rapids-Rice	46.02	46.27	1
22 Noah Strouth	10 Rogers	45.94	46.41	1
23 Aiden McGraw	10 Rogers	47.44	46.47	3
24 Grayson Gazett	11 Sauk Rapids-Rice	47.36	46.93	2
25 Marshall Spicer	11 Bemidji	51.10	49.00	3
26 Ryland Olson	9 Bemidji	51.76	50.07	2
27 Greg Graff	10 Bemidji	53.24	54.22	1

**Boys 300 Meter Hurdles**

Section: S 38.58 2000 Scott Ferguson, Alexandria  
 40.14 QUAL State Qualifier

Name	Year School	Prelims	Finals	Points
<b>Finals</b>				
1 Lawrence Walker	12 Moorhead	41.12	40.30	10
2 Jacob Sterk	12 St. Michael-Albe	41.14	40.33	8
3 Benjamin Hickman	11 Elk River	42.10	41.12	6
4 Bode Russell	12 Buffalo	41.51	41.33	5
5 Charlie Hanson	11 Rogers	42.24	41.61	4
6 Preston Miller	10 Brainerd	42.38	41.71	3
7 Alemu Bergan	11 St. Michael-Albe	42.55	41.86	2
8 Logan Nelson	12 Buffalo	42.21	42.44	1
9 Garret Broman	11 Sauk Rapids-Rice	41.54	42.55	

**Boys 4x100 Meter Relay**

Section: S 42.35 6/4/2022 Moorhead, Moorhead  
 M Haugo, A Salman, K Wendt, J Dixon  
 42.79 QUAL State Qualifier

School	Seed	Finals	Points
1 Moorhead	42.56	42.61 QUAL	10
1) Rufus Kermee 11	2) Avann Salman 12		
3) Madison Suah 10	4) Samyan Kasim 12		
2 Buffalo	42.89	42.73 QUAL	8
1) Landon Carrell 11	2) Saul Rhodes 10		
3) Caleb Crawford 11	4) Jerome Thomas 11		
3 Elk River	42.64	42.77 QUAL	6
1) Brecken Keoraj 11	2) Jackson Freeman 10		
3) Owen Westberg 11	4) Gavin Schmidt 11		
4 Brainerd	44.48	43.72	5
1) Jordan Davis 11	2) Jake Merseth 12		
3) Charlie Pikula 12	4) Austin Asher 10		
5 St. Michael-Albertville	43.75	43.90	4
1) James Sornberger 12	2) William Barthel 12		
3) Mukandas Ariran 11	4) Anthony Colotti 11		
6 Bemidji	44.72	44.25	3
1) Trenten Fredriksen-Holm 11	2) Ontario Tate-Beaulieu 12		
3) Alec Newby 11	4) Taylen Schemerhorn 10		
7 Sauk Rapids-Rice	45.05	44.62	2
1) Deagan Gondeck 11	2) Evan Hardy 9		



**MSHSL Section 8AAA Championships**  
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**Results**

**....Boys 4x100 Meter Relay**

3) My Kha Phan 10	4) Connor Winkelman 9		
8 Rogers	45.12	46.39	1
1) Darien Carter 10	2) Declan Colby 10		
3) Chris Naklen 10	4) Adam Shaw 11		

**Boys 4x200 Meter Relay**

Section: S 1:28.69 6/4/2022 Moorhead, Moorhead  
 K Wendt, A Carlson, J Dixon, M Haugo  
 1:29.19 QUAL State Qualifier

School	Seed	Finals	Points
1 St. Michael-Albertville	1:27.55	1:28.12SQUAL	10
1) Tate Songstad 12	2) Muhiz Bada 12		
3) William Barthel 12	4) Maverick Kneefe 12		
2 Moorhead	1:30.17	1:29.34	8
1) Zak Walker 9	2) Avann Salman 12		
3) Samyan Kasim 12	4) DJ Smith 12		
3 Elk River	1:30.82	1:31.24	6
1) Brecken Keoraj 11	2) Jackson Freeman 10		
3) Owen Westberg 11	4) Ryan Cramer 12		
4 Brainerd	1:37.00	1:35.09	5
1) Travis Albrecht 10	2) Rhett Lemmerhirt 10		
3) Jordan Davis 11	4) Charlie Pikula 12		
5 Sauk Rapids-Rice	1:35.10	1:35.55	4
1) Anthony Camara 11	2) Luke Loidolt 11		
3) Deagan Gondeck 11	4) Shaun Walrath 12		
6 Rogers	1:36.31	1:36.83	3
1) Parker Daiker-Broeska 12	2) Chris Naklen 10		
3) Adam Shaw 11	4) Ethan Lynch 11		
7 Bemidji	1:37.63	1:37.28	2
1) Ephram Boucher 11	2) Dawson Degelder 11		
3) Breyland Eliasson 10	4) Rhys Sneide 10		
8 Sartell	1:37.83	1:38.59	1
1) Andrew Siats 9	2) Michel Kulu 9		
3) Nathan Tangen 10	4) Ethan Vossen 10		
-- Buffalo	1:32.28	DQ	
1) Bode Russell 12	2) Jacobee Scherber 12		
3) Logan Nelson 12	4) Kefeyen Tita 12		

Rule: 4-6-5a

**Boys 4x400 Meter Relay**

Section: S 3:23.32 6/2/2018 Becker, Becker  
 S Boros, J Gruenes, A Hemmelgarn, K Andres  
 3:24.50 QUAL State Qualifier

School	Seed	Finals	Points
1 St. Michael-Albertville	3:23.80	3:25.45	10
1) Jacob Dinius 12	2) Maverick Kneefe 12		
3) Max Salas 11	4) Tate Songstad 12		
2 Sartell	3:29.72	3:28.89	8
1) Andrew McClellan 11	2) Jay Weitgenant 11		
3) George Larson 12	4) Baylor Stebbins 12		
3 Buffalo	3:30.95	3:30.21	6
1) Landon Carrell 11	2) Wesley Wistrom 11		

**MSHSL Section 8AAA Championships**  
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**Results**

**....Boys 4x400 Meter Relay**

3) Dexter Huss 11	4) Jacob Macheel 11		
4 Moorhead	3:41.65	3:33.17	5
1) Owen Thielges 11	2) Lawrence Walker 12		
3) Aurek Zielinski 11	4) Jack Kupitz 11		
5 Sauk Rapids-Rice	3:36.23	3:34.06	4
1) Garret Broman 11	2) Mason Foss 12		
3) Luke Loidolt 11	4) Alex Ostendorf 12		
6 Bemidji	3:40.28	3:34.59	3
1) Trenten Fredriksen-Holm 11	2) Caleb Knott 10		
3) Adam Allery 12	4) Will Termont 12		
7 Elk River	3:36.25	3:35.60	2
1) Owen Westberg 11	2) Jagger Sasse 10		
3) Ryan Cramer 12	4) Sawyer Rueckert 12		
8 Brainerd	3:40.00	3:42.92	1
1) Kyle Peterson 11	2) Rhett Lemmerhirt 10		
3) Lance Hastings 12	4) Preston Miller 10		
9 Rogers	3:44.42	3:44.01	
1) Easton Colby 12	2) Colton Cotter 8		
3) Micah Kringen 9	4) Cyrus Shrestha 9		

**Boys 4x800 Meter Relay**

Section: S 7:50.50 2008 Brainerd, Brainerd  
T. Ruttger, L. Delaney, M. Lorenz, T. Rose  
8:05.13 QUAL State Qualifier

School	Seed	Finals	Points
1 Buffalo	8:05.55	7:57.31 QUAL	10
1) Jacob Macheel 11	2) Dexter Huss 11		
3) Collin Berg 12	4) Wesley Wistrom 11		
2 Bemidji	8:13.81	7:59.75 QUAL	8
1) Caleb Knott 10	2) Tanner Johnson 10		
3) Will Termont 12	4) Adam Allery 12		
3 Moorhead	8:07.25	8:02.36 QUAL	6
1) Jack Kupitz 11	2) Eli Schlichting 10		
3) Ethan Copeland 12	4) Austin Liebl 12		
4 Brainerd	8:20.00	8:02.55 QUAL	5
1) Carter Mielke 11	2) Leif Hoffman 12		
3) Lance Hastings 12	4) Brandon Stark 12		
5 Rogers	8:56.04	8:34.14	4
1) Easton Colby 12	2) Spencer Feyo 8		
3) Austin Back 12	4) Micah Kringen 9		
6 St. Michael-Albertville	8:54.63	8:35.49	3
1) Owen Negaard 12	2) Cody Merfeld 10		
3) Kyler Williams 10	4) Brycen Pierce 10		
7 Elk River	9:22.70	9:21.90	2
1) Beck Cleaveland 10	2) Rick Flaws 11		
3) Rylan Hawkinson 12	4) Christian Rean 8		
8 Sartell	9:20.00	9:24.12	1
1) Evan Hanson 9	2) Kristoff Haroldson 9		
3) Wyatt Paulson 10	4) Lucas Moorlag 12		

**MSHSL Section 8AAA Championships**  
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**Results**

**Boys High Jump**

Section: S 7-00.50 1993 Jon Pontius, Fergus Falls													
6-02.00 QUAL State Qualifier													
Name	Year	School								Seed	Finals	Points	
1	Reign Battle	11	Moorhead								6-00.00	6-01.00	10
	5-00	5-02	5-04	5-06	5-08	5-10	6-00	6-01					
	PPP	PPP	PPP	O	O	O	O	O					
2	Parker Klein	10	Elk River								6-01.00	6-00.00	8
	5-00	5-02	5-04	5-06	5-08	5-10	6-00	6-01					
	PPP	PPP	O	O	O	O	O	X					
3	Samyan Kasim	12	Moorhead								6-02.00	5-10.00	6
	5-00	5-02	5-04	5-06	5-08	5-10	6-00						
	PPP	PPP	PPP	O	O	O	XXX						
4	Austin Dryburgh	9	Moorhead								5-10.00	5-10.00	5
	5-00	5-02	5-04	5-06	5-08	5-10	6-00						
	PPP	PPP	O	O	O	XO	XXX						
5	Charlie Hanson	11	Rogers								5-06.00	5-08.00	4
	5-00	5-02	5-04	5-06	5-08	5-10							
	PPP	PPP	O	O	O	XXX							
6	Kellen Granroth	11	Sartell								5-08.00	5-08.00	3
	5-00	5-02	5-04	5-06	5-08	5-10							
	PPP	PPP	XO	XXO	O	XXX							
7	Dylan Salzsieder	10	St. Michael-Albe								5-06.00	5-08.00	2
	5-00	5-02	5-04	5-06	5-08	5-10							
	PPP	O	XO	O	XO	XXX							
8	Cayden Carlson	10	Sartell								5-06.00	5-08.00	1
	5-00	5-02	5-04	5-06	5-08	5-10							
	PPP	PPP	XO	XO	XO	XXX							
9	Caden Johnson	12	St. Michael-Albe								5-08.00	5-06.00	
	5-00	5-02	5-04	5-06	5-08								
	PPP	O	O	O	XXX								
10	Kolvin Mayer	11	Elk River								5-08.00	5-06.00	
	5-00	5-02	5-04	5-06	5-08								
	PPP	PPP	XXO	O	XXX								
11	Junior Adabla	12	Buffalo								5-06.00	5-06.00	
	5-00	5-02	5-04	5-06	5-08								
	PPP	PPP	XXO	XO	XXX								
12	Dreyden Lauderbaug	10	Bemidji								5-03.00	5-04.00	
	5-00	5-02	5-04	5-06									
	O	O	O	XXX									
12	Jaden Christensen	12	Rogers								5-06.00	5-04.00	
	5-00	5-02	5-04	5-06									
	PPP	O	O	XXX									
14	Kennan Stoll	10	Elk River								5-06.00	5-04.00	
	5-00	5-02	5-04	5-06									
	PPP	O	XO	XXX									
15	Rannie Saryee	11	St. Michael-Albe								5-04.00	5-04.00	
	5-00	5-02	5-04	5-06									
	PPP	O	XXO	XXX									
15	Matthew Haack	9	Bemidji								5-04.00	5-04.00	
	5-00	5-02	5-04	5-06									
	O	O	XXO	XXX									
17	Tanner Cherney	9	Bemidji								5-03.00	5-04.00	
	5-00	5-02	5-04	5-06									
	XO	O	XXO	XXX									

**MSHSL Section 8AAA Championships**  
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**Results**

**....Boys High Jump**

18 Grant Traver	10 Sartell	5-04.00	5-02.00
5-00 5-02 5-04			
O XXO XXX			
19 Tony Jordan	9 Buffalo	5-00.50	5-00.00
5-00 5-02			
XO XXX			
-- Spencer Ackerman	10 Sauk Rapids-Rice	6-01.00	DNS
-- Jackson Coss	10 Buffalo	5-06.00	DNS

**Boys Pole Vault**

Section: S 15-05 6/2/2010 Macauley Spandl, Moorhead  
 12-11.00 QUAL State Qualifier

Name	Year	School	Seed	Finals	Points
1 Hudson Brandt	11	Moorhead	14-01.00	13-11.00 QUAL	10
7-11 8-11 9-11 10-05 10-11 11-05 11-11 12-05 12-11 13-05 13-11 14-04					
PPP PPP PPP PPP PPP PPP PPP O XXO O XO XXX					
2 Samuel Studnicka	12	Buffalo	12-11.00	13-05.00 QUAL	8
7-11 8-11 9-11 10-05 10-11 11-05 11-11 12-05 12-11 13-05 13-11					
PPP PPP PPP PPP PPP PPP O O O O XXX					
3 Alec Newby	11	Bemidji	13-06.00	13-05.00 QUAL	6
7-11 8-11 9-11 10-05 10-11 11-05 11-11 12-05 12-11 13-05 13-11					
PPP PPP PPP PPP PPP O PPP XO O XXO XXX					
4 Joe Smith	10	Brainerd	13-00.00	12-11.00 QUAL	5
7-11 8-11 9-11 10-05 10-11 11-05 11-11 12-05 12-11					
PPP PPP PPP PPP PPP PPP XO O XO					
5 George Larson	12	Sartell	12-00.00	12-05.00	4
7-11 8-11 9-11 10-05 10-11 11-05 11-11 12-05 12-11					
PPP PPP PPP PPP PPP O XO XO XXX					
6 Trevor Juenke	11	Buffalo	11-11.00	11-11.00	3
7-11 8-11 9-11 10-05 10-11 11-05 11-11 12-05					
PPP PPP PPP PPP O PPP O XXX					
7 Austin Heim	10	Bemidji	11-06.00	11-11.00	2
7-11 8-11 9-11 10-05 10-11 11-05 11-11 12-05					
PPP PPP PPP O XO XXO XO XXX					
8 Evan Scapanski	11	Sauk Rapids-Rice	11-00.00	11-05.00	0.50
7-11 8-11 9-11 10-05 10-11 11-05 11-11					
PPP PPP O O O O XXX					
8 Luke Dilley	11	Sauk Rapids-Rice	12-00.00	11-05.00	0.50
7-11 8-11 9-11 10-05 10-11 11-05 11-11					
PPP PPP PPP O O O XXX					
10 Sebastian Tisdell	12	Brainerd	11-09.00	11-05.00	
7-11 8-11 9-11 10-05 10-11 11-05 11-11					
PPP PPP PPP PPP O XO XXX					
11 Vance Kroetsch	11	Moorhead	10-06.00	11-05.00	
7-11 8-11 9-11 10-05 10-11 11-05 11-11					
O O O XXO O XXO XXX					
12 Tyson Mosher	11	St. Michael-Albe	11-00.00	10-05.00	
7-11 8-11 9-11 10-05 10-11					
O O O O XXX					

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Boys Pole Vault**

13	Grant Kurowski	10 Sartell	10-00.00	10-05.00
	7-11 8-11 9-11 10-05 10-11			
	O XO O O XXX			
14	Sawyer Aydt	11 St. Michael-Albe	9-06.00	10-05.00
	7-11 8-11 9-11 10-05 10-11			
	XO O XXO XO XXX			
15	Adam Shaw	11 Rogers	10-00.00	9-11.00
	7-11 8-11 9-11 10-05			
	O O O XXX			
16	Evan Kostohryz	12 Moorhead	9-06.00	9-11.00
	7-11 8-11 9-11 10-05			
	XO XO O XXX			
17	Mason Lund	12 Rogers	10-00.00	9-11.00
	7-11 8-11 9-11 10-05			
	O O XXO XXX			
17	Boe Rodine	10 Sartell	9-08.00	9-11.00
	7-11 8-11 9-11 10-05			
	O O XXO XXX			
19	Evan Streit	11 Rogers	9-00.00	8-11.00
	7-11 8-11 9-11			
	O XXO XXX			
19	Zachary Kardell	10 Sauk Rapids-Rice	10-00.00	8-11.00
	7-11 8-11 9-11			
	PPP XXO XXX			
21	Ian Whiteis	10 St. Michael-Albe	9-11.00	7-11.00
	7-11 8-11			
	XO XXX			
--	Matthew Andrews	10 Elk River	8-00.00	NH
	7-11			
	XXX			
--	Kaden Schilling	11 Brainerd	12-00.00	NH
	7-11 8-11 9-11 10-05 10-11			
	PPP PPP PPP PPP XXX			
--	Sean Grenier	10 Elk River	8-00.00	DNS
--	Gus Hjort	8 Elk River	8-06.00	DNS

**Boys Long Jump**

=====									
Section: S 23-06.50 1993 Jon Pontius, Fergus Falls									
21-08.00 QUAL State Qualifier									
Name	Year	School	Seed	Finals	Wind	H#	Points		
=====									
1	Zak Walker	9 Moorhead	22-05.50	22-07.00 QUAL	2.2	3	10		
	21-02.50(2.1)	20-08(0.7) PASS	20-09.75(1.7)	21-02.50(2.1)	22-07(2.2)				
2	Ty Nelson	11 Brainerd	20-11.00	21-03.50	2.5	3	8		
	FOUL	20-07(0.1) 21-01(1.3)	20-04.50(1.6)	19-11(1.9) 21-03.50(2.5)					
3	Owen Thielges	11 Moorhead	21-05.00	21-02.00	1.4	3	6		
	16-08.75(1.3)	19-06.75(0.2) 20-05(+0.0)	20-09.75(2.2)	FOUL	21-02(1.4)				
4	Reign Battle	11 Moorhead	20-09.50	21-01.50	1.9	3	5		
	FOUL	21-01.25(+0.0) 18-08.75(1.0)	FOUL	FOUL	21-01.50(1.9)				

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Boys Long Jump**

5	Muhiz Bada	12	St. Michael-Albe	22-05.00	21-01.50	+0.0	3	4
	FOUL	FOUL	19-05(2.0)	14-00.25(1.6)	FOUL	21-01.50(+0.0)		
6	Maverick Kneefe	12	St. Michael-Albe	21-04.75	20-10.00	+0.0	3	3
	FOUL	20-10(+0.0)	FOUL	FOUL	FOUL			
7	Caden Johnson	12	St. Michael-Albe	20-05.50	20-03.00	2.1	3	2
	20-02.50(1.6)	19-09.25(2.5)	19-11.50(1.4)	20-03(2.1)	FOUL	19-10.25(0.7)		
8	Landon Carrell	11	Buffalo	20-01.00	19-11.25	1.6	3	1
	19-09.25(1.8)	19-11.25(1.6)	19-10.25(1.8)	19-09.50(2.0)	FOUL	18-11.25(0.1)		
9	Luke Loidolt	11	Sauk Rapids-Rice	19-07.50	19-11.00	2.0	3	
	19-11(2.0)	19-02(2.1)	18-00.50(0.1)	18-01(3.4)	17-06.75(0.7)	18-04.50(1.0)		
10	Shaun Walrath	12	Sauk Rapids-Rice	19-07.00	19-01.00	2.0	2	
	19-00(1.9)	19-01(2.0)	18-10(+0.0)					
11	Jake Merseth	12	Brainerd	19-03.50	19-00.00	1.4	2	
	19-00(1.4)	16-05(0.5)	18-03.50(1.1)					
12	Rhys Sneide	10	Bemidji	18-08.25	18-10.75	1.3	2	
	18-10.75(1.3)	18-04.50(0.7)	FOUL					
13	Gauge Alsen	12	Buffalo	18-03.00	18-10.25	+0.0	1	
	18-10.25(+0.0)	17-11.50(1.7)	17-08.50(+0.0)					
14	Henry McCrady	9	Bemidji	18-10.00	18-09.75	0.8	2	
	18-09.75(0.8)	17-08.50(1.7)	18-07.50(1.5)					
15	Bode Russell	12	Buffalo	19-00.50	18-09.50	1.9	2	
	18-04.25(1.5)	18-08.25(1.0)	18-09.50(1.9)					
16	Tabio Badio	10	Elk River	18-02.00	18-08.00	1.1	1	
	16-09(1.3)	18-08(1.1)	18-02.75(0.9)					
17	Cooper Groen	9	Elk River	18-11.75	18-08.00	1.2	2	
	18-01(3.3)	18-08(1.2)	18-01.75(1.3)					
18	Breyland Eliasson	10	Bemidji	18-04.50	18-03.50	2.6	2	
	18-00(+0.0)	16-05(2.4)	18-03.50(2.6)					
19	Collin Anderson	10	Rogers	17-09.00	18-03.25	0.1	1	
	17-11(+0.0)	18-03.25(0.1)	17-11.75(+0.0)					
20	Ethan Elwood	10	Sauk Rapids-Rice	19-04.00	18-01.00	0.6	2	
	18-01(0.6)	16-11(0.9)	FOUL					
21	Parker Klein	10	Elk River	17-03.25	17-08.00	1.2	1	
	FOUL	17-08(1.2)	15-04(+0.0)					
22	Nathan Tangen	10	Sartell	17-09.00	17-07.25	0.8	1	
	16-10.75(1.2)	17-05(+0.0)	17-07.25(0.8)					
23	Alex Euphosin	12	Rogers	18-04.00	17-03.75	0.3	1	
	16-01(+0.0)	FOUL	17-03.75(0.3)					
24	Lincoln Nordby	10	Sartell	17-06.75	16-11.25	1.8	1	
	16-11.25(1.8)	16-11.25(0.6)	15-11.25(+0.0)					
25	Owen Vinje-Stark	11	Sartell	17-09.00	16-10.25	1.7	1	
	16-10.25(1.7)	16-07.25(+0.0)	16-02.25(1.2)					
26	Darien Carter	10	Rogers	17-10.50	16-08.50	+0.0	1	
	16-08.50(+0.0)	10-06(+0.0)	FOUL					
--	Wyatt Brown	10	Brainerd	19-03.00	FOUL			2
	FOUL	FOUL	FOUL					

**Boys Triple Jump**

Section: S 46-09 5/30/2018 Otis Weah, Moorhead  
 43-10.00 QUAL State Qualifier

Name	Year	School	Seed	Finals	Wind	H#	Points
------	------	--------	------	--------	------	----	--------

1	Ty Nelson	11	Brainerd	46-04.25	47-02.50SQUAL	NWI	3 10
	45-07(0.1)	45-10(-0.2)	45-09(0.3)	45-01(0.4)	46-00(1.0)	47-02.50(+0.0)	

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Boys Triple Jump**

2	Zak Walker	9 Moorhead	43-09.50	43-10.00	QUAL	NWI	3	8
			43-10(1.3)	43-10(1.5)	39-10(1.0)	39-03.50(1.0)	42-09(+0.0)	42-01.25(1.8)
3	Maverick Kneefe	12 St. Michael-Albe	44-01.25	43-10.00	QUAL	NWI	3	6
			42-09(+0.0)	42-07.25(2.0)	42-11(-0.1)	43-09(1.4)	43-10(+0.0)	42-11.25(+0.0)
4	Reign Battle	11 Moorhead	42-00.00	42-08.00		NWI	3	5
			42-07(0.7)	42-08(1.8)	42-00.50(+0.0)	39-11.75(+0.0)	41-05(1.4)	FOUL(0.1)
5	Wyatt Brown	10 Brainerd	41-08.00	42-07.00		NWI	3	4
			41-11(0.3)	42-06.50(-0.2)	42-07(+0.0)	41-00.50(1.3)	35-02(0.7)	42-00(1.6)
6	Jacob Dinius	12 St. Michael-Albe	40-02.75	40-03.75		NWI	3	3
			39-08(+0.0)	PASS	PASS	FOUL(+0.0)	40-03.75(-0.0)	38-02(+0.0)
7	Walker Loesch	12 Sauk Rapids-Rice	42-00.00	40-03.00		NWI	3	2
			39-04.25(1.0)	39-03.50(0.4)	38-10(-1.0)	38-03.50(+0.0)	39-06.25(0.4)	40-03(+0.0)
8	Rhys Sneide	10 Bemidji	38-05.75	40-01.50		NWI	2	1
			37-00.50(+0.0)	39-01(+0.0)	40-01.50(1.9)	38-10(+0.0)	39-01.50(0.5)	FOUL(+0.0)
9	Alex Euphosin	12 Rogers	36-11.50	39-04.75		NWI	1	
			FOUL(2.8)	36-06.75(0.1)	39-04.75(1.2)	37-01(+0.0)	FOUL(0.3)	FOUL(+0.0)
10	Jacobee Scherber	12 Buffalo	35-05.75	38-08.75		NWI	1	
			38-08.75(+0.0)	38-00(+0.0)	38-01.50(0.3)			
11	Andrew Theis	9 Sauk Rapids-Rice	39-07.00	38-08.50		NWI	2	
			FOUL(-0.4)	37-05.75(1.4)	38-08.50(2.1)			
12	Matthew Vos	12 Sartell	40-00.00	38-08.00		NWI	3	
			38-08(0.5)	37-07.25(0.1)	37-07.50(-0.2)			
13	Nathan Tangen	10 Sartell	36-02.50	38-03.00		NWI	1	
			35-11.50(0.8)	36-10(1.2)	38-03(2.2)			
14	Madison Suah	10 Moorhead	42-11.00	38-02.50		NWI	3	
			38-02.50(+0.0)	FOUL(1.3)	FOUL(-0.5)			
15	Kolvin Mayer	11 Elk River	39-00.00	37-09.50		NWI	2	
			37-09.50(1.6)	37-02(0.4)	FOUL(1.5)			
16	Lincoln Nordby	10 Sartell	37-07.50	37-04.00		NWI	2	
			FOUL(1.9)	35-07.50(-0.9)	37-04(1.9)			
17	Parker Klein	10 Elk River	39-07.50	36-07.00		NWI	2	
			35-11(1.4)	36-07(1.5)	36-00.50(1.9)			
18	Matthew Haack	9 Bemidji	35-11.00	36-02.00		NWI	1	
			36-02(1.2)	FOUL(0.9)	35-08(+0.0)			
19	Collin Anderson	10 Rogers	33-08.00	36-01.50		NWI	1	
			33-11.50(0.8)	35-03.50(1.8)	36-01.50(+0.0)			
20	Alex Lelwica	11 Brainerd	36-08.00	36-00.50		NWI	1	
			32-11(+0.0)	34-03(+0.0)	36-00.50(1.0)			
21	William Barthel	12 St. Michael-Albe	39-00.00	35-01.50		NWI	2	
			FOUL(0.5)	FOUL(0.7)	35-01.50(2.4)			
22	Mason Willms	8 Elk River	36-05.00	34-11.25		NWI	1	
			34-01.50(+0.0)	34-11.25(+0.0)	34-06(0.1)			
23	Garek Rubel	10 Sauk Rapids-Rice	36-10.00	34-06.50		NWI	1	
			FOUL(2.8)	34-04(0.1)	34-06.50(+0.0)			
24	Samuel Welle	10 Rogers	32-11.25	33-06.75		NWI	1	
			32-03.25(0.8)	33-06.75(2.2)	30-10(0.1)			
--	Junior Adabla	12 Buffalo	39-11.50	FOUL				2
			FOUL(-1.5)	FOUL(1.5)	FOUL(0.9)			
--	Lucas Phillips	9 Buffalo	39-07.75	DNS		NWI	2	
--	Alex Nelson	12 Bemidji	37-04.00	DNS		NWI	2	

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**Boys Shot Put**

Section: S 58-10 6/1/2022		Elinneus Davis, Moorhead		52-00.00 QUAL State Qualifier					
Name	Year	School	Seed	Finals	H#	Points			
1 Dylan Gross	12	Brainerd	61-00.75	60-00.00SQUAL	3	10			
	60-00	FOUL	FOUL	FOUL	FOUL	FOUL			
2 Ryan Babatz	11	Buffalo	56-06.00	51-09.00	3	8			
	FOUL	FOUL	50-02	FOUL	51-09	FOUL			
3 Simon Bicek	10	Elk River	47-10.00	50-07.00	3	6			
	45-01	50-07	46-03	48-01	45-00	48-08			
4 Gage Kloster	11	St. Michael-Albe	46-02.50	46-11.00	3	5			
	46-11	FOUL	46-01	FOUL	42-03	FOUL			
5 Mason Zimmer	11	St. Michael-Albe	47-01.50	46-06.00	3	4			
	FOUL	44-10	46-06	FOUL	43-08	FOUL			
6 Andrew Baumgard	11	Buffalo	44-03.00	46-00.00	3	3			
	43-07	44-01	41-03	40-08	39-00	46-00			
7 Roman Lindenfelser	12	St. Michael-Albe	46-00.00	45-09.00	3	2			
	45-00	42-04	42-07	45-09	44-02	FOUL			
8 Tucker Schwartz	11	Brainerd	42-06.50	45-09.00	2	1			
	44-10	44-03	45-09	42-01	42-09	41-08			
9 Reece Mostad	12	Bemidji	42-10.50	44-07.00	2				
	43-11	FOUL	43-03	42-08	44-07	41-00			
10 Brody Owings	10	Sauk Rapids-Rice	44-01.00	43-01.00	3				
	40-03	40-08	43-01						
11 Heaton Hall	11	Moorhead	41-03.00	42-11.00	2				
	42-11	40-07	FOUL						
12 Kolton Meyer	11	Bemidji	37-11.50	42-06.00	1				
	40-11	42-06	38-03						
13 Frankie Montano	12	Rogers	43-08.00	42-02.00	3				
	42-02	41-09	40-07						
14 Matt Lekatz	11	Brainerd	43-05.50	41-05.00	2				
	41-05	39-06	38-07						
15 Alexander Jensen	10	Elk River	42-10.50	41-03.00	2				
	41-03	40-05	40-06						
16 Logan Vrieze	11	Buffalo	40-08.25	41-01.00	2				
	39-04	41-01	38-02						
17 Genesis Kamara	10	Moorhead	40-02.50	40-04.00	1				
	35-02	40-04	FOUL						
18 Sam Jacobson	10	Moorhead	40-05.00	39-08.00	2				
	39-08	39-08	37-10						
19 Peter Do	9	Sartell	38-07.50	38-10.00	1				
	37-10	38-10	38-08						
20 Colin Kissinger	9	Sauk Rapids-Rice	38-06.00	38-06.00	1				
	38-06	37-01	37-00						
21 Zaiden Farley	10	Sartell	36-08.00	38-01.00	1				
	35-06	38-01	34-05						
22 Collin Schulz	12	Rogers	41-02.75	37-01.00	2				
	37-01	36-03	FOUL						
23 Jonah Thell	11	Sauk Rapids-Rice	38-03.00	37-00.00	1				
	37-00	33-11	36-08						
24 Hoyt Fladung	10	Elk River	38-05.00	36-03.00	1				
	35-10	36-03	35-08						
25 Cyrus Post	11	Sartell	36-06.00	35-10.00	1				
	34-02	35-10	FOUL						



**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Boys Shot Put**

-- Riley Branson	12 Bemidji	40-07.00	FOUL	2
FOUL FOUL FOUL				
-- Adem Muratovic	10 Rogers	39-07.75	DNS	1

**Boys Discus Throw**

Section: S 184-09 1981 Ron Backes, Rocori  
 150-08 QUAL State Qualifier

Name	Year	School	Seed	Finals	H#	Points
1 Dylan Gross	12	Brainerd	180-05	172-06.00 QUAL	3	10
		172-06 FOUL FOUL 152-00 147-07 168-11				
2 Joel Benson	11	Buffalo	148-01	145-08.00	3	8
		FOUL 128-06 145-08 125-01 141-02 142-10				
3 Simon Bicek	10	Elk River	143-09	137-05.00	3	6
		130-01 130-04 134-11 FOUL 137-05 136-01				
4 Roman Lindenfelser	12	St. Michael-Albe	133-03	131-10.00	3	5
		128-02 130-04 124-00 131-10 125-07 130-06				
5 Kallen Prell	11	Buffalo	133-04	131-09.00	3	4
		128-10 FOUL 131-09 FOUL 123-11 FOUL				
6 Charlie Sundell	11	Sartell	144-06	131-03.00	3	3
		131-01 FOUL 125-02 130-00 128-08 131-03				
7 Logan Vrieze	11	Buffalo	126-08	130-10.00	2	2
		125-04 130-10 119-09 129-01 FOUL 121-07				
8 Xavier Thurston	11	Sauk Rapids-Rice	133-08	129-05.00	3	1
		128-11 119-07 129-05 112-10 FOUL FOUL				
9 Cullen Thompson	11	Sauk Rapids-Rice	123-10	128-00.00	2	
		125-01 128-00 121-10 114-11 116-09 118-04				
10 Matt Lekatz	11	Brainerd	127-09	127-01.00	2	
		FOUL 127-01 126-02				
11 Logan Olson	10	Moorhead	125-03	122-09.00	2	
		122-09 122-07 FOUL				
12 Boden Yoney	11	Moorhead	112-10	119-10.00	2	
		117-10 FOUL 119-10				
13 Alexander Jensen	10	Elk River	119-06	118-07.00	2	
		118-07 118-03 116-11				
14 Blake Underwood	11	St. Michael-Albe	129-02	118-02.00	3	
		FOUL 101-06 118-02				
15 Frankie Montano	12	Rogers	113-03	114-03.00	2	
		114-03 111-10 113-02				
16 Kolton Meyer	11	Bemidji	112-10	112-05.00	1	
		104-10 111-06 112-05				
17 Olaoluwa Adetunji	11	Sartell	127-11	112-04.00	2	
		108-04 FOUL 112-04				
18 Mason Zimmer	11	St. Michael-Albe	130-05	111-02.00	3	
		FOUL 111-02 FOUL				
19 Collin Schulz	12	Rogers	111-00	109-03.00	1	
		98-10 109-03 FOUL				
20 Brody Owings	10	Sauk Rapids-Rice	110-08	105-01.00	1	
		105-01 89-02 104-07				
21 Sam Jacobson	10	Moorhead	106-06	103-08.00	1	
		FOUL 103-08 FOUL				
22 Garrett Honnoll	10	Rogers	101-11	99-02.00	1	
		95-10 99-02 98-01				

**MSHSL Section 8AAA Championships**  
**Sartell HS & St. Michael-Albertville HS - 5/29/2024 to 6/1/2024**  
**Results**

**....Boys Discus Throw**

23 Albert Karpeh	10 Brainerd	99-01	98-10.00	1
98-10 FOUL	FOUL			
24 Zaiden Farley	10 Sartell	104-01	96-08.00	1
92-03 80-08	96-08			
25 Hoyt Fladung	10 Elk River	107-09	92-03.00	1
FOUL 92-03	FOUL			
26 Riley Branson	12 Bemidji	119-02	84-00.00	2
FOUL FOUL	84-00			
-- Jared Cherney	11 Bemidji	108-02	FOUL	1
FOUL FOUL	FOUL			

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Women - Team Rankings - 18 Events Scored

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1) St. Michael-Albertville	193	2) Rogers	100
3) Moorhead	88	4) Sartell	69.50
5) Buffalo	65	6) Brainerd	64
7) Elk River	53.50	8) Bemidji	47
9) Sauk Rapids-Rice	22		

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Men - Team Rankings - 18 Events Scored

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1) Moorhead	171	2) St. Michael-Albertville	150
3) Buffalo	107	4) Brainerd	97
5) Elk River	58	6) Bemidji	39
7) Sartell	35	8) Sauk Rapids-Rice	23
9) Rogers	22		